

Ezra Golberstein

Assistant Professor

Division of Health Policy and Management
University of Minnesota School of Public Health, and
Minnesota Population Center
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RESEARCH INTERESTS

Health economics and policy, mental health services and policy, health and human capital

CURRENT POSITION

Assistant Professor (2010-present)

Division of Health Policy and Management and Minnesota Population Center

Associate Director for Research, Robert Wood Johnson Foundation Interdisciplinary Research Leaders Program

EDUCATION

Ph.D., University of Michigan, Health Services Organization and Policy, 2008

Dissertation: "Essays on Long-Term Care and Aging"

Dissertation Committee: Richard Hirth (Chair), Michael Chernew, Ken Langa, Paula Lantz, Bob Schoeni

B.A., Brandeis University, 2001

RESEARCH AND EMPLOYMENT EXPERIENCE

Visiting Assistant Professor, Department of Health Policy and Management, Yale School of Public Health (2015)

NIMH Postdoctoral Research Fellow, Department of Health Care Policy, Harvard Medical School (2008-2010)

Research Assistant, Americans' Changing Lives Study, Institute for Social Research (2006-2008)

Research Associate, Healthy Minds Study, Department of Health Management & Policy (2005-2010)

Research Assistant, Robert Wood Johnson Scholars in Health Policy, Department of Health Management and Policy (2004-2006)

Research Assistant, Human Services Research Institute, Cambridge, MA (2001- 2003)

AWARDS AND FELLOWSHIPS

National Academy of Social Insurance member (2016)
AcademyHealth Best of ARM Abstract, Behavioral Health (2015)
AcademyHealth Best of ARM Abstract, Behavioral Health (2014)
AcademyHealth Best of ARM Abstract, Behavioral Health (2013)
Visiting Scholar, Cornell University Institute on Health Economics, Health Behaviors, and Disparities (2013)
Minnesota Population Center Outstanding Research Award (2013)
University of Michigan Rackham One-Term Dissertation Grant (2008)
University of Michigan Rackham International Travel Grant (2007)
Agency for Healthcare Research and Quality pre-Doctoral Traineeship (2003-2004)

PEER-REVIEWED JOURNAL PUBLICATIONS IN ECONOMICS

(* indicates author was a graduate student advisee)

1. *Boudreaux, M., **Golberstein, E.**, McAlpine, D. (2016). Long-Term Effects of Medicaid in Early Childhood (with Michel Boudreaux and Donna McAlpine). In Press at the *Journal of Health Economics*.
2. **G Golberstein, E.**, Eisenberg, D., Downs, M. (2016). Spillover Effects of Mental Health Services Utilization. *Health Economics* 25(1):40-55.
3. **Golberstein, E.** (2015). Effects of Social Security Income on Mental Health in Older Ages. *Journal of Mental Health Policy and Economics* 18(1):27-39.
4. Busch, S., **Golberstein, E.**, Meara, E. (2014). The FDA and ABCs: The Unintended Consequences of Antidepressant Warnings on Adolescent Human Capital Outcomes. *Journal of Human Resources* 49(3):540-571. (Previously NBER Working Paper w17426)
5. Eisenberg, D., **Golberstein, E.**, Whitlock, J. (2014). Peer Effects in Risky Behaviors. *Journal of Health Economics* 33(1):126-138.
6. Frisvold, D., **Golberstein, E.** (2013). School Quality and Black-White Health Disparities. *Demography* 50(6):1989-2012.
7. Eisenberg, D., **Golberstein, E.**, Downs, M.F., Whitlock, J. (2013). Social Contagion of Mental Health: Evidence from College Roommates. *Health Economics* 22(8):965-986.
8. **Golberstein, E.**, Hirth, R.A., Lantz, P.M. (2011). Estimating the Education-Health Relationship: A Cost-Utility Approach. *BE Journal of Economic Analysis and Policy* Vol.11: Iss. 3 (Topics), Article 7.

9. Frisvold, D., **Golberstein, E.** (2011). The Effect of Educational Quality on Health in Later Life. *Journal of Health Economics* 30(6):1232-1245.
10. Goda, G.S., **Golberstein, E.**, Grabowski, D. (2011). Effects of Income on Long-Term Care Decisions. *Journal of Health Economics* 30(4):719-729. (Previous version: NBER Working Paper w16076.)
11. Eisenberg, D., **Golberstein, E.** Hunt, J. (2009). Mental Health and Academic Success in College. *B.E. Journal of Economic Analysis and Policy: Vol. 9: Iss. 1 (Contributions), Article 40.*

PEER-REVIEWED JOURNAL PUBLICATIONS IN HEALTH SERVICES AND POLICY

(* indicates author was a graduate student advisee)

12. **Golberstein, E.**, *Gonzales, G. (2015). Effects of Medicaid Expansions on Utilization and Out-of-Pocket Spending for Mental Health Services. *Health Services Research* 50(6):1734-1750.
13. **Golberstein, E.**, *Gonzales, G., Sommers, B.D. (2015). ACA Early Medicaid Expansions and Access to Care. *Health Affairs* 34(10):1688-1694.
14. **Golberstein, E.**, *Rhee, G., McGuire, T. (2015) Understanding Geographic Variation in Medicaid Services for People with Mental Illness. *Psychiatric Services* 66(5):452-454.
15. **Golberstein, E.**, Busch, S.H., Zaha, R., Greenfield, S.F., Beardslee, W.R., Meara, E. (2014). The Effect of the Affordable Care Act's Young Adult Insurance Expansions on Hospital-Based Behavioral Health Care. *American Journal of Psychiatry* 172(2):182-189.
16. Busch, S., **Golberstein, E.**, Meara, E. (2014). ACA Dependent Care Coverage Provision Reduced High Out-of-Pocket Health Care Spending. *Health Affairs* 33(8):1361-1366.
17. *Thao, V., Kozhimannil, K., Thomas, W., **Golberstein, E.** (2014). Variation in Inpatient Costs of Hematopoietic Cell Transplantation Among Transplant Centers in the United States. *JAMA: Internal Medicine* 174(8):1409-1412.
18. Meara, E., **Golberstein, E.**, Zaha, R., Greenfield, S.F., Beardslee, W.R., Busch, S.H. (2014). Use of Hospital-based Services among Young Adults with Behavioral Health Diagnoses Before and After Health Insurance Expansions. *JAMA: Psychiatry* 71(4):404-411.
19. *Wysocki, A., Kane, R.L., Dowd, B, **Golberstein, E.**, Lum, T., Shippee, T. (2014). The Association between Long-term Care Setting and Potentially Preventable Hospitalizations among Older Dual Eligibles. *Health Services Research* 49(3):778-797.

20. *Wysocki, A., Kane, R.L., Dowd, B, **Golberstein, E.**, Lum, T., Shippee, T. (2014). Hospitalizations among Elderly Medicaid Long-term Care Users Who Transition from Nursing Homes. *Journal of the American Geriatrics Society* 62(1):71-78.
21. **Golberstein, E.** and Busch, S. (2013). Two Steps Forward, One Step Back? The Implications of NFIB vs. Sebelius for Individuals with Mental Illness. *JAMA: Psychiatry* 70(6):567-568.
22. **Golberstein, E.**, Walsh, K., He, Y., Chernew, M.E. (2013). Supplemental Coverage Associated With More Rapid Spending Growth For Medicare Beneficiaries. *Health Affairs* 32(5):873-881.
23. Clarke, P., Morenoff, J., Debbink, M., **Golberstein, E.**, Elliott, M.R., Lantz, P.M. (2013) Cumulative Exposure to Neighborhood Context: Consequences for Health Transitions over the Adult Life Course. *Research on Aging* 36(1):115-142.
24. *Odlaug, B.L., Stinchfield, R., **Golberstein, E.**, Grant, J.E. (2013). The Relationship of Tobacco Use with Gambling Problem Severity and Gambling Treatment Outcome. *Psychology of Addictive Behaviors* 27(3):696-704.
25. Eisenberg, D., Downs, M.F., **Golberstein, E.** (2012). Effects of Contact with Treatment Users on Mental Illness Stigma: Evidence from College Roommate Assignments. *Social Science & Medicine* 75(6):1122-1127.
26. Lantz, P.M., **Golberstein, E.**, House, J., Morenoff, J. (2010). Social Determinants of Mortality in a National 19-Year Prospective Study of U.S. Adults. *Social Science and Medicine*: 70(10):1558-1566.
27. **Golberstein, E.**, Eisenberg, D., Gollust, S.E. (2009). Perceived stigma and help seeking behavior: longitudinal evidence from the Healthy Minds Study. *Psychiatric Services* 60(9):1254-1256.
28. Eisenberg, D., Downs, M.F., **Golberstein, E.**, Zivin, K. (2009). Stigma and Help-Seeking for Mental Health among College Students. *Medical Care Research and Review* 66(5):522-541.
29. **Golberstein, E.**, Grabowski, D., Langa, K., Chernew, M.E. (2009). The Effect of Medicare Home Health Care Payment on Informal Care. *Inquiry* 46(1):58-71.
30. Zivin, K., Eisenberg, D., Gollust, S., **Golberstein, E.** (2009). Persistence of Mental Health Problems and Needs in a College Student Population. *Journal of Affective Disorders* 117(3):180-185.

31. **Golberstein, E.**, Eisenberg, D., Gollust, S.E. (2008). Perceived Stigma and Mental Health Services Use. *Psychiatric Services* 59(4): 392-399.
-Honorable Mention for the 2007 Blue Cross Blue Shield of Michigan Foundation Excellence in Research Award for Students
32. Eisenberg, D., **Golberstein, E.**, Gollust, S.E. (2007). Help-seeking and Access to Mental Health Care in a University Student Population. *Medical Care* 45(7): 594-601.
33. Eisenberg, D., Gollust, S.E., **Golberstein, E.**, Hefner, J. (2007). Prevalence and Correlates of Depression, Anxiety, and Suicidality among University Students. *American Journal of Orthopsychiatry* 77(4): 534-542.
34. Gollust, S.E., Eisenberg, D., **Golberstein, E.** (2007). Prevalence and Correlates of Self Injury among University Students. *Journal of American College Health* 56(5): 491-498.
35. **Golberstein, E.**, Liang, J., Quiñones, A., Wolinsky, F.D. (2007). Does More Health Care Lead to Improved Health Among Older Adults? A Longitudinal Analysis. *Journal of Aging and Health* 19(6): 888-906.

UNDER REVIEW

Who (Else) Benefits from Mandated Benefits? Mental Health Parity Laws and Provider Wages (with Susan Busch).

Heterogeneity in Take-Up of Medicaid Benefits: the case of mental illness (with Gilbert Gonzales, Sam Zuvekas, and Steven Hill).

WORKING PAPERS/RESEARCH IN PROGRESS

Economic Conditions and Children's Mental Health (with Gilbert Gonzales and Ellen Meara).

Understanding Consumer and Provider Responses to New Medical Information: Evidence from Cesarean Births (with Katy Kozhimannil and Andrew Epstein)

Spillover Effects in Provider Behavior: Evidence from the Introduction of Drug-Eluding Stents (with Pinar Karaca-Mandic, Robert Town, and Andrew Wilcock)

The Effects of Time Pressures on Primary Care Provider Behavior (with Seth Freedman)

Mental Health eConsults: A Randomized Evaluation

How Do Short-Term Fluctuations in Home Resources Affect Children? Evidence from the Timing of TANF and SNAP Payments (with David Frisvold and Randall Reback)

Golberstein, E. (2008). The Effect of Women's Employment Incentives on Co-residence with Disabled Parents. (Permanent working paper)

NON-PEER REVIEWED PUBLICATIONS

Golberstein, E. and Busch S.H. (2012). Determinants of Mental Health. *Encyclopedia of Health Economics*. Elsevier.

RESEARCH PRESENTATIONS AT SEMINARS AND CONFERENCES

Invited Seminars:

Cornell University PAM (2013)
Human Capital Research Collaborative (2012, 2014)
Johns Hopkins University (2015)
Mathematica Policy Research (2010)
Minnesota Population Center (2010, 2014)
RAND (2010)
University of Chicago Harris School (2013)
University of Michigan (2007)
University of Minnesota Health Policy and Management (2010)
University of Wisconsin (2014)
Yale University (2015)

Conferences (* denotes presented by a co-author, oral presentation unless otherwise noted):

Academy Health (2005 [poster], 2009, 2010 [poster], 2013*, 2014*, 2015)
American Society of Health Economists (2008, 2010, 2012 [poster], 2014)
Association for Public Policy Analysis and Management (2009, 2010, 2013)
Census Bureau Restricted Data Center Annual Conference (2011)
International Health Economics Association (2007)
NBER Summer Institute, Health Care (2010*)
NBER Summer Institute, Health Economics (2011*)
NIMH Biennial Economics Meeting (2010*)
NRSA Annual Trainees Conference (2008)
PSID SES & Health Conference (2010)
Southeastern Health Economics Study Group (2011)
Midwest Health Economics Conference (2012, 2013)

Discussant at Conferences:

American Society of Health Economists (2008, 2012)
Academy Health, Health Economics Interest Group (2010)

RESEARCH GRANTS

Abbott Northwestern Hospital Foundation #15-8012 06/15/15-06/14/17
"Mental Health eConsults"
Role: Principal Investigator

National Institute on Drug Abuse R01DA030391 07/15/11-05/31/14
"Depression Treatment and Substance Abuse"
Role: Co-Investigator (PI: Meara)

Univ. of Minnesota Office for Vice President of Research Grant-in-Aid 07/01/11-01/15/13
"Understanding the Effects of Health Reform on Mental Health Services and Medicaid"
Role: Principal Investigator

WT Grant Foundation 09/01/09-04/30/12
"How Do Peers Influence Each Other's Mental Health and Help-seeking in College?"
Role: Co-Investigator (PI: Eisenberg)

Agency for Health Care Research and Quality Dissertation Grant 09/01/07-08/31/08
"Essays on Long-Term Care Dynamics" Role: Principal Investigator

Blue Cross Blue Shield Foundation of Michigan 01/01/06-12/31/06
"UM Healthy Minds Study" Role: Co-Investigator (PI: Eisenberg)

McNerney Award, Dept. of Health Management and Policy 09/01/05-08/31/06
"UM Healthy Minds Study" Role: Co-Investigator (PI: Eisenberg)

Office of the Vice President of Research /SPH 09/01/05-12/31/05
"UM Healthy Minds Study" Role: Co-Investigator (PI: Eisenberg)

Rackham Spring/Summer Faculty-Student Partnership 05/01/05-08/31/05
"UM Healthy Minds Study" Role: Co-Investigator (PI: Eisenberg)

TEACHING EXPERIENCE

PubH 8804. Advanced Quantitative Methods Seminar, Spring 2012 & 2014
PubH 6724. The Health Care System and Public Health, Fall 2013 & 2014
Graduate Student Instructor for HMP 615 (Introduction to Public Health Policy), Fall 2006

DISSERTATION COMMITTEES (AND FIRST PLACEMENT)

CHAIR OR CO-CHAIR

Michel Boudreaux (NASI Dissertation award honorable mention)	2014	Health Services Research Policy & Administration	University of Maryland Department of Health Services Administration (tenure-track)
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MEMBER

Andrea Wysocki	2012	Health Services Research Policy & Administration	Brown University (postdoc)
Travis Smith	2014	Applied Economics	University of Georgia Department of Agricultural and Applied Economics (tenure track)
Kathy Rowan	2014	Health Services Research Policy & Administration	NORC
Heather Dahlen	2015	Applied Economics	Medica Research Institute (postdoc)

PROFESSIONAL SERVICE

Scientific Committee, Population Association of America, 2015
 Session Organizer, Population Association of America, 2015
 Scientific Committee, Academy Health Annual Research Meeting, 2015
 Co-Organizer, NIMH Mental Health Economics Biennial Meeting, 2012
 Scientific Committee, American Society of Health Economists, 2012

JOURNAL REFEREEING

Alzheimer's and Dementia, American Economic Journals: Applied Economics, American Journal of Psychiatry, BE Press Journal of Economic Analysis and Policy, Economic Inquiry, Economics of Education Review, Economics and Human Biology, Harvard Review of Psychiatry, Health Affairs, Health Economics, Health Services Research, Inquiry, Journal of Health and Place, Journal of Health Economics, Journal of Healthcare for the Poor and Underserved, Journal of Policy Analysis and Management, Journal of the American Medical Association, Medical Care, Pediatrics, Psychiatric Services, Social Psychiatry and Psychiatric Epidemiology, Social Science and Medicine

PROFESSIONAL SOCIETIES

Academy Health, American Society for Health Economists, Association for Public Policy Analysis and Management, International Health Economics Association