

Curriculum Vitae

Dianne Neumark-Sztainer, PhD, MPH, RD

PRESENT POSITION

Professor and Division Head

Division of Epidemiology and Community Health, School of Public Health

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EMPLOYMENT

- Division Head, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, *November 2015-Present* (Interim Division Head, 2014-2015)
- Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN, *2004-Present* (Associate Professor 1999-2004; Assistant Professor 1995-1999)
- Adjunct Professor, Division of Adolescent Health and Medicine, Department of Pediatrics, University of Minnesota, *2004-Present* (Associate Adjunct Professor 1999-2004)
- Chair, Public Health Nutrition Major, Division of Epidemiology, School of Public Health, University of Minnesota, Minneapolis, MN, *2000-2003*
- Post-Doctoral Fellow, Adolescent Health Program, Division of General Pediatrics and Adolescent Health, University of Minnesota, Minneapolis, MN, *1994-95*
- Health Educator-Nutritionist, Department of Social Medicine-Hadassah Medical Organization, Jerusalem, Israel, *1990-94*
- Nutritionist, Adolescent Health Services, Department of Social Medicine-Hadassah and Department of Public Health, Jerusalem Municipality, Israel, *1990-94*
- Health Educator Instructor and Group Leader, International Workshop for Health Professionals in the Prevention of HIV infection, *1988-89*
- Co-Coordinator, International MPH Program, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, *1987-90*
- Research Nutritionist, Department of Social Medicine, Hadassah Medical Organization, Jerusalem, Israel, *1986-88*
- Instructor, Health Behavior and Health Education, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel *1986-94*
- Group Leader, Workshop in Community-Oriented Primary Care, International MPH Program, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, *1986-87*
- Teaching Assistant, Interpretation of Epidemiological Data, International MPH Program, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, *1985-88*
- Health Educator, *Flower* Program in schools, Jerusalem, Israel, *1984-86*
- Leader, weight loss groups, *1984-90*
- Community Nutritionist, Kibbutz Gazit, Israel, *1981-84*
- Laboratory Research Assistant, Hadassah, Mt. Scopus, Jerusalem, Israel, *1979*

University Faculties

- Maternal and Child Health Faculty, School of Public Health, *1999-Present*
- Graduate Nutrition Faculty, *1998-Present*
- Adolescent Health Training Program Faculty, Division of Adolescent Health and Medicine, *1997-Present*
- Graduate Epidemiology Faculty, *1996-Present*
- Community Health Promotion Faculty, Division of Epidemiology, *1995-Present*
- Public Health Nutrition Faculty, Division of Epidemiology, *1995-Present*

EDUCATION

- Post-Doctoral Fellowship, Leadership Education in Adolescent Health Program, Division of General Pediatrics and Adolescent Medicine, University of Minnesota, Minneapolis, MN, 1994-95
- PhD in Behavioral Sciences and Nutrition, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, 1988-93
- Masters in Public Health with distinction, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, 1984-87
- Internship in Dietetics, Tel Hashomer Hospital (internal medicine, surgery, geriatrics, heart rehabilitation, outpatient clinics); HaEmek Hospital (pediatrics and internal medicine); Health Ministry in Haifa (public health nutrition), Israel, 1982-83
- BA in Biology and Nutrition, Cornell University, Ithaca, NY, 1976-80

Certification/Training (selected)

- Provost's Department Heads and Chairs Leadership Program, University of Minnesota, 2015
- James P. Shannon Leadership Institute Year-long Leadership Program for Community Leaders, Amherst H. Wilder Foundation, 2012
- Academic Mid-Career Nutrition Leadership Institute, Dannon Institute, 2012
- Nutrition Leadership Institute, Dannon Institute, 2003
- 200-hour yoga teacher training program, Yoga Center of Minneapolis, 2012
- 300-hour yoga teacher training program, Yoga Center of Minneapolis, 2013
- Registered Yoga Teacher, Yoga Alliance, RYT-500.
- Certification as Health Education Specialist, The National Commission for Health Education Credentialing, Inc., New York, 1989
- Certification as Dietitian, Hebrew University, Faculty of Agriculture, Rehovot, Israel, 1981

FELLOWSHIPS & HONORS

- Mayo Professor of Public Health, 2015
- *Journal of Nutrition Education and Behavior*, Platinum Author, 2015, 2016
- Thomson Reuters Highly Cited Researcher, 2014
- Leonard M. Schuman Award for Excellence in Teaching, School of Public Health, University of Minnesota, 2012
- Leadership Award in Research: Academy for Eating Disorders, 2010
- Distinguished Women Scholars Award in Humanities Social Sciences and Arts: University of Minnesota, 2009
- Research Award: Eating Disorders Coalition for Research, Policy & Action, 2008
- Outstanding Faculty Mentor of Postdoctoral Scholars Award: University of Minnesota, 2008
- Huddleson Award Honorable Mention for article: Neumark-Sztainer D, Wall M, Guo J, Story M, Haines J, Eisenberg M. Obesity, disordered eating, and eating disorders in a longitudinal study of adolescents: How do dieters fare five years later? *Journal of the American Dietetic Association* 2006;106:559-568.
- Eminent Mentor Scholar, College of Education and Human Services, Cleveland State University, 2004-2007
- Award for Excellence: Lori Irving Award for Excellence in Eating Disorders Prevention and Awareness, National Eating Disorders Association, 2003
- Associate Distinguished Fellow, Institute for Advanced Study, La Trobe University, Melbourne, Australia, 2002-2003
- Dannon Institute Early Career Sabbatic Program Award, 2002
- Academy for Eating Disorders Fellow, 2001
- Award for Excellence: Dannon Institute Award for Excellence in Community Nutrition, 1999
- Finalist, International Life Sciences Institute (North America) Future Leaders Award, 1998
- Elected to Delta Omega Honorary Public Health Society for achievement in scholarship, teaching, research and quality of publications in the field of public health, 1997
- Research Award: The American Heart Association, 1997

- Research Award: The American Heart Association, 1996
- Prize from The Organization for Promotion of Israeli Society, awarded for research in the area of eating disturbances, 1993
- Faulkner Prize for Young Researchers, 1993
- Research grant for PhD dissertation: The Rothschild Foundation, 1990
- Rosita and Esteban Herczeg Fellowship for work in the area of Women's Studies, 1989
- Five year assistantship for PhD studies at Hebrew University-Hadassah Medical School, 1988
- Medical School Prize for Excellent Research in honor of Dr. Yosef Smalar for MPH thesis: "The Effects of Physical Activity in a Weight Loss Program Based on Diet and Behavior Modification," 1988
- Eliezar Kaslar Prize for Outstanding Studies, 1986

PRESENTATIONS

Presentations as Invited Speaker:

2016:

- **Grand Rounds, Mayo Clinic**, Rochester, MN. Invited speaker: *Preventing Eating Disorders: Looking Backward, Moving Forward; Looking Inward, Moving Outward*
- **German Eating Disorders Conference (DGESS)**, Essen, Germany. Invited speaker: *Preventing Eating Disorders: Looking Backward, Moving Forward; Looking Inward, Moving Outward*

2015:

- **Feminist Perspectives and Beyond: Honoring the Past, Embracing the Future: 25 Years Later. The 25th Anniversary of the Renfrew Center Foundation Eating Disorders Conference for Professionals**, Philadelphia, PA. Invited workshop speaker (with Elisa Mott): *The gift of yoga: experiencing, expressing and enjoying the body from inside out*
- **Binge Eating Disorder Association Annual Conference (BEDA)**, Hollywood, FL. Invited conference presentation (with Lisa Diers): *Yoga's role in binge eating disorder and body image*
- **Israeli Association for Eating Disorders**, Tel Aviv, Israel. Keynote speaker: *Preventing eating disorders: Looking backward, moving forward; Looking inward, moving outward*
- **Northland American College of Sports Medicine**, St. Cloud, MN. Invited speaker: *How to get from "I'm, like, SO fat" to "I'm okay" in a weight-obsessed world*
- **London International Eating Disorders Conference**, London, UK
 - Preconference Workshop: *Prevention in the field of eating disorders: Looking backward, moving forward; looking inward, moving outward*
 - Conference presentation (with Lucia Giombini) *Yoga and eating disorders for beginners*

2014:

- **4th Biennial EDAC-ATAC Conference: Innovation and Integration in Eating Disorders**, Vancouver, BC.
 - Public Forum: Invited speaker: *How to get from "I'm, like, SO fat" to "I'm okay" in a weight-obsessed world*
 - Conference: Keynote speaker: *Preventing eating disorders: Looking backward, moving forward; Looking inward, moving outward*
- **Illinois Transdisciplinary Obesity Prevention Program (I-TOPP)**, Champaign, IL. Invited speaker: *Family meals: Why bother? Key findings from Project EAT.*

- **Oklahoma Eating Disorders Association (OEDA) Professional Conference**, Oklahoma City, OK. Invited speaker: *Family meals: Why bother? Key findings from Project EAT.*
- **X Congreso Hispano Latino Americano en Trastornos de la Conducta Alimentaria “Prevención y Abordaje,”** (Comenzar de Nuevo and the Hispano Latino American Chapter of the Academic for Eating Disorders). Monterrey, Mexico. Invited speaker: *Preventing obesity and eating disorders in adolescents: What can health care providers do?*
- **National Eating Disorders Association Annual Meeting**, San Antonio, TX. Plenary session presentation: *Closing the Gap Between Researchers and the Public for Evidence-Based Prevention* (co-presenter with Carolyn Becker and C. Barr Taylor)

2013:

- **Nutrition Seminar, Harvard University School of Public Health**, Boston, MA. Invited speaker: *Family meals: Key findings from Project EAT and future directions.*
- **Pediatric Medicine: Research and Practice 2013, Children’s Pediatric Research Conference, Children’s Hospital and Clinics**, Minneapolis, MN. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What can health care providers do?*
- **Identifying Priorities for Research on Interventions in Adolescents to Reduce the Risk of Adult Morbidity and Early Mortality, Department of Maternal, Newborn, Child and Adolescent Health, World Health Organization**, Geneva, Switzerland.
 - Invited speaker: *Risk and protective factors for obesity in adolescence: Findings from the Project EAT studies.*
 - Invited speaker: *Interventions aimed at preventing obesity and related problems in adolescents.*
- **Pediatric Grand Rounds, Stanford University**, Stanford, CA. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What can health care providers do?*
- **Division of Adolescent Medicine, Stanford University**, Stanford, CA. *Conducting population-based research with adolescents: What we’ve learned from Project EAT (Eating and Activity among Teens and Young Adults)*
- **Decision-Making and Emotion Regulation in Life-Span Transitions, Behavioral Change Research Network Conference, University of California/Berkeley**, Berkeley, California. Invited speaker: *To diet or not to diet? Preventing weight-related problems in adolescents.*
- **Parliamentary Seminar on Body Confidence, A rapid evidence assessment of the literature, Department for Culture, Media and Sport; and Government Equalities Office**, London, UK. Invited speaker: *Body Confidence Campaign: Body image as a public health concern*
- **10th Annual Women’s Health Research Conference, Powell Center for Women’s Health, University of Minnesota**, Minneapolis, MN. Invited speaker: *Dieting behaviors in adolescence: Implications for weight status in young adulthood.*
- **Mini Medical School, Academic Health Center, University of Minnesota**, Minneapolis, MN. Invited speaker: *Promoting a healthy body image in adolescents.*
- **Australia and New Zealand Academy for Eating Disorders**, Melbourne, Australia. Webinar video: *Dieting behaviors in adolescents: The solution or the problem?*
- **School of Exercise and Nutrition Sciences and the Centre for Physical Activity and Nutrition Research, Deakin University**, Melbourne, Australia (Visiting Professor). *Preventing a broad spectrum of weight-related problems in young people: An overview of Project EAT and related studies.*

- **International Society for Behavioral Nutrition and Physical Activity Annual Meeting**, Ghent, Belgium.
 - Early Career Researcher Workshop: Invited presentation: *Elevator speeches, career progression, building your niche area.*
 - Panel discussion: *Time management and balancing work/life*
- **Faculty of Psychology, Eetexpert.be**, Leuven, Belgium. Invited presentation: *Can we simultaneously work toward the prevention of obesity and eating disorders?*
- **AED International Conference on Eating Disorders**, Montréal, Québec, Canada.
 - Invited plenary speaker: *Next Steps: How can we progress toward incorporating mindfulness and meditation within practice for eating disorders*
 - Invited presentation: *Conducting population-based research on eating and weight-related problems in adolescents: What we've learned from Project EAT*
- **Pediatrics: School of Medicine, University of Auckland**, New Zealand. Invited speaker: *Family meals and why they are worth the effort: What have we learned from Project EAT?*
- **Auckland Nutrition Research Network, University of Auckland**, New Zealand. Invited speaker: *Dieting behaviors in adolescents: The solution or the problem?*
- **Rudd Center for Food Policy & Obesity, Yale University**, New Haven, CT. Invited speaker: *Promoting a positive body image in adolescents: Why and how?*

2012:

- **School of Public Health, University of Haifa**, Haifa, Israel. Invited speaker: *Conducting population-based research with adolescents: What we have learned from Project EAT (Eating and Activity in Teens and Young Adults)*
- **Ruppin Academic Center**, Emek Hefer, Israel. Invited speaker: *Dieting behaviors in adolescents: The solution or the problem?*
- **Johns Hopkins Bloomberg School of Public Health**, Baltimore, MD.
 - Invited speaker: *Family meals and why they are worth the effort: What have we learned from Project EAT*
 - Invited speaker: *Dieting behaviors in adolescents: The solution or the problem?*
- **The Douglas Institute**, Montréal, Québec, Canada. Community talk: *Promoting a positive body image in adolescents: Why and how?*
- **Ste Justine's Pediatric Hospital**, Montréal, Québec, Canada. Grand Rounds presentation: *Preventing obesity and eating disorders: What can health care providers do?*
- **20th International Conference on Eating Disorders**, Alpbach, Austria. Keynote speaker: *Dieting behaviors in adolescents: The solution or the problem?*
- **University of Toronto Dalla Lana School of Public Health**, Toronto, Ontario, Canada. Invited speaker: *Dialogue on future directions for the prevention of eating disorders, obesity and related concerns*
- **Israeli Health Educators Association Annual Meeting**, Kupat Holim Clalit, Tel Aviv. Invited speaker: *Family meals and why they are worth the effort: What have we learned from Project EAT?*
- **Society for Nutrition Education and Behavior Annual Meeting**, Washington DC. Invited plenary speaker: *Dieting behaviors in adolescents: The solution or the problem?*
- **Academy of Nutrition and Dietetics: Sports Cardiovascular and Wellness Nutrition Symposium**, Baltimore, MD. Invited plenary speaker: *Promoting a positive body image in adolescents: Why and how?*

- **University of Rochester School of Medicine and Dentistry Seminar**, Rochester, NY.
 - Invited speaker: *Shared risk factors for eating disorders and obesity: Translating research findings into best practices and prevention*
 - Invited speaker: *Working with families and within schools to prevent weight-related problems in youth*

2011:

- **National Eating Disorders Association and STOP Obesity Alliance Roundtable to Advance an Educated Approach to Policies Surrounding Weight and Obesity, Congressional Briefing**, Washington, DC. Panel member: *Pounds and Policy: Effectively Communicating About Weight and Health*
- **National Institutes of Health, National Institute of Child Health and Human Development Seminar**, Washington, DC. Invited speaker: *Conducting population-based research with adolescents: What we've learned from Project EAT (Eating and Activity in Teens and Young Adults)*
- **Association for Anorexia and Associated Disorders Annual Midwest Eating Disorders Conference**, Oakbrook, IL. Keynote speaker: *An integrated approach to eating disorders and obesity prevention: Why and how?*
- **Academy for Eating Disorders International Conference on Eating Disorders**, Miami, FL. Invited plenary speaker: *Preventing eating and weight-related problems in adolescents: Have things gotten better or worse in the past decade? And where do we go from here?*
- **University of Michigan Pediatric Department Grand Rounds**, Detroit, MI. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What should health care providers know and do?*
- **Center for Human Growth and Development Research Seminar, University of Michigan**, Detroit, MI. Invited speaker: *An integrated approach to preventing obesity and eating disorders in youth: Why and how?*

2010:

- **Rio International Eating Disorders and Obesity Conference**, Rio de Janeiro, Brazil. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What should health care providers know and do?*
- **Renfrew Center 20th Annual Conference For Professionals**, Philadelphia, PA. Invited speaker: *What do we do about obesity: Challenges for the eating disorders field*
- **Cleveland Clinic Obesity Summit**, Cleveland, OH. Invited speaker: *An integrated approach to preventing obesity and eating disorders in youth: Why and how?*
- **Tucker Center Fall Distinguished Lecture**, Minneapolis, MN. Invited speaker: *Reducing Obesity among Minority Females: The Critical Role of Physical Activity*
- **Yale Rudd Center for Food Policy and Obesity**, New Haven, CT. Invited speaker: *An integrated approach to preventing obesity and eating disorders in youth: Why and how?*
- **The Centre for Eating and Dieting Disorders, Beaumont Lecture**, Sydney, Australia. Invited speaker: *Body dissatisfaction among adolescents: Why it matters and what we can do about it*
- **Eating Disorders: Meeting the Challenge Sydney Conference**, Sydney, Australia. Keynote speaker: *An integrated approach to preventing eating disorders and obesity in youth: Why and how?*
- **Park Nicollet Eating Disorders Update**, St. Louis Park, MN. Invited speaker: *An integrated approach to preventing eating disorders and obesity in youth: Why and how?*

- **The Ontario Society of Nutrition Professionals in Public Health (OSNPPH) Conference**, Niagara-on-the-Lake, Ontario, Canada. Invited speaker: *Body dissatisfaction among adolescents: Why it matters? And what can we do to make it better?*
- **North American Society of Pediatric and Adolescent Gynecology Annual Meeting**, Las Vegas, NV. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What should health care providers know and do?*
- **University of Minnesota Family and Social Science Colloquium**, St. Paul, MN. Invited speaker: *Family meals in the homes of teens: What do they look like and how important are they?*
- **Sheena's Place Open Forum**, Toronto, Canada. Keynote speaker: *I'm, Like, SO Fat!: Helping your teen make healthy choices about eating and exercise in a weight-obsessed world*

2009:

- **2nd Curso de Obesidade Pediátrica**, Lisbon, Portugal
 - Keynote speaker: *Preventing obesity AND eating disorders: What should adolescent health care providers know and do?*
 - Workshop presentation: *Practical ideas for working with families and working within schools to prevent weight-related problems among adolescents*
- **National Eating Disorder Information Centre Conference**, Toronto, Canada. Invited speaker: *Weight related problems in adolescents: What? Why? And How can we Help?*
- **Plymouth State University Eating Disorders Conference**, Meredith, NH. Invited speaker: *Weight-related problems in adolescents: What? Why? And How can we help?*
- **North Dakota Nutrition Council Annual Meeting and Conference**, Minot, ND. Invited speaker: *Family meals and why they are worth the effort: What have we learned from Project EAT?*
- **Deborah E. Powell Center for Women's Health Seminar**, Minneapolis, MN. Invited speaker: *Body image and weight-related problems in adolescent girls: What? Why? And how can we help?*
- **Alberta Milk Nutrition File Seminar**, Edmonton and Calgary, Canada. Invited speaker: *Family meals and why they are worth the effort: What have we learned from Project EAT?*

2008:

- **Indiana University School of Medicine Pediatric Grand Rounds**, Indianapolis, IL. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What can health care providers do?*
- **Indiana University School of Medicine LEAH Seminar**, Indianapolis, IN. Invited speaker: *Project EAT: Using behavioral research to guide interventions to prevent weight-related problems in adolescents*
- **International Meeting of Inequalities of Social Health**, Quebec City, Canada. Invited speaker: *What can health care providers do to help prevent both obesity AND eating disorders in children and adolescents?*
- **Adolescent Eating Disorders Conference, Penn State Milton S. Hershey Medical Center**, Hershey, PA. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What can health care providers do?*
- **Kaiser Permanente Seminar**, San Francisco, CA. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What can health care providers do?*
- **University of North Carolina Nutrition Seminar**, Greensboro, NC. Invited speaker: *Project EAT: Using behavioral research to guide interventions to prevent weight-related problems in adolescents*

- **National Eating Disorders Association Conference**, Austin, TX. Invited speaker: *Fluent in the “F” words: To talk or not to talk about food, fat and fitness*
- **Women’s Worlds: 10th International Interdisciplinary Congress of Women**, Madrid, Spain. Invited speaker: *Body image and weight related problems in adolescent girls: What? Why? And how can we help?*
- **Israel Association of Health Promoters and Educators Meeting**, Tel-Aviv, Israel. Invited speaker: *Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome?*
- **Southeast Iowa Regional Coalition for Lifestyle Enhancement: Healthy Lifestyles Conference**, Burlington, IA. Invited speaker: *Preventing the broad spectrum of weight-related problems: What can families do?*
- **Iowa State University 37th Annual Current Issues in Nutrition**, Ames, IA. Invited speaker: *Project EAT: Using behavioral research to guide interventions to prevent-weight related problems in adolescents*
- **Park Nicollet Clinics, Eating Disorders Update**, St. Louis Park, MN. Invited speaker: *Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome*
- **University of Texas School of Public Health, Austin Regional Campus Seminar**, Austin, TX. Invited speaker: *Project EAT: Using behavioral research to guide interventions to prevent-weight related problems in adolescents*
- **Society for Adolescent Medicine**, Greensboro, North Carolina. Invited speaker: *Preventing Obesity AND Eating Disorders: What Should Adolescent Health Care Providers Know and Do?*
- **The Elisa Project, 9th Annual Professional Symposium for the Prevention and Treatment of Eating Disorders**, Dallas, TX.
 - Invited speaker: *Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome?*
 - *Preventing the broad spectrum of weight-related problems: What can families do?*

2007:

- **Division of Epidemiology and Community Health Seminar**, Minneapolis, MN. Invited speaker: *Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome?*
- **Obesity and Eating Disorders: A National Symposium for Researchers, Clinicians, and Decision-Makers**, Calgary, Canada. Invited speaker: *Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome?*
- **National Eating Disorders Association Conference**, San Diego, CA. Invited speaker: *Preventing the broad spectrum of weight-related problems: What can schools and families do?*
- **Ophelia’s Place and the Comprehensive Care Center**, Albany, NY. Invited speaker: *“I’m, Like, SO Fat!” Helping your teen make healthy choices about eating and exercise in a weight-obsessed world*
- **National Institutes of Health Office of Women’s Health Seminar**. Washington, DC. Invited speaker: *Obesity in adolescent girls: A slightly different perspective*
- **Children’s Health Improvement Collaborative Learning Session**. Seattle, Washington. Invited speaker: *The role of families in promoting healthful eating and exercise in a weight-obsessed world*
- **Academy for Eating Disorders International Conference**. Baltimore, Maryland. Plenary presentation: *Preventing Eating Disorders AND Obesity: What Are the Challenges and Can They Be Overcome?*

2006:

- **Kaiser Permanente's Weight Management Initiative, Hot Topics.** Invited speaker: *I'm, Like, SO FAT! Healthy eating and body image issues for adolescents*
- **Renfrew Center Foundation Conference.** Invited speaker: *Preventing eating disorders and obesity in adolescents: What can families do and how can we help them?*
- **Society for Women's Health Research: Women, Obesity, and Public Health: An Interdisciplinary Workshop,** Washington, DC. Invited speaker: *Obesity in adolescent girls: What do we know and where do we go from here?*
- **Eating Disorder Education Organization: Beyond Beauty,** Edmonton, Alberta. Keynote speaker: *"I'm, Like, SO Fat!" Helping your teen make healthy choices about eating and exercise in a weight-obsessed world*
- **Kupat Holim Clalit Seminar,** Tel Aviv, Israel. Invited speaker: *Preventing the broad spectrum of weight-related problems: Working with parents to help their teens achieve a healthy weight and a positive body image*
- **Westwind Roundtable on Innovations in Treatment of Eating Disorders,** Winnipeg, Manitoba, Canada. Invited speaker: *Preventing the broad spectrum of weight-related problems: Working with parents to help their teens achieve a healthy weight and a positive body image*
- **Harvard School of Public Health Nutrition Seminar,** Cambridge, MA. Invited speaker: *Weight-related problems in adolescents: Findings from Project EAT and implications for prevention*
- **Division of Epidemiology and Community Health Seminar,** Minneapolis, MN. Invited speaker: *Weight-related problems in adolescents: Findings from Project EAT and implications for prevention*

2005:

- **Deborah E. Powell Center for Women's Health, 2nd Annual Women's Health Research Conference,** Minneapolis, MN. Invited speaker: *Disordered Eating among Adolescent Girls and Boys: Findings from Project EAT*
- **Minnesota Obesity Center Symposium: Do obesity prevention interventions cause eating disorders? A dialogue about what has been learned in the past ten years,** Minneapolis, MN. Invited speaker: *Eating disorders: Should we be taking them into account in obesity prevention interventions for adolescents?*
- **St. Luke's Institute for Health Education Annual Pediatric Conference: Too Fat, Too Thin: Eating Disorders in America,** Sioux City, IA. Invited speaker: *Eating disorder and obesity prevention in adolescents: The interface*
- **University of Texas Nutrition Updates,** San Antonio, TX. Invited speaker: *Preventing the broad spectrum of eating and weight-related problems in adolescents: Working with parents of pre-teens and teens*
- **Shaping a Healthy Future II: A Rocky Mountain Conference on Weight Realities,** Jackson Hole, WY. Invited speaker: *Preventing the broad spectrum of weight-related problems: Working with parents to help their teens achieve a healthy weight and a positive body image*
- **Minnesota Obesity Center, 7th Annual Center-Wide Retreat,** Minneapolis, MN. Invited speaker: *Preventing obesity in adolescent girls: Considering the broad spectrum of weight related problems*

- **The Elisa Project, 6th Annual Professional Symposium for the Prevention and Treatment of Eating Disorders**, Dallas, TX
 - Invited speaker: *Eating disorders and obesity prevention: The interface.*
 - *Preventing the broad spectrum of eating and weight related problems in adolescents: Working with parents*

2004:

- **Cornell Community Nutrition Program Seminar, Cornell University**, Ithaca, NY. Invited speaker: *Family meals in the homes of teens: What do they look like and how important are they?*
- **Academy of Eating Disorders, International Conference on Eating Disorders**, Orlando, FL. Invited speaker: *Can we simultaneously work toward the prevention of obesity and eating disorders?*
- **30 year Anniversary, School of Nutritional Sciences, Hebrew University**, Rehovot, Israel. Invited speaker: *Meeting the needs of adolescent girls at risk for obesity: New Moves*
- **Eating Disorders and Obesity Conference: Calgary Eating Disorders Program and the University of Calgary**. Calgary, Canada. Invited speaker: *Can we simultaneously work toward the prevention of obesity and eating disorders in children and adolescents?*

2003:

- **Kenyon College Psychology Club**. Gambier, Ohio. Invited speaker: *Preventing eating disorders and obesity: Incompatible or complimentary goals*
- **National Eating Disorders Association Conference**. St. Charles, Illinois. Invited speaker: *Preventing eating disorders and obesity: Incompatible or complimentary goals?*
- **James Cook University**. Cairnes, Australia. Invited speaker: *Can we simultaneously work toward the prevention of obesity and eating disorders?*
- **University of New South Wales**. Sidney, Australia. Invited speaker: *Can we simultaneously work toward the prevention of obesity and eating disorders?*
- **Deakin University**. Melbourne, Australia. Invited speaker: *Family meals in the homes of teens: What do they look like and how important are they?*
- **Special Colloquium, LaTrobe University**. Melbourne, Australia. Invited speaker: *Can we simultaneously work toward the prevention of obesity and eating disorders?*
- **Division of Epidemiology, University of Minnesota**. Minneapolis, MN. Invited speaker: *Family meals in the homes of teens: What do they look like and how important are they?*
- **Academy of Eating Disorders, International Conference on Eating Disorders**, Denver, CO. Invited plenary speaker: *Eating disorders and obesity in the pediatric population*

2002:

- **Pediatric Grand Rounds: University of Minnesota**. Minneapolis, MN. Invited speaker: *Preventing weight-related disorders among children and adolescents: What? Why? Who? And How?*
- **3rd Annual Roundtable, Meeting the Challenge of Obesity: Uniting Public Health Research, Practice, and Policy, University of Minnesota**, Minneapolis, MN. Invited speaker: *School interventions for obesity prevention*
- **Illusion Theatre: Food for Thought: Raising Awareness about Young People and Eating Disorders**. Minneapolis, MN. Invited speaker to introduce topic of eating disorders prevention preceding their play “No Laughing Matter”

- **Society for Adolescent Medicine Annual Meeting.** Boston, MA. Presenter at Eating Disorders Significant Interest Group: *The demographics of disordered eating: Comparing population-based data with clinical impressions*
- **Partners in Eating Disorders Research and Practice: A Dedication to Lori Irving. Columbia River Eating Disorder Network.** Washington State University, Vancouver, WA. Invited speaker: *Integrating obesity and eating disorder prevention among adolescents*
- **Pediatric Grand Rounds: The Hospital for Sick Children.** Toronto, Canada. Invited speaker: *Preventing weight-related disorders among children and adolescents: What? Why? Who? How?*
- **Adolescent Grand Rounds: The Hospital for Sick Children.** Toronto, Canada. Invited speaker: *Weight control practices and disordered eating behaviors among adolescent females and males with type I diabetes: Findings from the AHEAD Study*

2001:

- **National Dairy Council: Age-Segmented Dietary Guidance: Improving Our Service to the Public.** Chicago, IL. Invited speaker: *Psychosocial influences on adolescents' eating behaviors*
- **3rd Annual Professional Symposium for the Treatment of Eating Disorders: The Elisa Project.** Dallas, TX. Invited workshop speaker: *Integrating obesity and eating disorder prevention among adolescents*
- **Eating Disorder Prevention Workshop.** Elmira, NY. Invited workshop speaker: *Empower yourself in the prevention of eating disorders*
- **2001 Renfrew Center Foundation Conference.** Philadelphia, PA. Keynote presentation: *Empowering overweight adolescent girls.*
- **Division of Epidemiology Seminar, University of Minnesota.** Minneapolis, MN. Invited speaker: *Weight-related concerns and behaviors among adolescent girls and boys: Findings from Project EAT*
- **Society for Adolescent Medicine Annual Meeting.** San Diego, CA.
 - Presenter at Eating Disorders Significant Interest Group: *Prevention of eating disorders and other weight-related disorders among adolescents*
 - Moderator: Discussion group on nutrition and eating disorders
- **Washington Association of Local WIC Agencies (WALWICA) Meeting.** Seattle, WA. Invited workshop leader: *Adolescent obesity: Using qualitative research to assist in program planning*
- **Faculty Seminar. Department of Nursing. University of Haifa.** Haifa, Israel. Invited speaker: *Obesity and eating disorder prevention: School and community-based approaches*

2000:

- **Society for Adolescent Medicine Annual Meeting.** Washington, DC. Invited speaker: Special Interest Group Presentation: *Adolescent nutrition and obesity: Achieving the year 2010 objectives*
- **National Institute of Mental Health: Prevention of Eating Disorders Roundtable.** Rockville, MD. Invited speaker: *Prevention of eating disorders: State-of-the-art in understanding risk factors*
- **Healthy Generations Video Conference.** St. Paul, Minnesota. Invited speaker: *Risk factors for childhood and adolescent obesity*

1999:

- **Second National Conference for Educators on Eating Disorders, Harvard Eating Disorders Center.** Waltham, MA. Invited speaker: *Free to be Me: Promoting a positive body image and preventing unhealthy dieting among young adolescent girls*
- **Air Force Dietitian's Symposium.** Sheppard Air Force Base, Wichita Falls, TX. Invited speaker: *Behavioral theory: Enhancing nutritional counseling/interventions*
- **Topics and Advances in Pediatrics.** Minneapolis, MN. Invited speaker: *Preventing eating disorders among adolescents: An overview*
- **Division of Epidemiology Seminar, University of Minnesota.** Minneapolis, MN. Invited speaker: *Preventing weight-related disorders among adolescents: School and community-based approaches*
- **School of Public Health, Hadassah-Hebrew University.** Jerusalem, Israel. Invited speaker: *Preventing weight-related disorders among adolescents: School and community-based approaches*
- **Annual Meeting of the American Dietetic Association.** Atlanta, GA. Invited poster presentation: *Free to Be Me*. Recipient of the Dannon Institute Award for Excellence in Community Nutrition

1998:

- **Pediatric Grand Rounds, St. Paul Children's Hospital.** St. Paul, MN. Invited speaker: *Disordered eating behaviors among adolescents with chronic illness*
- **Pediatric Grand Rounds, Minneapolis Children's Hospital.** Minneapolis, MN. Invited speaker: *Disordered eating behaviors among adolescents with chronic illness*
- **Pediatric Grand Rounds, Fairview Riverside Hospital.** Minneapolis, MN. Invited speaker: *Disordered eating behaviors among adolescents with chronic illness*
- **Nutrition Updates Teleconference Series 1998-99, University of Texas Health Science Center at San Antonio, TX.** Invited speaker: *Disordered eating behaviors among adolescents with chronic illness*

1997:

- **Society for Adolescent Medicine Annual Meeting.** San Francisco, CA. Invited speaker for Special Interest Group Presentation: *A position paper on adolescent nutrition*
- **Childhood and Adolescent Obesity: Prevention and Intervention.** Minneapolis, MN.
 - Invited speaker: *The weight dilemma: Philosophical perspectives*
 - Workshop: *School-based prevention of weight-related disturbances*
- **Food Science and Nutrition Seminar, University of Minnesota.** Minneapolis, MN. Invited seminar leader: *Psychosocial concerns among overweight adolescents of different ethnicities: Qualitative and quantitative approaches to analysis*
- **Division of Epidemiology Seminar, University of Minnesota.** Minneapolis, MN. Invited speaker: *Psychosocial concerns among overweight adolescents of different ethnicities: Qualitative and quantitative approaches to analysis*
- **Statewide Staff In-Service for Nutrition, Food and Health Specialized Extension Educators and Nutrition Education Assistants, Minnesota Extension Service, University of Minnesota.** St. Paul, MN. Invited speaker: *Inadequate correlates of dairy food consumption among adolescents*
- **14th International Symposium: Health Risk Behavior in Adolescence. Theoretical Concepts and the Evaluation of Prevention Programs.** University of Bielefeld, Bielefeld, Germany. Invited speaker: *Correlates of disordered eating among adolescents: What do we know?*

- **Meeting of the Association of Israeli Health Educators.** Center for Health Education, Kupot Holim Clalit. Tel Aviv, Israel. Invited speaker: *Preventing weight-related disorders: Can schools help?*
- **State of Alaska Maternal and Child Health Section Teleconference.** Invited speaker: *School-based prevention of weight-related disorders*
- **Building Partnerships for Healthy Nutrition: Focus on Nutrition and Physical Activity.** Minnesota Department of Children, Families & Learning Conference. Bloomington, MN. Invited speaker: *School-based prevention of weight-related disorders*
- **Pediatric Grand Rounds, Department of Pediatrics, University of Minnesota.** Minneapolis, MN. Invited speaker: *Disordered eating behaviors among adolescents with chronic illness*

1996:

- **Society for Adolescent Medicine Annual Meeting.** Washington, DC. Invited speaker, Special Interest Group Presentation: *Adolescent nutrition: Is it a priority?*
- **Presentation to the Field Faculty & Friends of Public Health Nutrition, University of Minnesota.** Minneapolis, MN. Invited speaker & workshop leader: *The prevention of eating disturbances*

1995:

- **Research Forum of the Division of Epidemiology, University of Minnesota.** Minneapolis, MN. Invited speaker: *Disordered eating among adolescent females in Israel*
- **Division of Epidemiology, University of Minnesota.** Minneapolis, MN. Invited speaker: *Prevention of eating disorders: Why, what, and how?*
- **Disabilities Research Forum. University of Minnesota.** Minneapolis, MN. Invited speaker: *Eating disorders among adolescents with chronic illness*

1994:

- **National Council for the Child. Conference at the Knesset** (Israeli House of Parliament). Jerusalem, Israel. Invited speaker: *Culture and eating habits of adolescents*
- **Meeting of the Israeli Association of Health Educators.** Rehovot, Israel. Meeting organizer & Invited speaker: *Dilemmas in relaying controversial nutritional information to the public*
- **Epidemiology Unit, Department of Social Medicine, School of Public Health and Community Medicine.** Jerusalem, Israel. Invited speaker: *Weight loss behaviors among Israeli adolescent females: A longitudinal study*

1993:

- **Symposium on Prevention and Treatment of Eating Disorders among Adolescents.** Jerusalem, Israel. Invited speaker: *The primary and secondary prevention of eating disturbances in an adolescent population*

1992:

- **The Israel Association of Ambulatory Pediatrics: Summer Conference.** Tel Aviv. Invited speaker: *The prevention of eating disturbances among adolescents*

1991:

- **Hadassah Medical Organization Clinical Conference.** Jerusalem, Israel. Invited speaker: *The concept of risk as applied to dieting and eating disturbances*

1989:

- **Meeting of the Israeli Association of Health Educators.** Jerusalem, Israel. Invited speaker: *The promotion of fad diet products: The role of the health educator in combating these products*

1988:

- **First Jerusalem Health Exposition: Strategies for Health Promotion.** Jerusalem, Israel. Invited speaker: *Behavior modification: A tool for changing health behaviors*
- **WHO Workshop on Nutritional Assessment: The Use of Food Frequency Questionnaires.** Wageningen, The Netherlands. Invited speaker: *The nutritional situation in Israel and A food frequency questionnaire for use in case control study on coronary heart disease*

Research Presentations & Workshops (selected):

2013:

- **International Society for Behavioral Nutrition and Physical Activity Annual Meeting,** Ghent, Belgium.
 - Symposium Presenter: **Neumark-Sztainer D.** *Family meals: Key findings from Project EAT and future directions*
 - Moderator and Chair: **Neumark-Sztainer D.** *Diet and physical activity in those living with disease or disability*
- **AED International Conference on Eating Disorders,** Montréal, Québec, Canada
 - Workshop presentation: **Neumark-Sztainer D.**
 - *Conducting population-based research on eating and weight-related problems in adolescents: What we've learned from Project EAT*

2012:

- **20th International Conference on Eating Disorders,** Alpbach, Austria. Workshop presentation: **Neumark-Sztainer D.** *Conducting population-based research with adolescents: What we've learned from Project EAT*
- **Universitat Autònoma de Barcelona, Departament de Psicologia Clínica i de la Salut.** Barcelona, Spain. Workshop presentation: **Neumark-Sztainer D.** *Preventing a broad spectrum of weight related problems in adolescents: What? Why? And How?*

2011:

- **International Society for Behavioral Nutrition and Physical Activity Annual Meeting,** Melbourne, Australia. Oral presentation: **Neumark-Sztainer D,** Wall M, Story M, Standish A. *Dieting and unhealthy weight control behaviors during adolescence: Associations with 10-year changes in body mass index*

2010:

- **Rio International Eating Disorders and Obesity Conference,** Rio de Janeiro, Brazil. Oral presentation: **Neumark-Sztainer D,** Friend S, Flattum C, Story M, Hannan P. *New Moves: Findings from a group-randomized trial to prevent weight-related problems in adolescent girls*
- **Eating Disorders Research Society Annual Meeting,** Cambridge, MA. Oral presentation: **Neumark-Sztainer D,** Friend S, Flattum C, Story M, Hannan P. *New Moves: Findings from a group-randomized trial to prevent weight-related problems in adolescent girls*
- **Academy for Eating Disorders International Conference for Eating Disorders,** Salzburg, Austria. Oral presentation: **Neumark-Sztainer D,** Friend S, Flattum C, Story M, Hannan P. *New Moves: Findings from a group-randomized trial to prevent weight-related problems in adolescent girls*

- **Eating Disorders: Meeting the Challenge Sydney Conference**, Sydney Australia. Workshop presentation: **Neumark-Sztainer D.** *Practical ideas for working with families and schools to prevent eating disorders and obesity in youth.*
- **Society for Adolescent Health and Medicine Annual Meeting**. Toronto, Canada. Workshop presentation: **Neumark-Sztainer D**, Larson N. *Conducting population-based research with adolescents: What we wish we knew when we began*

2009:

- **National Eating Disorders Association**. Minneapolis, MN. Oral presentation: Flattum C, **Neumark-Sztainer D**, Feldman S. *Motivational interviewing within New Moves, a school-based program for adolescent girls*

2007:

- **Eating Disorders Research Society Annual Meeting**. Pittsburgh, Pennsylvania. Poster presentation: **Neumark-Sztainer D**, Wall M, Story M, van den Berg P. *Accurate parental classification of their overweight adolescents' weight status: Does it even matter?*
- **Society for Adolescent Medicine**, Denver, Colorado. Workshop presentation: Austin SB, **Neumark-Sztainer D**, Franko DL. *Integrating obesity and eating disorders prevention: The five W's for implementation in the field*

2005:

- **Eating Disorders Research Society Annual Meeting**, Toronto, Canada. Poster presentation: **Neumark-Sztainer D**, Paxton S, Hannan P, Haines J, Story M. *Does body satisfaction matter? Five-year longitudinal associations between body satisfaction and health behaviors in adolescent and young adult females and males*
- **Academy for Eating Disorders International Conference on Eating Disorders**, Montreal, Canada. Workshop presentation: **Neumark-Sztainer D.** *Parenting teens with a healthy weight and a positive body image in a world gone astray: Working with parents of adolescents to prevent the broad spectrum of eating and weight-related problems*
- **Society of Adolescent Medicine Annual Meeting**, Los Angeles, CA. Workshop presentation: **Neumark-Sztainer D.** Preventing eating and weight-related problems from A to Z in teens: Working with parents of teens

2004:

- **Academy of Eating Disorders International Conference on Eating Disorders**, Orlando, FL. Workshop presentation: **Neumark-Sztainer D**, Levine M, Piran N. *Building on connections: Integrative themes in the prevention of negative body image and disordered eating*

2003:

- **Academy of Eating Disorders, International Conference on Eating Disorders**, Denver, CO. Workshop presentation: **Neumark-Sztainer D**, Levine M. *Shared themes and possibilities in the prevention of obesity and disordered eating*

2002:

- **Eating Disorders Research Society Annual Meeting**, Charleston, SC. Oral presentation: **Neumark-Sztainer D**, Wall M, Story M, Fulkerson JA. *Nurturing eating environments within the home: Associations between family meal patterns and disordered eating in adolescents*
- **Academy of Eating Disorders, International Conference on Eating Disorders**, Boston, MA. Workshop presentation: **Neumark-Sztainer D.** *Correlates of disordered eating among adolescents: Implications for the primary prevention of disordered eating*

2001:

- **Academy for Eating Disorders, International Conference on Eating Disorders.** Vancouver, BC. Poster presentation: **Neumark-Sztainer D.**, Wall M, Story M, Perry C. *Correlates of unhealthy weight control behaviors among adolescent girls and boys: Implications for the primary prevention of disordered eating*
- **Eating Disorders Research Society Annual Meeting.** Albuquerque, NM. Workshop presentation: **Neumark-Sztainer D.** *Preventing weight-related disorders among adolescent girls: An innovative and integrated school-based approach*

2000:

- **Qualitative Health Research Conference. Banff, Alberta, Canada.** Lecture presentation: **Neumark-Sztainer D.**, Story M, Ackard D, Moe J, Perry C. The “family meal”: Views of adolescents
- **American Heart Association Annual Research Symposium.** Dallas, TX. Poster presentation: **Neumark-Sztainer D.**, Story M, Tharp T, Collier T, Rex J, Jaffe L, Ackard D, Utter J. *New Moves: A school-based approach to healthy lifestyle promotion among overweight adolescent girls*
- **Adolescent Medicine: Perspectives and Challenge.** Jerusalem, Israel.
 - Lecture presentation: **Neumark-Sztainer D.**, Story M, Hannan P, Moe J, Wall M, Perry C. *Weight control behaviors among adolescent girls and boys: Findings from Project Eat*
 - Workshop presentation: *Prevention of disordered eating among children and adolescents: A community-based approach*
- **128th Annual Meeting of the American Public Health Association.** Boston, MA. Lecture presentation: **Neumark-Sztainer D.**, Story M, Hannan P, Moe J. *What are teens eating and why? First findings from Project EAT*

1999:

- **Society for Adolescent Medicine Annual Meeting.** Los Angeles, CA. Panel discussion: **Neumark-Sztainer D.** *From prevention to prognosis: A clinical research update on adolescent eating disorders*

1997:

- **Society for Disability Studies.** Minneapolis, MN. Lecture presentation: **Neumark-Sztainer D.**, Faibisch L. *Resisting rejection: A discussion of advocacy and leadership for overweight adolescents and adolescents with physical disabilities*
- **Pediatrics in the Community 2000+.** Jerusalem, Israel.
 - Research presentation: **Neumark-Sztainer D.**, Story M, Dixon LB, Murray D. *Adolescents engaging in unhealthy weight control behaviors: Are they at risk for other health-compromising behaviors?*
 - Poster presentation: **Neumark-Sztainer D.**, Story M. *Perceptions of overweight adolescent girls: Psychological concerns and recommendations for school-based programs*

1996:

- **Society for Adolescent Medicine Annual Meeting.** Washington, DC. Workshop: *The prevention of eating disturbances: Why, what, who, and how?*
- **Eating Disorders Research Society Meeting,** University of Pittsburgh Medical Center. Pittsburgh, PA. Poster presentation: **Neumark-Sztainer D.**, Story M, Faibisch L, Ohlsen J. *Self-perceptions of overweight Caucasian and African American adolescent girls***1995:**
- **Meeting of The International Association of Adolescent Health.** Vancouver, Canada. Lecture presentation: **Neumark-Sztainer D.** *Are unhealthy weight loss behaviors part of the problem-behavior syndrome among adolescents?*

- **International College of Psychosocial Medicine, 13th World Congress.** Jerusalem, Israel. Lecture presentation: **Neumark-Sztainer D**, Butler R, Palti H. *Eating disturbances among adolescent high school girls and introduction of a primary prevention program*

1994:

- **PKU (Phenylketonuria) Symposium, University of Minnesota.** Minneapolis, MN. Workshop: *Management of nutritional intake for adolescents with PK*

1993:

- **The Israel Association of Family Therapy Symposium on Eating Disorders.** Tel Aviv, Israel. Workshop Leader: *The Weigh to Eat: An educational program for the primary prevention of eating disturbances*
- **Regional European Meeting of the International Epidemiological Association.** Jerusalem, Israel. Lecture presentation: **Neumark-Sztainer D**, Palti H, Butler R. *Weight loss patterns and associated eating patterns among Israeli adolescent females*
- **Society for Nutrition Education 26th Annual Meeting.** St. Paul, MN.
 - Lecture presentation: **Neumark-Sztainer D**, Palti H, Butler R. *A school-based program for the primary prevention of eating disturbances*
 - Lecture presentation: **Neumark-Sztainer D**, Palti H, Butler R. *A model explaining the determinants of eating disturbance*
- **2nd European Forum on Adolescent Health.** Jerusalem, Israel. Lecture presentation: **Neumark-Sztainer D**, Palti H, Butler R. *A model explaining the determinants of eating disturbances*
- **Health Education and Health Promotion: Annual National Conference.** Jerusalem, Israel. Lecture presentation Co-Author: Raphaely B, Halevy A, **Neumark-Sztainer, D.** *Health education at the Adolescent Health Service in Jerusalem: Three years of experience*

1992:

- **Hadassah Medical Organization Research Day.** Jerusalem, Israel. Poster presentation: **Neumark-Sztainer D**, Palti H, Butler R. *Prevention of eating disturbances among adolescent females*
- **11th International Congress of Dietetics.** Jerusalem, Israel.
 - Workshop Leader: *A program for the prevention of eating disorders*
 - Lecture presentation: **Neumark-Sztainer D.** *Dieting practices and weight concerns among adolescent females*
- **International Conference: Food Service Systems Beyond the Year 2000.** Jerusalem, Israel. Lecture presentation: **Neumark-Sztainer D.** *Adolescence as a period of change: Nutritional implications*

1991:

- **The International Association of Adolescent Health Fifth International Conference.** Montreux, Switzerland. Poster presentation: **Neumark-Sztainer D**, Palti H, Butler R. *Prevention of eating disturbances among adolescent females - Preliminary results*

1989:

- **Award Ceremony of the Herczeg Scholarships for Research on Women in Society.** Van Leer Institute, Jerusalem, Israel. Lecture presentation: **Neumark-Sztainer, D.** *Prevention of eating disturbances among adolescent females: Description of proposed study*

1986:

- **International Conference on Obesity.** Jerusalem, Israel. Lecture presentation: **Neumark-Sztainer D**, Ban R, Kaufmann NA, Sztainer H, Berry EM. *The effects of physical activity in a weight loss program based on diet and behavior modification*

PUBLICATIONS

Book

Neumark-Sztainer D, *"I'm, Like, SO Fat!": Helping Your Teen Make Healthy Choices about Eating and Exercise in a Weight Obsessed World*. New York: The Guilford Press, 2005.

Book Chapters:

Neumark-Sztainer D, Loth K. Impact of dieting. In: Brownell KD, Walsh BT, eds. *Eating Disorders and Obesity: a Comprehensive Handbook*. 3rd Ed. New York: Guilford Publications. Under Review.

Berge JM, Wickel K, Bucchianeri M, **Neumark-Sztainer D**. Umatter: Using community-based participatory research to deliver obesity prevention through a primary care Health Care Home. In: M. Korin M, ed. *Handbook of Health Promotion for Children and Adolescents*. New York: Springer. In Press.

Berge JM, Diderickson K, Bucchianeri M, Prasad S, **Neumark-Sztainer D**. Partnering with parents, researchers and family medicine clinics to address adolescent weight and weight-related behaviors. In: Korin M, ed. *Handbook of Health Promotion for Children and Adolescents*. New York: Springer. In Press.

Eisenberg M, **Neumark-Sztainer D**. Peer harassment and disordered eating. In: Srabstein JC, Merrick J, eds. *Bullying: A Public Health Concern*. New York: Nova Science Publishers, 2013.

Larson N, **Neumark-Sztainer D**, Harwood EM, Eisenberg ME, Wall MM, Hannan PJ. Do young adults participate in surveys that 'go green'? Response rates to a web and mailed survey of weight-related health behaviors. In: Merrick J, ed. *Child Health and Human Development Yearbook*. New York: Nova Biomedical, 2013.

Cutler GJ, Flood A, **Neumark-Sztainer D**. Dietary patterns. In: Levesque RJ, ed. *Encyclopedia of Adolescence*. New York: Springer. 2011.

Neumark-Sztainer D. Obesity and body image in youth. In: Cash, Smolak. *Body Image*. 2nd ed. Guilford Publications. New York: Guilford Publications, 2011.

Neumark-Sztainer D. Prevention of eating disorders in children and adolescents. In: LeGrange, Lock, eds. *Handbook of Assessment and Treatment for Children and Adolescents with Eating Disorders*. New York: Guilford Publications, 2011.

Neumark-Sztainer D, Flattum C, Feldman S, Petrich C. Striving to prevent obesity and other weight-related problems in adolescent girls: The New Moves approach. In: O'Dea J, Eriksen M, eds. *Childhood Obesity Prevention-International Research, Controversies, and Interventions*. Oxford University Press, 2010.

Neumark-Sztainer D. Parenting teens with a healthy body and a healthy body image. In: Latzer Y, Merrick J, Stein D, eds. *Understanding Eating Disorders: Integrating Culture, Psychology and Biology*. New York: Nova Science, 2010.

Haines J, **Neumark-Sztainer D**. Psychosocial consequences of obesity and weight bias: Implications for interventions. In: Heinberg LJ, Thompson KJ. *Obesity in Youth: Causes, Consequences and Cures*. Washington, DC: American Psychological Association, 2009.

Bauer KW, Haines J, **Neumark-Sztainer D**. Obesity prevention: Strategies to improve effectiveness and reduce harm. In: Smolak L, Thompson JK. *Body Image, Eating Disorder, and Obesity in Youth* (2nd ed.), Washington, DC: American Psychological Association, 2009.

Sherwood NE, Story M, **Neumark-Sztainer D**, Bauer K. Behavioral risk factors for overweight and obesity: Diet and physical activity. In: Coulston AM, Boushey CJ, Eds. *Nutrition in the Prevention and Treatment of Disease* (2nd ed.) (pp. 431-456). New York: Academic Press, 2008.

Neumark-Sztainer D. How to write proposals and obtain funding. In: Monsen ER, Van Horn L. *Research: Successful Approaches* (3rd ed.) (pp. 39-49). Chicago: American Dietetic Association, 2008.

- Neumark-Sztainer D**, Eisenberg E. Weight bias in a teen's world. *In*: Brownell KD, Puhl RM, Schwartz MB. *Bias, Stigma, Discrimination, and Obesity*. California: Guilford Publications, Inc., 2005.
- Croll J, **Neumark-Sztainer D**. Nutrition counseling for anorexia nervosa, bulimia nervosa, and binge eating disorder. *In*: Brewerton T, Ed. *Clinical Handbook of Eating Disorders*. New York: Marcel Dekker, Inc., 2004.
- Neumark-Sztainer D**, Haines J. Psychosocial and Behavioral Consequences of Obesity. *In*: Thompson JK, Ed. *Handbook of Eating Disorders and Obesity*. New York: Wiley, 2004.
- Stang J, Story M, **Neumark-Sztainer D**. Special Issues in Adolescent Nutrition. *In*: Brown J, Murtaugh M, Isaacs J, Wooldridge N, Eds. *Nutrition Through the Lifecycle (with Info Trac)* 1st Edition. Wadsworth Publishing, 2002.
- Sherwood N, Story M, **Neumark-Sztainer D**. Behavioral Risk Factors for Obesity: The Influences of Physical Activity and Diet. *In*: Coulston A, Rock C, Monsen E, Eds. *Nutrition in the Prevention and Treatment of Disease*. (pp. 517-532). New York: Academic Press, 2001.
- Neumark-Sztainer D**, Moe J. Weight-related concerns and disorders among adolescents. *In*: Worthington-Roberts BS, Williams SR, Eds. *Nutrition Throughout the Life Cycle, 4th Ed.* (pp. 288-317). McGraw-Hill, 2000.
- Wright K, **Neumark-Sztainer D**. Guidelines for adolescent female nutrition and implications for women's health. *In*: Diamond MP, DeCherney AH, Eds. *Infertility and Reproductive Medicine Clinics of North America*. WB Saunders, PA. 11(2):199-227. April 2000.

Educational Materials:

- Neumark-Sztainer D**, Flattum C, Petrich C, Friend S, Story M, New Moves Girl Pages Curriculum. Minneapolis: Division of Epidemiology and Community Health, School of Public Health, University of Minnesota. 2009.
- Neumark-Sztainer D**, Flattum C, Petrich C, Friend S, Story M, Coller T, Rex J. New Moves Girl Pages Curriculum. Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN. 2007.
- Haines J, **Neumark-Sztainer D**, Solomon S. Very Important Kids Curriculum. Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN. 2005.
- Neumark-Sztainer D**. Preventing eating disorders and obesity: Incompatible or complimentary goals? Handout for National Eating Disorders Awareness Week 2004. National Eating Disorders Association. 2003.
- Neumark-Sztainer D**. Preventing eating disorders, promoting positive body images. Facilitator's Guide. Hazelden Foundation. 2003.
- Neumark-Sztainer D**, Story M, Jaffee L, Rex J, Coller T, Tharp T, Ackard D. *New Moves Student Journal*. Division of Epidemiology, School of Public Health, University of Minnesota, Minneapolis, MN. 2000.
- Neumark-Sztainer D**, Story M, Tharp T, Jaffee L, Rex J, Ackard D, Fedio G. *New Moves Teacher's Guide*. Division of Epidemiology, School of Public Health, University of Minnesota, Minneapolis, MN. 2000.
- Neumark-Sztainer D**, Harris T. Free to be Me: A Girl Scout badge (program) that helps young girls feel good about their body. 1996.
- Neumark-Sztainer D**. The Weigh To Eat: A high school program for the promotion of healthy eating habits and a positive body image. 1991 (Hebrew version); 1992 (English version).

Journal Articles (*peer-reviewed)

- *Watts A, Loth K, Berge J, Larson N, **Neumark-Sztainer D**. No time for family meals? Parenting practices may promote adolescent fruit and vegetable intake when family meals are not an option. Under Review.
- *Friend S, Horning ML, **Neumark-Sztainer D**, Fulkerson J. Family dinner food sources, food served at family dinner and associations with parent and child weight and dietary quality outcomes. Under Review.
- *Pisetsky EM, Loth KA, Crow SJ, **Neumark-Sztainer D**. Self-harm in adolescents: Prevalence and correlates in a population-based sample. Under Review.
- *Rodgers R, Watts A, Austin SB, Haines J, **Neumark-Sztainer D**. Disordered eating in ethnic/racial minority adolescents with overweight. Under Review.
- *Eisenberg ME, Larson NI, Gollust SE, **Neumark-Sztainer D**. What are we drinking? Healthy and unhealthy beverages shown in adolescents' favorite TV shows. Under Review.
- *Pacanowski C, Diers L, Crosby R, **Neumark-Sztainer D**. Yoga in the treatment of eating disorders within a residential program: A randomized controlled trial. Under Review.
- *Gietzen MS, Gollust SE, Linde JA, **Neumark-Sztainer D**, Eisenberg ME. A content analysis of physical activity in TV shows popular among Minnesota youth. Under Review.
- *Hu T, Jacobs DR, Larson NI, Cutler GJ, Laska MN, **Neumark-Sztainer D**. Higher diet quality in adolescence and dietary improvements are related to less weight gain during the transition from adolescence to adulthood. Under Review.
- *Loth KA, MacLehose R, Larson N, Berge JM, **Neumark-Sztainer D**. The role of different aspects of the family eating environment in adolescent dietary intake. Under Review.
- *Cook B, Loth K, Hannan P, **Neumark-Sztainer D**. Gender differences in physical activity habits and markers of psychosocial well-being of individuals that engage in home-based physical activity-based video game playing: Findings from a population-based study of adolescents. Under Review.
- *Trofholz A, Rowley SS, Tate AD, Draxten ML, Schulte AK, **Neumark-Sztainer D**, MacLehose R, Berge J. What's being served for dinner?: Associations between the healthfulness of family meals and child dietary intake. Under Review.
- *Garcia JM, Sirard JR, Larsen R, Bruening M, Wall M, **Neumark-Sztainer D**. Social and psychological factors associated with adolescent physical activity. Under Review.
- *Gao Z, Hannan P, Barr-Anderson DJ, Larson N, Thul C, **Neumark-Sztainer D**. Trajectories of physical activity, media use, and weight status from adolescence to young adulthood. Under Review.
- *Norris AL, **Neumark-Sztainer D**, Steffen LM, Metzger AM, Zhou X, Marlatt KL, Kelly AS. ADHD stimulant medications and dietary intake in children and adolescents. Under Review.

In Press and Published (439 peer-reviewed, 462 total):

2016

1. *Larson N, Miller J, Watts A, Story M, **Neumark-Sztainer D**. Adolescent snacking behaviors are associated with dietary intake and weight status. *Journal of Nutrition*. In Press.
2. *Eisenberg ME, Larson NI, Gollust SE, **Neumark-Sztainer D**. Snacking on TV: A content analysis of adolescents' favorite shows. *Preventing Chronic Disease*. In Press.
3. *Haynos AF, Watts AW, Loth KA, Pearson CM, **Neumark-Sztainer D**. Which factors predict escalation of restrictive eating during adolescence? *Journal of Adolescent Health*. In Press.
4. *Puhl RM, **Neumark-Sztainer D**, Austin SB, Suh Y, Wakefield DR. Policy actions to address weight-based bullying and eating disorders in schools: Views of teachers and school administrators. *Journal of School Health*. In Press.
5. *Vankim N, Porta CM, Eisenberg ME, **Neumark-Sztainer D**, Laska MN. Lesbian, gay, and bisexual college student perspectives on disparities in weight-related behaviors and body image: A qualitative analysis. *Journal of Clinical Nursing*. In Press.
6. *Mason SM, Bryn Austin S, Bakalar JL, Boynton-Jarrett R, Field AE, Gooding HC, Holsen LM, Jackson B, **Neumark-Sztainer D**, Sanchez M, Sogg S, Tanofsky-Kraff M, Rich-Edwards JW. Child maltreatment's heavy toll: The need for trauma-informed obesity prevention. *American Journal of Preventive Medicine*. 2016;50(5):646-649. doi: 10.1016/j.amepre.2015.11.004
7. *Fuglestad PT, Shim JJ, Eisenberg ME, **Neumark-Sztainer D**. Is friendship network weight status associated with one's own psychological well-being? It depends on one's own weight status. *Journal of Social and Clinical Psychology*. 2016;35, 401-424. doi: 10.1521/jscp.2016.35.5.401
8. *Watts AW, Mason S, Loth K, **Neumark-Sztainer D**. Socioeconomic differences in overweight and weight-related behaviors across adolescence and young adulthood: 10-year longitudinal findings from Project EAT. *Preventive Medicine*. 2016;87:194-199. doi:10.1016/j.ypmed.2016.03.007
9. *Watts AW, Loth K, Peterson C, Boutelle K, **Neumark-Sztainer D**. Characteristics of a favorable weight status change from adolescence to young adulthood. *Journal of Adolescent Health*. 2016;58(4):403-409. doi: 10.1016/j.jadohealth.2015.09.009.
10. *Lampard AM, MacLehose RF, Eisenberg ME, Larson NI, Davison KK, **Neumark-Sztainer D**. Adolescents who engage exclusively in healthy weight-control behaviors: Who are they? *International Journal of Behavioral Nutrition and Physical Activity*. 2016;13(1):5. PMC4714537
11. *Trofholz AC, Tate AD, Draxten ML, **Neumark-Sztainer D**, Berge JM. Home food environment factors associated with the presence of fruit and vegetables at dinner: A direct observational study. *Appetite*. 2016;96:526-532. PMC4684761
12. *Horning ML, Fulkerson JA, Friend SE, **Neumark-Sztainer D**. Associations among nine family dinner frequency measures and child weight, dietary, and psychosocial outcomes. *Journal of the Academy of Nutrition and Dietetics*. 2016;116(6):991-999.
13. *Tate AD, Trofholz A, Rudasill KM, **Neumark-Sztainer D**, Berge JM. Does child temperament modify the overweight risk associated with parent feeding behaviors and child eating behaviors?: An exploratory study. *Appetite*. 2016;101:178-183.
14. *Walton K, Kleinman K, Rifas-Shiman S, Horton N, Gillman MW, Field AE, Austin B, **Neumark-Sztainer D**, Haines J. Secular trends in family dinner frequency among adolescents. *BMC Research Notes*. 2016;9(1):35. PMC4722777
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GRANT SUPPORT

Currently Funded Grants

- Title: **EAT 2010-2018: A Longitudinal, Multi-Contextual Study of Weight-Related Problems**
Agency: National Institutes of Health, NHLBI
Amount: \$2,906,429
Purpose: This longitudinal study follows a diverse sample from adolescence to young adulthood to identify individual, family, friend, school/workplace, and neighborhood predictors of weight-related problems. Findings will be used to inform interventions to improve the weight-related health of young people from diverse socio-economic and ethnic/racial minorities who are at high risk for obesity.
Period: 1/25/2016-12/31/2019 (R01 HL127077-01)
Role: Principal Investigator
- Title: **Project EAT-IV: Eating and Activity in Adolescents and Young Adults**
Agency: National Institutes of Health, NHLBI
Amount: \$2,929,726
Purpose: This 15-year follow-up study of weight-related problems was designed to investigate the trajectories of these problems over time, their transmission from one generation to the next, and risk and protective factors to guide public health interventions
Period: 8/12/13-6/30/17 (R01 HL116892-0)
Role: Principal Investigator
- Title: **Addressing Unanswered Questions About the Home Environment and Childhood Obesity Disparities**
Amount: \$3,548,257
Agency: National Institutes of Health, NHLBI
Purpose: This two-phased incremental mixed-methods study will address unanswered questions related to the home environment and childhood obesity disparities.
Period: 12/1/14-11/30/19 (R01HL126171)
Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)
- Title: **Patterns of Adolescent Food Intake: Consequences and Contextual Influences**
Amount: \$50,000
Purpose: This study explores snacking patterns among adolescents from diverse backgrounds and findings will be used to guide interventions.
Period: 12/1/14-11/30/16
Role: Co-Investigator (Principal Investigator: Dr. Nicole Larson)
- Title: **Healthy Home Offerings via the Mealtime Environment (HOME) Plus**
Agency: National Institutes of Health, NICHD
Amount: \$2,131,894
Purpose: To test if an innovative family-based intervention that focuses on making healthful food changes, especially at family meals, and reducing screen time within the home can prevent children from gaining more weight than they need to as they grow.
Period: 7/1/10-6/30/16 (R01 DK084000)
Role: Co-Investigator (Principal Investigator: Dr. Jayne Fulkerson)
- Title: **Leadership Education in Adolescent Health**
Agency: Department of Health and Human Services, HRSA
Purpose: To improve the health and well-being of all adolescents through interdisciplinary training of health care professionals who will assume adolescent health leadership.
Period: 7/1/12-6/30/17 (T71-MC00006)
Role: Training Faculty/Co-Investigator (Principal Investigator: Dr. Michael Resnick)

Title: **Interdisciplinary Research Training in Child & Adolescent Primary Care, Ruth L. Kirschstein National Research Service Award (NRSA)**
Agency: HRSA, Bureau of Health Professionals Institutional Training Grants
Purpose: An interdisciplinary research training program developed to equip post-doctoral professionals in health-related fields with the capacity to conduct primary care research that advances evidence-based practices and policies for creating health equity and improving life trajectories of youth.
Period: 7/1/11-6/30/16 (T32-HP22239)
Role: Core Faculty (Principal Investigator: Dr. Iris Borowsky)

Title: **Minnesota Obesity Prevention Training (MnOPT)**
Agency: National Institutes of Health, NIDDK-Ruth L. Kirschstein National Research Service Award
Purpose: To provide training necessary to stop increases in obesity and to reverse current trends.
Period: 4/1/10-4/30/20 (T32-DL083250)
Role: Program Faculty/Mentor (Principal Investigator: Dr. Robert Jeffery)

Title: **Postdoctoral Training Grant in Eating Disorder Research**
Agency: National Institutes of Health
Purpose: To provide multidisciplinary advanced research training to doctoral graduates planning academic research careers in the area of eating disorders.
Period: 7/1/09-6/30/19 (T32-MH082761)
Role: Program Faculty (Principal Investigator: Dr. Scott Crow)

Title: **Public Health Nutrition Training Program**
Agency: Maternal and Child Health Bureau, Department of Health and Human Services
Purpose: To provide an educational program at the master's and doctoral level to prepare professionals for leadership roles in public health nutrition and to conduct research in relevant areas.
Period: 7/1/03 – 6/30/18 (T79 MC00007)
Role: Training Faculty (Principal Investigator: Dr. Jamie Stang)

Concluded Grants

Title: **Disparities in Risk and Protective Factors for Obesity in the Homes of Minnesota Adolescents**
Amount: \$70,000
Agency: Children's Discovery Fund, University of Minnesota
Purpose: To investigate ethnic/racial differences in home food and mealtime environments, physical activity and media environments, and general parenting/family factors in a local population of diverse adolescents.
Period: 7/1/13-6/30/15
Role: Co-Principal Investigator (with Dr. Marla Eisenberg)

Title: **All in the Family: Family Members' Weight and Weight-related Behaviors and Adolescent Obesity**
Agency: National Institutes of Health/NICHD
Amount: \$100,000
Purpose: Using data from two linked NIH R01's we investigate the relationship between multiple family members' weight and weight-related behaviors and adolescents' body mass index, dietary intake and physical activity.
Period: 7/13/13-4/30/15 (R03 HD074677)
Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)

Title: **Cooking with Kids in Rural Minnesota**
Agency: Clinical and Translational Science Institute
Purpose: To conduct an online survey at the Minnesota State Fair to identify unique issues rural families have regarding creating healthful home food environments and healthful family meals, and to assess their interest and potential barriers to the implementation of an adapted family-focused program to prevent childhood obesity.
Period: 3/01/14-2/28/15
Role: Co-Investigator (Principal Investigator: Dr. Jayne Fulkerson)

5/25/16

Title: **Risk and Protective Factors for Childhood Obesity in the Home Food Environment**
Agency: National Institutes of Health/NIDDK (R21)
Amount: \$275,000
Purpose: This study uses in-home observations (video-recorded family meals, home food inventory, interviews) of the home food environment to obtain a more comprehensive understanding of the risk and protective factors for childhood obesity in the home environment.
Period: 5/5/12-2/28/14
Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)

Title: **Sib-Works**
Agency: National Institute of Health/NHLBI (R56)
Amount: \$479,411
Purpose: An ancillary study to examine parent feeding behaviors with more than one child in the home
Period: 9/20/2013-8/31/2014
Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)

Title: **Umatter: Healthy Weight Management in Diverse Youth: A Health Care Home Approach**
Agency: Healthy Foods, Healthy Lives Inst., Dept. of Food Science, University of Minnesota
Amount: \$100,000
Purpose: To develop and test a novel paradigm for a family-based primary care approach to healthy weight management in underserved youth.
Period: 8/22/12-8/31/14
Role: Co-Principal Investigator (with Dr. Jerica Berge)

Title: **Social Networks, the Environment and Physical Activity**
Agency: National Institutes of Health, NICHD
Amount: \$388,602
Purpose: To provide a rich source of data on the complex social environments of adolescents, and how these social environments combine with the physical environments of adolescents and their friends to influence their physical activity and sedentary behavior.
Period: 9/30/10-7/31/13
Role: Co-Investigator (Principal Investigator: Dr. John Sirard)

Title: **Multilevel Latent Class And Social Network Models For Observational Adolescent Obesity Data**
Agency: National Institutes of Health, NICHD
Amount: \$975,218
Purpose: To develop and examine new statistical models and methods incorporating latent variables, social networks, and propensity scores that simultaneously incorporate multiple variables from multilevels of influence on adolescent obesity in order to inform a richer understanding of the phenomena.
Period: 8/10/09-7/31/13
Role: Co-Investigator (Principal Investigator: Dr. Melanie Wall)

Title: **Project EAT-III: Eating Among Teens and Young Adults**
Agency: National Institutes of Health, NHLBI
Amount: \$3,453,912
Purpose: To enhance our understanding of environmental, personal, and behavioral factors that influence weight status and related behaviors, including weight control behaviors, dietary intake, and physical activity, during adolescence and young adulthood.
Period: 9/1/07 – 5/31/13
Role: Principal Investigator

Title: **Intramural Award Program: Ten-year Secular Trends in Major Patterns of Dietary Intake in Adolescents**
Agency: Medica Research Institute
Purpose: This study aims to use the data-driven method of principal components factor analysis to examine 10-year secular changes in dietary patterns in two existing diverse adolescent datasets collected a decade apart.
Amount: \$23,477
Period: 01/01/2012 - 09/30/2012
Role: Co-Investigator (Principal Investigator: Dr. Gretchen Cutler)

Title: **Project F-EAT**
Agency: National Institutes of Health, NHLBI
Amount: \$1,474,445
Purpose: To explore how the familial and home environment of adolescents is related to adolescent weight status, body image, weight control practices, dietary intake, and physical activity. Information to be gained from Project F-EAT (Families and Eating and Activity in Teens) will inform the development of interventions to promote the weight-related health of young people.
Period: 8/15/09-7/31/12
Role: Principal Investigator

Title: **Adolescent Health Protection Research Training**
Agency: Centers for Disease Control and Prevention
Amount: \$3,592,289
Purpose: To develop, implement and evaluate a pre- and post-doctoral research training program that will prepare adolescent health scholars, in nursing, medicine, and public health nutrition, to conduct population-focused determinant and intervention research that addresses the current and emerging health issues of young people.
Period: 9/30/04-9/29/11
Role: Training Faculty (Principal Investigator: Dr. Lyn Bearinger)

Title: **New Moves: Obesity Prevention among Adolescent Girls**
Agency: National Institutes of Health
Amount: \$3,138,042
Purpose: To evaluate the impact of an innovative school-based program for inactive high school girls who are overweight or at risk for becoming overweight due to low levels of physical activity.
Period: 9/1/05-8/31/11
Role: Principal Investigator

Title: **A Theater-Based Obesity Prevention Program for Children**
Agency: National Institutes of Health
Amount: \$376,651
Purpose: To examine the feasibility and short-term effectiveness of an innovative theater program, *Ready. Set. ACTION!*, that reaches out to children and parents.
Period: 3/1/06-2/29/08
Role: Principal Investigator

Title: **Healthy Home Offerings via the Mealtime Environment (HOME)**
Agency: National Institutes of Health
Amount: \$411,125
Purpose: To develop and test the feasibility and acceptability of the Healthy Home Offerings via the Mealtime Environment (HOME) pilot program, an innovative home-based family meals intervention to prevent overweight among children.
Period: 3/15/06-2/28/08
Role: Co-Investigator (Principal Investigator: Dr. Jayne Fulkerson)

Title: **Do Family Meals Matter? A Five-Year Longitudinal Analysis of Associations between Family Meals and Behavioral, Psychosocial, and Physical Outcomes in Adolescents**
 Agency: General Mills
 Amount: \$124,998
 Purpose: To explore family meal patterns in the homes of adolescents and young adults
 Period: 4/1/06-8/31/07
 Role: Principal Investigator

Title: **Trial for Increasing Activity among Adolescent Girls (TAAG)**
 Agency: National Heart, Lung, and Blood Institute
 Amount: \$4,963,170
 Purpose: To increase physical activity among middle school girls
 Period: 9/29/00 – 9/28/06
 Role: Co-Investigator (Principal Investigator: Dr. Leslie Lytle)

Title: **Project EAT II – A Longitudinal Study**
 Agency: HRSA-Maternal and Child Health Bureau
 Amount: \$1,452,503
 Purpose: To examine tracking patterns and identify predictors of dietary intake among adolescents in a longitudinal study
 Period: 10/1/02-9/30/06
 Role: Principal Investigator

Title: **The Family Mealtime Environment of Families with 8-10 Year Old Children**
 Agency: University of Minnesota Obesity Prevention Center
 Amount: \$9,984
 Purpose: To develop and administer surveys to parents and 8-10 year old children, and to conduct descriptive analyses of the family mealtime environment
 Period: 7/1/05-6/30/06
 Role: Co-Investigator (Principal Investigator: Dr. Jayne Fulkerson)

Title: **An Examination of Adolescents Who Have Successfully Lost Weight and Maintained the Loss**
 Agency: University of Minnesota Viking Children's Fund
 Amount: \$49,964
 Purpose: To explore factors associated with successful weight loss in adolescents
 Period: 12/1/03-3/31/06
 Role: Co-Investigator (Principal Investigator: Dr. Kerri Boutelle)

Title: **Body Image Program**
 Agency: YMCA/Blue Cross Blue Shield Foundation
 Amount: Phase 1: \$38,287; Phase 2: \$150,400
 Purpose: To develop an intervention to improve body image and decrease weight-related disorders among elementary school children
 Period: 1/1/03 – 12/31/05
 Role: Principal Investigator

Title: **Behavioral Strategies to Prevent Osteoporosis in Girls**
 Agency: Department of Health and Human Services
 Amount: \$2,282,408
 Purpose: To assess the feasibility and effectiveness of a two-year behavioral program to increase calcium intake and physical activity among fifth-grade girls enrolled in the Girl Scouts program.
 Period: 4/1/99 – 3/31/04
 Role: Co-Investigator (Principal Investigator: Dr. Simone French)

Title: **Early Career Sabbatical Program**
Agency: Dannon Institute
Amount: \$50,000
Purpose: Assist with funding necessary for Dr. Neumark-Sztainer to enhance her knowledge and skills in the area of eating disorder/obesity prevention
Period: 7/1/03-6/30/04
Role: Award recipient

Title: **New Moves: A School-Based Approach Towards Healthy Lifestyle Promotion among Overweight Adolescent Girls**
Agency: American Heart Association
Amount: \$499,993
Purpose: To determine the feasibility of implementation and the effectiveness of a school-based program designed to promote increased physical activity, healthy eating behaviors, and a positive self-image among overweight adolescents.
Period: 1/1/99 – 12/31/02
Role: Principal Investigator

Title: **Unhealthy Weight-Control Behaviors: Prevalence and Etiology among Youth with Type 1 Diabetes (Phase I and II)**
Agency: Children's Hospital and Clinics
Amount: Phase I: \$37,722 Phase II: \$23,413
Purpose: To explore familial and other psychosocial determinants of unhealthy weight-control behaviors among adolescents with Type 1 Diabetes.
Period: 9/1/99-9/1/00 and 11/1/01 - 10/31/02
Role: Principal Investigator

Title: **National Study of Nutrition and Health**
Agency: Procter and Gamble (Funding Agency), Fred Hutchinson Cancer Research Center
Amount: \$3,121,662
Purpose: To examine consumption patterns of olestra-containing snack foods and associations with serum carotenoids and fat-soluble vitamins.
Period: 7/1/97 - 6/30/01
Role: Site Principal Investigator

Title: **Factors Associated with Nutritional Intake in Adolescents (Project EAT)**
Agency: Maternal and Child Health Bureau, Department of Health and Human Services
Amount: \$719,982
Purpose: To identify socio-environmental, personal, and behaviors factors associated with nutritional intake and weight status among adolescents as outlined in the Year 2000 Nutrition Health Status and Risk Reduction Objectives.
Period: 7/1/97 - 6/30/00
Role: Principal Investigator

Title: **Psychosocial Concerns among Overweight Adolescent Females**
Agency: University of Minnesota Grant-in-Aid of Research, Artistry, and Scholarship
Amount: \$29,586
Purpose: To explore issues of stigmatization and other psychosocial concerns among overweight Caucasian and African American overweight adolescent girls.
Period: 7/1/96-12/15/97
Role: Principal Investigator

Title: **The Prevention of Disordered Eating among Pre-Adolescent Girls**
Agency: Minnesota Medical Foundation
Amount: \$24,838
Purpose: To assess the feasibility and short-term impact of a program for pre-adolescent girls run within the Girl Scouts to help prevent unhealthy dieting and weight preoccupation
Period: 1/1/98-12/31/99
Role: Principal Investigator

Title: **School-Based Programs for Weight Control: A Needs Assessment**
Agency: American Heart Association
Amount: \$47,816
Purpose: To provide information for the development of a school-based obesity program.
Period: 7/1/96-6/30/99
Role: Principal Investigator

REVIEWS

Grant Reviews (selected)

2012 Grant Review, IWT: Innovation by Science and Technology in Flanders (Belgium)
2012 Grant Review, National Institute for Child Health and Human Development
2011 Grant Review, Danish Council for Strategic Research (DSF)
2010 Grant Review, University of Minnesota Division of Epidemiology & Community Health
2010 Grant Review, Academy for Eating Disorders
2009 Grant Review, Academy for Eating Disorders
2009 Grant Review, National Science Foundation
2009 Grant Review, Auckland Medical Research Foundation, Auckland, New Zealand
2008-2011 Grant Review, University of Minnesota Graduate School Grant-in-Aid
2002-2008 Grant Review, National Eating Disorders Association
2007 Grant Review, National Institutes of Health Center for Scientific Review
2006 Grant Review, Provincial Centre of Excellence for Child and Youth Mental Health at CHEO
2006 Grant Review, Melpomene Research Grants
2004 Grant Review, Children's Research Center of Michigan
2001 Grant Review, The Health Research Board, Dublin, Ireland
2001 Grant Review, Alberta Heritage Foundation for Medical Research, Edmonton, Alberta, Canada
1999 External grant reviewer for Department of Food Science and Nutrition, University of Minnesota
1999 Ad Hoc Grant Reviews, National Institutes of Health, Social Science, Nursing, Epidemiology and Methods Study Section (SNEM-1)
1999 Grant Review, Food Assistance and Nutrition Research Program, Economic Research Service, United States Department of Agriculture (USDA)
1999 Grant Review, Alberta Heritage Foundation for Medical Research, Edmonton, Alberta, Canada
1997 Grant review panel for Maternal and Child Health Bureau, U. S. Department of Health and Human Services *Girl Neighborhood Power* program

Editorial Boards

Eating Disorders: The Journal of Treatment and Prevention 2006-2010

Journal Reviews (selected)

American Journal of Health Promotion
American Journal of Preventive Medicine
American Journal of Public Health
Annals of Behavioral Medicine
Appetite
Applied Physiology, Nutrition and Metabolism
Archives of Pediatrics and Adolescent Medicine
Asia Pacific Journal of Clinical Nutrition
BMC Public Health
Body Image
Cognitive & Behavioral Practice
Eating Disorders: The Journal of Treatment and Prevention

Health Psychology
Health Education Research
International Journal of Behavioral Medicine
International Journal of Behavioral Nutrition and Physical Activity
International Journal of Eating Disorders
International Journal of Obesity
Journal of Abnormal Psychology
Journal of Adolescent Health
Journal of Health Psychology
Journal of Nutrition Education and Behavior
Journal of the American Dietetic Association
Journal of the American Medical Association
Obesity
Obesity Reviews
Pediatrics
Preventive Medicine
Pediatric Obesity
Public Health Nutrition
Sex Roles
Social Science and Medicine
The Gerontologist
Women & Health

PROFESSIONAL OUTREACH ACTIVITIES

Roles in Professional and Government Organizations

- 2013-2014 Member, Weight Stigma Stakeholders White House Working Group, Washington, D.C.
- 2013 Advisor, Setting Research Priorities: Obesity and other risk factors in adolescents for adult health and mortality, World Health Organization
- 2013-Present Member, Advisory Board, Advances in Eating Disorders: Theory, Research and Practice
- 2013 Member, Prevention Advisory Council, National Eating Disorders Association (NEDA)
- 2013 Member, Advisory Board, Eating and Weight Disorders – Studies on Anorexia, Bulimia, and Obesity (EWD)
- 2013-Present Member, International Association of Yoga Therapists
- 2013-Present Member-at-Large, Executive Committee, International Society for Behavioral Nutrition and Physical Activity (ISBNPA)
- 2012-2015 Member, Scientific Program Committee, International Society for Behavioral Nutrition and Physical Activity (ISBNPA)
- 2011-Present Member, Healthy Communities Study Observational Study Monitoring Board (OSMB)
- 2010-2012 Chair, Clinical and Scientific Advisory Council of the National Eating Disorders Association (NEDA)
- 2009-2012 Member, Society for Adolescent Health and Medicine Board of Directors (SAHM)
- 2009-Present Member, Scientific Advisory Board, Eating Disorders Coalition (EDC)
- 2009-Present Scientific Consultant, The Emily Program Foundation
- 2009-Present Member, International Society for Behavioral Nutrition and Physical Activity (ISBNPA)
- 2009-2012 Member, Scientific Committee, Academy for Eating Disorders (AED)
- 2008-2011 Member, Behavior Change Expert Panel National Bone Health Campaign, Office of Women’s Health, Department of Health and Human Services
- 2008-2009 Emily Project Board of Directors
- 2007-2010 Member, Society for Public Health Education (SOPHE)
- 2007 Expert Panelist, 2010 Physical Activity and Nutrition Study
- 2006-2013 Member, Deborah E. Powell Center for Women’s Health
- 2006-2008 Member, Task force for bridging clinicians and researchers, Academy for Eating Disorders (AED)
- 2005-2007 Member, Nominations Committee, Academy for Eating Disorders (AED)
- 2002-2005 Member, Teaching Day Committee, Academy for Eating Disorders (AED)
- 2001-2003 Chair, Fellowship Award Committee, Academy for Eating Disorders (AED)
- 2001-2013 Member, Research Committee, National Eating Disorders Association (NEDA)
- 2001-2010 Council Member, Clinical and Scientific Advisory Council of the National Eating Disorders Association (NEDA)
- 2001-Present Member, Eating Disorder Research Society (EDRS)
- 2001-2011 Girls and Obesity Steering Committee Member, Office on Women’s Health, Department of Health and Human Services
- 2001-2002 Leader, Significant Interest Group on Eating Disorders, Society for Adolescent Medicine
- 2001 Chronic illness/Disability Steering Committee. Office of Women’s Health, Department of Health and Human Services
- 2001-Present Member, National Eating Disorders Association (NEDA)
- 2000-2001 Member, Abstract Review Sub-committee, Society for Adolescent Medicine
- 2000 Member, Expert Panel, “Body Image Research Variable Consensus,” Curtin University of Technology, School of Public Health, Center for Health Promotion Research, Perth, West Australia
- 2000 National Institutes of Mental Health Roundtable on Prevention of Eating Disorders
- 2000-2003 Board Member-At Large, Academy of Eating Disorders (AED)
- 2000 Leader, Nutrition Significant Interest Group, Society for Adolescent Medicine
- 2000-2002 Editor, Society for Adolescent Medicine Newsletter

- 2000-Present Charter Member, Council on Nutrition, Metabolism, and Physical Activity, American Heart Association
- 1999-Present Member, Academy for Eating Disorders (AED)
- 1999-Present Member, Epidemiology Council for the American Heart Association
- 1999 National Committee Member, School Nutrition Panel, Health, Mental and Safety in Schools National Guidelines Project
- 1999-2003 National Committee Member, Advisory Committee for the National Eating Disorders Screening Program High School Component
- 1999-2003 Member, Melpomene Institute
- 1998 Reviewer, Bright Futures in Practice: Physical Activity, Maternal and Child Health Bureau, U.S. Department of Health and Human Services
- 1997-1998 Co-Leader, Nutrition Significant Interest Group. Society for Adolescent Medicine
- 1997-2002 Food First Coalition
- 1996-Present National committee member, Association of The Faculties of Graduate Programs in Public Health Nutrition
- 1996-2000 National committee member, Bright Futures: Nutrition Practice Guidelines, Maternal and Child Health Bureau, U.S. Department of Health and Human Services
- 1996-Present Member, American Public Health Association (APHA)
- 1996-Present Member, Society for Adolescent Health and Medicine (SAHM)
- 1994-Present Member, Society for Nutrition Education and Behavior (SNEB)
- 1989-1995 Israeli Association of Health Educators (Founding member and treasurer, 1989)
- 1982-1995 Israeli Association of Dietitians

Community Work and Consultations

- 2014 Participant in local activities by MAZON: A Jewish Response to Hunger
- 2014-Present Yoga instructor at The Emily Program: lead classes for clients with eating disorders.
- 2013 Consultant and Advisory Board, *Body Mass Index Screening*, University of California - Berkeley
- 2013 Volunteer yoga class to victims of sexual trauma, Rape and Sexual Abuse Center, Neighborhood Improvement Program
- 2012-2013 Consultant, Teen HEED Study, Mount Sinai School of Medicine
- 2010-present Expert Advisory Panel Member, Transdisciplinary Training Initiative in Prevention of Eating Disorders (TransTiPED), Harvard School of Public Health and Children's Hospital Boston
- 2010-2011 Best Bones Forever, U.S. Department of Health and Human Services, Office on Women's Health
- 2009-2012 Professional Advisory Council for A Chance to Heal Foundation
- 2007-2011 Expert Advisory Board Member for New Moon Magazine
- 2006 Expert Panelist for Keystone Center Youth Policy Summit on Adolescent and Childhood Nutrition in America's K-12 Schools, Keystone, Colorado
- 2002 Subject matter expert for Hazelden for production of eating disorders prevention movie
- 2001 Consultant for NIH grant proposal on eating disorders prevention (Project PATH: Health promotion through system change) from University of Arizona (PI: Catherine Shisslak)
- 1999 Research assessor for Victorian Health Promotion Foundation, South Australia
- 1999 Consultant, *Body Image Day*, Jewish Community Center of St. Paul, MN
- 1997 Consultant on *Project Reach* at the Allina Foundation
- 1997 Development of an eating disorder prevention program for pre-adolescents in conjunction with the Bloomington Health Department, MN
- 1996 Provided assistance in developing an after-school program for the promotion of healthy eating and exercise among pre-adolescent girls.
- 1996 University of Minnesota spokesperson for the Milk Mustache Campaign
- 1996-2000 Organize weight control programs for overweight youth at Highland High School, St. Paul, MN

- 1996-2000 Committee member, Task force for Minnesota Food and Nutrition Network
 1996-2000 Committee member, Needs Assessment Working Group of Minnesota Food and Nutrition Network

Community Presentations (selected)

- 2013 Heilicher Minneapolis Jewish Day School: *“I’m, Like, SO Fat!” Making healthy choices about eating and exercise in a weight obsessed world.*
- 2010 Eating Disorders Journal Club: *Project EAT-III: Study design and research opportunities*
- 2009 University of Minnesota Cystic Fibrosis Foundation: *Eating in a weight-obsessed world: helping your child have a healthy body image and a healthy weight*
- 2008 Jewish Community Conference on Mental Health: *Preventing weight-related problems in teens*
- 2008 Edina Parent Communication Network: *Eating in a weight-obsessed world: helping your child have a healthy body image and a healthy weight*
- 2007 St. Paul Public Schools: *I’m, Like, SO FAT! Helping your teen make healthy choices about eating and exercise in a weight obsessed world.*
- 2006 Jewish Family and Children’s Service of Minneapolis: *Preventing the broad spectrum of weight-related problems: Working with parents to help their teens achieve a healthy weight and a positive body image*
- 2006 St. Louis Park High School, St. Louis Park, MN: *Who is to blame for the increase in obesity prevalence?*
- 2006 Conversations of the Valley, Stillwater, MN: Presentation: *“I’m, Like, SO Fat!” Making healthy choices about eating and exercise in a weight obsessed world.*
- 2005 AFFIRM Event, St. Louis Park, MN: Presentation: *Helping your teen make healthy choices about eating and exercise in a weight obsessed world.*
- 2005 Talmud Torah, St. Paul, MN: Presentation: *Body image and the media.*
- 2004 Minnesota Food and Nutrition Network, St. Paul, MN: Presentation: *Project EAT: Eating Among Teens.*
- 2004 Center for Health Education, Kupat Holim Clalit. Tel Aviv, Israel. Presentation: *Preventing obesity and eating disorders in children and adolescents.*
- 2003 Pilot City Health Center: Presentation: *Working with overweight teenagers: New Moves*
- 2003 Methodist Hospital Eating Disorder Institute: Presentation: *Can we simultaneously work toward the prevention of obesity and eating disorders?*
- 2003 Discussion leader on integrating eating disorder and obesity prevention, Center for Excellence for Eating Disorders at the Royal Melbourne Hospital, Melbourne, Australia.
- 2003 St. Paul Children’s Hospital, Presentation: *Disordered Eating Behaviors among Adolescents with Type 1 Diabetes*
- 2002 St. Paul Children’s Hospital, Presentation: *The AHEAD study: Assessing Health and Eating among Adolescents with Diabetes*
- 2002 The 2002 AFFIRM Program, National Council of Jewish Women, Greater Minneapolis Section. *“The Problem with Perfect.” A special event for 5th-9th grade girls and the adults in their lives*
- 2002 Workshop for Affirm: Adolescent Females: *Finding Identity, Respect and Merit 5+5 isn’t the only way to be a ‘10’*
- 2001 Lecture for University of Minnesota dietitians and dietetic interns: *Preventing weight-related disorders: School and community based approaches*
- 1998 Adolescent Health Collaborative, St. Paul Public Health Center, St. Paul, MN. Invited speaker: *Ongoing activities in adolescent nutrition in Minnesota*
- 1997 Board of Directors Meeting, American Heart Association, Minnesota Affiliate. Minneapolis. Invited speaker: *School-Based programs addressing weight-related disorders: A needs assessment*
- 1996 North St. Paul Public Schools. Assembly lectures for fifth graders about research project funded by the American Heart Association

- 1996 Workshop for St. Paul Public School District Health and Physical Education Teachers. *School-based prevention of eating disturbances*
- 1996 Presentation to Minneapolis Public School District Teachers. *The Weigh to Eat: Prevention of eating disturbances, unhealthy dieting, and obesity*
- 1995–2013 Lectures and committee work in local elementary and high schools for health, nutrition and youth development topics
- 1995 Lecture—Hillel: *Dieting among adolescent girls in Israel: Is it an issue?*

Media Interviews (selected)

- 2014 Yoga Journal: *Yoga's Shadow Side*.
- 2013 New York Times: *Fat and Thin Find Common Ground*.
- 2013 Minneapolis Star Tribune: *New Weight worry: Low-income boys*.
- 2013 Chicago Tribune: *BMI measuring in schools proves weighty issue: Some parents argue that fat measure can have negative effect on students' self esteem*.
- 2013 Boston Globe: *Getting through to your kids in the digital age: How smartphones, family dinners, and admitting you don't know everything can help you connect*.
- 2012 Time Magazine: *Muscle madness: More teens are bulking up*.
- 2012 New York Times front page: *Muscular body image lures boys into gym, and obsession*.
- 2012 Minneapolis Star Tribune: *Time erodes family dinner habits for low-income Minnesotans*.
- 2012 Minneapolis KFAI Radio Interview: *Secular changer over time in family meals*.
- 2012 Public Radio Exchange Food Sleuth Radio: *Interview regarding prevention of eating disorders*
- 2012 Minneapolis Star Tribune: *Unhealthy teen dieting chapter 2: signs of progress in today's youth*
- 2012 Fox 9 News Twin Cities: *Secular trends in weight outcomes among adolescents*
- 2012 Minnesota Public Radio All Things Considered: *Secular trends in weight outcomes among adolescents*
- 2012 Minneapolis Star Tribune: *Teens' fad diets can lead to putting on weight later*
- 2012 MinnPost: *U of M study: Dieting isn't the answer to teen obesity (and the Georgia ad campaign isn't, either)*
- 2011 Minnesota Women's Press: *I'm, Like, SO FAT!*
- 2011 Finger Lakes Health: *TV: A sneaky part of the food pyramid*
- 2010 Delta Sky Magazine: *Childhood Obesity*
- 2010 Fox 9 News: *Parents' Dieting, Comments May Contribute to Eating Disorders in Girls*
- 2010 Costco Connection Magazine: *Weighty Matters*
- 2010 Radio Health Journal: *Psychology of Childhood Obesity*
- 2010 PychCentral.com: *Weightless*
- 2010 Minnesota Public Radio: *Healthier lives can start with family meals*
- 2009 CNN Fit Nation: *Childhood obesity*
- 2009 New York Times: *The guilt-trip casserole: The family dinner*
- 2009 Time Magazine: *Obesity and Social Networks*
- 2009 Newsweek: *Rethinking the Freshman 15*
- 2009 Fitness Magazine: *Nutritional challenges for women in their 20s*
- 2008 Reuters: *'Do more, talk less' to help heavy teens slim down*
- 2008 Kare 11 TV: *'Diet' backfires with kids*
- 2008 CBS Network Radio: *Accurate Parental Classification of Overweight Adolescents' Weight Status: Does it matter?*
- 2008 Star Tribune: *There's one thing you should never tell overweight teens*
- 2008 Cooking Light: *Family Meals in the Homes of Teens*
- 2008 BBC Documentary: *Teen dieting*
- 2008 National Public Radio: *The Family Dinner Deconstructed*
- 2007 U.S. News & World Report: *How to win the weight battle: Tackling obesity the wrong way makes matters worse. Here's a right way*
- 2007 U.S. News & World Report: *Should kids be warned about the dangers of obesity?*
- 2007 Newsweek: *Why women lose weight—or don't*
- 2007 Washington Post Lean Plate Club: *Making meals a family affair*

- 2007 KYFR Family Radio: *Body image of girls across America*
- 2006 New York Times: *104 teenagers who are role models for weight loss*
- 2006 Reuters: *Self-weighing in adolescents: Helpful or Harmful?*
- 2006 Associated Press: *Self-weighing in adolescents: Helpful or Harmful?*
- 2006 Associated Press: *Survey shows increase in diet pill use among teen girls*
- 2006 Washington Post Online Chat: *Parenting and preventing eating disorders*
- 2006 Daughters Newsletter: *Fat talk amid obesity*
- 2006 WFMP Radio: *Helping Your Teen Make Healthy Choices about Eating and Exercise in a Weight Obsessed World*
- 2006 University of Minnesota Discovery Campaign: *What's the best thing we can do for our kids? (Pioneer Press, Star Tribune, Minnesota Monthly)*
- 2006 CNN: *Eating disorders in teen girls*
- 2006 CNN: *Teenage Eating Behaviors*
- 2006 CNN: *Girls & Diets*
- 2006 CNN: *Male Eating Disorders*
- 2006 CNN The Glenn Beck Show: *Family Meals in the Homes of Teens*
- 2006 Washington Post: *Rising to the Family Challenge*
- 2006 Washington Post Lean Plate Club: *Childhood struggles over food can have a lifelong impact*
- 2006 Seventeen Magazine: *Body image in adolescent girls*
- 2005 Minneapolis/St. Paul: *Through Thick and Thin*
- 2005 NBC Kare 11: *Teens and Body Image*
- 2005 Minnesota Monthly: *Eating disorder and obesity prevention in adolescents*
- 2005 Boston Globe: *Family meals in the homes of teens*
- 2005 USA Today: *Steroid use in adolescents*
- 2005 Minnesota Monthly: *Physical activity in adolescents and young women*
- 2005 USA Today: *Eating disorder and obesity prevention in adolescents*
- 2005 Minneapolis/St. Paul: *Eating disorder and obesity prevention in adolescents*
- 2005 J-14: *Teens, food and weight*
- 2005 Eating Well: *Family meals in the homes of teens*
- 2005 The Daily Herald (Seattle): *Obesity prevention programs in schools*
- 2004 Para Ti (Argentina): *Family meals and disordered eating in teens*
- 2004 Radio City, BBC Radio (Ecuador): *Family meals and disordered eating in teens*
- 2004 Philadelphia Inquirer: *Family meals and disordered eating in teens*
- 2004 ABC Radio (Australia): *Family meals and disordered eating in teens*
- 2004 Kanal 24 Radio (Norway): *Family meals and disordered eating in teens*
- 2004 Star Tribune: *Pass the beans, and well-being, Study: Family meals make healthy teens*
- 2004 Reuters.com: *Many dieting girls short on vital nutrients*
- 2003 Shape Magazine interview: *Fruit and vegetable intake in teens and adults*
- 2003 'O' Magazine interview: *Eating disorder prevention: What works?*
- 2003 National Public radio interview: *Talk of the Nation. Obesity and weight-teasing.*
- 2003 National Radio (Australia) interview: *Preventing eating disorders and obesity in children and teens*
- 2003 Herald Sun Newspaper (Melbourne, Australia) interview: *Preventing eating disorders and obesity in children and teens*
- 2003 New York Times newspaper interview: *How to talk to teenage girls about weight? Very carefully*
- 2002 Self magazine interview: *Eating disorders and obesity*
- 2002 Reuters.com interview: *Adolescent nutrition and obesity: Comparison with Healthy People 2010 Objectives*
- 2001 Elle magazine interview: *EDNOS among women*
- 2000 Montel Williams television show expert panel member: *Adolescent obesity: New Moves*
- 2000 New York Times newspaper interview: *Body image among adolescent girls: Free to be Me*
- 1999 WCCO radio interview: *Eating healthful foods at the State Fair*
- 1999 Minnesota Women's Press newspaper interview: *Teen girls make "New Moves" to healthier habits*
- 1998 KARE television interview: *Healthy eating during the holidays*
- 1998 Bloomington Cable Access television program on *Food, Fun, and Fitness: A Girl Scout Program*

- 1998 KSTP television interview: *The changing Barbie doll and its impact on body image*
- 1997 KTCA/KTCI television. Panelist on *Health Talk and You* program on eating disorders
- 1997 WCCO television interview: *Weight management among youth*
- 1997 WCCO television interview: *Preparing healthy lunches for school children*
- 1996 MPR radio interview: *Chronic illness and disordered eating*

UNIVERSITY ACTIVITIES

University of Minnesota Committees

Division of Epidemiology and Community Health Committees (selected)

- 2013-present Mentoring team member to BIRCWH Scholar Program
- 2014-2015 Member, Public Health Nutrition Curricula/Credentials Committee
- 2011-2012 Chair, Hawley Research Awards Committee
- 2010-2012 Member, Faculty Executive Committee
- 2010-2011 Member, PhD Student Annual Review Committee
- 2010-2011 Member, Hawley Research Awards Committee
- 2009 Chair, Search Committee, Assistant Education Specialist
- 2008-2009 Member, Epidemiology PhD Credentials/Curricula Committee
- 2007 Chair, Search Committee, Research Associate
- 2006 Chair, Search Committee, Faculty Position
- 2005-2006 Member, Public Health Nutrition Curriculum Review/Credentials Committee
- 2004-2005 Member, PhD Exam Committee
- 2004-2012 Member, Public Health Nutrition Admissions Committee (also 1996-1999)
- 2004-2005 Member, Public Health Nutrition Recruitment Strategies Committee
- 2000-2003 Member, Public Health Nutrition Curriculum Review/Credentials Committee
- 2000-2003 Member, Division and Training Committee (DTC)
- 2000-2003 Chair, Public Health Nutrition Admissions
- 1999-2000 Chair, Student Research Awards Committee
- 1999 Chair, Search Committee, Research Associate for Nutrition Studies
- 1998 Chair, Search Committee, Public Health Specialist
- 1997 Member, Community Health Education Admission Committee
- 1996-2003 Member, Public Health Nutrition Recruitment Strategies Committee
- 1996-2001 Member, Public Health Nutrition Comprehensive Exam Review Committee
- 1995-1998 Member, Student Research Awards Committee
- 1995-1998 Member, NCC Advisory Board (Chair, 1997-98)

Other University Committees

- 2010-2012 Member, Research and Scholarship Advisory Panel, Office of the Vice President for Research
- 2010-2011 Member, Search Committee, Exercise Physiology Faculty
- 2008 Member, Search Committee, Division Head, Division of Biostatistics
- 2006-2008 Member, Academic Health Center Promotion and Tenure Committee
- 2002-2003 Chair, Educational Policy Council (EPC)
- 2000-2003 Member, Education and Policy Council, School of Public Health
- 1999 Member, Planning Committee for Social and Behavior Core Course, School of Public Health
- 1999 Member, Advisory Board, Konopka Institute for Best Practices in Adolescent Health
- 1998 Member, Academic Promotions and Tenure Ad Hoc Committee, School of Public Health
- 1997-1999 Member, Diversity Committee, School of Public Health
- 1995-1996 Member, Search Committee for Statistician in General Pediatrics and Adolescent Health
- 1995-1996 Member, Planning Committee, Conference: Obesity Prevention and Treatment in Childhood and Adolescence
- 1995-1996 Member, Planning Committee, Conference: Foodways II: Working with Foods and Wellness across Cultures
- 1995-1996 Member, Advisory Board, Preventing Eating Disorders among Children and Youth, University of Minnesota Extension Service
- 1995-1996 Member, Advisory Board, The Development of Weight Control Summer Programs for Low-Income Youth, University of Minnesota