

National Couples' Health and Time Study Follow-Up Survey

Do you consent to participate in this survey?

- a. I consent
- b. I do not consent [TERMINATE]
- c. I don't know [TERMINATE]

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Q1 Many relationships and marriages change over time. Since you completed the National Couples' Health and Time Study on [insert survey date from sample file], has your relationship with your spouse/partner changed in any of the following ways? (select all that apply)

- 1 My relationship with my spouse/partner ended (break-up, divorce, etc.) and I am currently single
- 2 My relationship with my spouse/partner ended (break-up, divorce, etc.) and I am in a new relationship
- 3 My spouse/partner and I are no longer living together but are still in a relationship
- 4 My partner/boyfriend/girlfriend and I got married
- 5 My spouse/partner passed away
- 6 My relationship with my spouse/partner has not changed

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Programmer: If code 1 in MARITAL (from sample file) AND code 1, 2, 3, or 5 in Q1, show this display text with Q33:

Q33_DISPLAY:

Please think about the spouse you were married to when you completed the National Couples' Health and Time Study on [insert survey date from sample file].

If code 1 in MARITAL (from sample file) or code 4 in Q1 ask:

Q33_21 When were you and your spouse legally married? (programmer – insert drop-downs for month and year)

Q33_21_1 Month

Q33_21_2 Year

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Please imagine a ladder with steps numbered from zero at the bottom to ten at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you.

Q4 On which step of the ladder would you say you personally feel you stand at this time?



Q5 On which step do you think you will stand about five years from now?



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Ask Q17_1 thru Q21 if in a relationship (not asked if Q1 = only 5 and/or 1)

For this next set of questions, please think about your relationship with **your current spouse/partner**.

Q17_1 Please indicate the level of happiness, all things considered, in your relationship.

- 1 Extremely unhappy
- 2 Fairly unhappy
- 3 A little unhappy
- 4 Happy
- 5 Very happy
- 6 Extremely happy
- 7 Perfect

Q19 I have a warm and comfortable relationship with my spouse/partner:

- 1 Not at all true
- 2 A little true
- 3 Somewhat true
- 4 Mostly true
- 5 Almost completely true
- 6 Completely true

Q20 How rewarding is your relationship with your spouse/partner?

- 1 Not at all rewarding
- 2 A little rewarding
- 3 Somewhat rewarding
- 4 Mostly rewarding
- 5 Almost completely rewarding
- 6 Completely rewarding

Q22 In general, how committed are you to your current spouse/partner?

- 1 Not at all committed
- 2 A little committed
- 3 Somewhat committed
- 4 Mostly committed
- 5 Almost completely committed
- 6 Completely committed

Q21 In general, how satisfied are you with your relationship?

- 1 Not at all satisfied
- 2 A little satisfied
- 3 Somewhat satisfied
- 4 Mostly satisfied
- 5 Almost completely satisfied
- 6 Completely satisfied

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Q54 The next questions are about how you feel about different aspects of your life. For each one, report how often you feel that way.

In the past 7 days, how often have you been bothered by the following problems?

- 54A How often did you feel that you lacked companionship?
- 54B How often did you feel left out?
- 54C How often did you feel isolated from others?

- 1 Never
- 2 Rarely
- 3 Sometimes
- 4 Often
- 5 Very often

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Q55 Below is a list of the ways you might have felt or behaved. How often have you felt this way in the past 7 days?

- 55A I was bothered by things that don't usually bother me
- 55B I had trouble keeping my mind on what I was doing
- 55C I felt lonely
- 55D My sleep was restless
- 55E I felt depressed
- 55F I felt like everything I did was an effort
- 55G I felt hopeful about the future
- 55H I felt fearful
- 55I I was happy
- 55J I could not get "going"

- 1 Rarely or none of the time (Less than 1 day)
- 2 Some or a little of the time (1-2 days)
- 3 Occasionally or a moderate amount of time (3-4 days)
- 4 Most or all of the time (5-7 days)

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Q56 In the past 7 days, how often have you been bothered by the following problems?

- 56A Feeling nervous, anxious or on edge
- 56B Not being able to stop or control your worrying
- 56C Worrying too much about different things
- 56D Trouble relaxing
- 56E Being so restless that it is hard to sit still
- 56F Becoming easily annoyed or irritable
- 56G Feeling afraid as if something awful might happen

- 1 Not at all
- 2 Several days
- 3 More than half the days
- 4 Nearly every day

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Q57 In the past 7 days, how often have you felt:

- 57A Overwhelmed by your responsibilities
- 57B That there wasn't enough time to get to everything
- 57C Like nothing was going right
- 57D Like you were rushed
- 57E Like there was no escape
- 57F Like things kept piling up
- 57G Like just giving up

- 1 Never
- 2 Rarely
- 3 Sometimes
- 4 Often
- 5 Very often

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GALCOV2 To what extent has your life been affected or disrupted by the coronavirus situation?

- 1 Not at all
- 2 Not much
- 3 A fair amount
- 4 A great deal

STRESS3 How stressed are you about the following?

- STRESS3_A Getting coronavirus
- STRESS3_B My spouse or partner getting coronavirus
- STRESS3_C My children getting coronavirus
- STRESS3_D My parents, siblings, or other family members getting coronavirus

- 1 Not at all stressed
- 2
- 3
- 4
- 5 Very Stressed
- 99 Does not apply (do not have children) [ONLY APPEAR FOR **STRESS3C**]

100 Does not apply (not in a relationship) [ONLY APPEAR FOR **STRESS3B**]

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Programmer: If code 99 or missing in STRESS3_C, do not ask HHR23
HHR23 How stressful is/are your relationship(s) with your child/children?

- 1 Not stressful at all
- 2
- 3
- 4
- 5 Very stressful
- 99 Does not apply