

# Zhou Haoran

*Department of Family Social Science  
1985 Buford Avenue  
St. Paul, MN, 55108  
Tel: 267-206-1206  
Email: zhou1832@umn.edu*

## Educational

---

**Ph.D. Couple and Family Therapy, University of Minnesota-Twin City, St. Paul, Minnesota**

Advisor: Lindsey Weiler

Expected Completion: May, 2026

**M. Phil. Professional Counseling, University of Pennsylvania, Philadelphia, Pennsylvania, 2021**

**M. Ed. Counseling and Mental Health Services, University of Pennsylvania, Philadelphia, Pennsylvania, 2020**

**B. Ed. Applied Psychology, Central China Normal University, Wuhan, China, 2019**

**Exchange Student, Applied Psychology, University of California, Berkeley, Berkeley, California, 2017**

## Dissertation

---

## Research Experiences

---

**Research Assistant, University of Minnesota, St. Paul, MN. 2022-**

**Project:**

- Autism Mentoring Program
- Fostering Health Future-Adversity Conceptualization for teenagers in foster care

Supervisor: Lindsey Weiler, Associate Professor

**Research Assistant, University of Pennsylvania, Philadelphia, PA. 2019-2021**

**Project:**

- How Childhood Maltreatment Predicts Future Alexymia: A Meta-Analysis
- The Impact of Everyday Discrimination on Adolescents' School-Related Problem Behaviors
- ICD-11 PTSD and Complex PTSD in adolescents exposed to maltreatment

Supervisor: Sara Jaffee, Professor

**Undergraduate Research Assistant, Central China Normal University, Wuhan, China. 2017-2019**

**Project:**

- Inventory of Parent and Peer Attachment (IPPA): Confirmatory Factor Analysis of Structure in Chinese Adolescents and Measurement Invariance Across Age
- The Influence of Interpersonal Touch on the Prosocial Behavior of Adults with Different Attachment Styles

Supervisor: Qiwu Sun, Associate Professor

## Clinical Practice

---

**Clinical Therapist, RS Eden, Minneapolis, MN, 2023-**

- Providing Individual and Family therapy services
- Leading men's addiction recovery group at residential facility

**Clinical Therapist, Minnesota Trauma Recovery Institute, Minneapolis, MN, 2022-2023**

- Providing Individual and Family therapy services

**Leader of group counseling section, FindSelf Online Counseling Platform, 2021-**

- Individual counseling for Clients from China
- Planning and leading online psychoeducation group (e.g., stress management and parent-child relationships, etc.)
- Designing and recoding materials regarding mental well-being for online podcast

**Full-time Outpatient Therapist, Intercultural Family Service, Philadelphia, PA, 2021**

- Provided individual behavioral health services to clients suffering with mental concerns
- Conducted emotional/ behavioral assessment to clients and assisted the psychiatrist in making diagnosis
- Delivered family therapy services for minority adolescents and their families

**Intern school counselor**, High school of Creative and Performing Art, Philadelphia, PA, 2020-2021

- Provided individual counseling sessions for 9th – 12th grade students
- Facilitated emotion regulation counseling group for students with conduct issues
- Delivered college and career psychoeducation classes for 12th grade students
- Collaborated with parents and teachers to make 504 and IEP plans

**Intern therapist of Student and Family Counseling Program**, TECH Freire High School, Philadelphia, PA, 2019-2020

- Provided emotional support counseling sessions for 11th grade IEP students
- Conducted walk-in counseling sessions for 9th – 12th grade students
- Facilitated “Boy-Power” group counseling sessions surrounding conduct regulation

**Intern Mental Health Teacher**, No. 1 Middle School Affiliated to Central China Normal University, Wuhan, China, 2018

- Provided individual counseling sessions for students need support
- Delivered psychoeducation classes for 7th – 8th grade students
- Facilitated psychodrama groups for students with conduct issues

## Publications

---

Khan, A., Islam, S., **Zhou, H.**, Caton, M., & Jaffee, S., (2020, Nov). *The Impact of Everyday Discrimination on Adolescents' School-Related Problem Behaviors: A Moderated Mediating Model* [Paper presentation], Conference of Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Weiler, L. M., Hanson, A., **Zhou, H.**, Busse, C., & Aronson, E. (2023, April). *Supplemental mental health care for adolescents: The acceptability of youth mentoring*. Poster presented at the Society for Research on Adolescence annual meeting. San Diego, CA.

Weiler, L. M., He, Y., & **Zhou, H.** (2023, April). *Tending to youth mentoring relationships during the national mental health crisis*. Presentation at the Child and Adolescent Mental Health Conference with the Minnesota Association for Children's Mental Health, Duluth, MN.

Simpson, J., Wang, G., Wojciak, A., Diaz, A., Driscoll, J., & **Zhou, H.** (2023, Nov). *What is useful for sibling interventions in foster care? Perspectives and ideas from those with former foster care experience* [Poster presentation]. 2023 NCFR Annual Conference, Orlando, FL, United States.

**Zhou, H.**, Sun, Q., & Du, S. (2023, Nov). *Attachment Nuances of Chinese Young Adolescents: Factorial Validity and Measurement Invariance of Inventory of Parent and Peer Attachment-Revised (IPPA-R)*. [Paper Symposium]. 2023 NCFR Annual Conference, Orlando, FL, United States.

**Haoran Zhou & Qiwu Sun (Under Review)** Inventory of Parent and Peer Attachment (IPPA): Confirmatory Factor Analysis of Structure in Chinese Adolescents and Measurement Invariance Across Age, *Personality and Individual Difference*

## Honors

---

Merit Award Scholarship, Graduate School of Education, University of Pennsylvania, Philadelphia, PA, 2020

Outstanding Graduates of CCNU, Central China Normal University, Wuhan, China, 2019

## Professional Memberships

---

Minnesota Association for Marriage and Family Therapy

American Association for Marriage and Family Therapy

## Other Skills

---

Computer Skills: Microsoft Software, SPSS, M-plus -- Proficient

E-prim, Amos, R Studio -- basic programming