

Thank you for  
joining us!



NCHAT

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National Couples'  
Health & Time Study

We will start at  
11am CST

# Getting Started with NCHAT Webinar

Dr. Claire Kamp Dush, Co-PI

Dr. Wendy Manning, Co-PI

The National Couples' Health and Time Study (1R01HD094081-01A1; 1U01HD108779; 1R03HD107126-01) is funded by the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) of the National Institutes of Health (NIH).

# Hello from the NCHAT Webinar Team!



**Claire Kamp Dush**, NCHAT Co-Principal Investigator

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**David Van Riper**, Director of Spatial Analysis

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**John Marcotte**, Project Director  
*ICPSR, Data Sharing for Demographic Research*



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We would also like to thank significant contributors including:

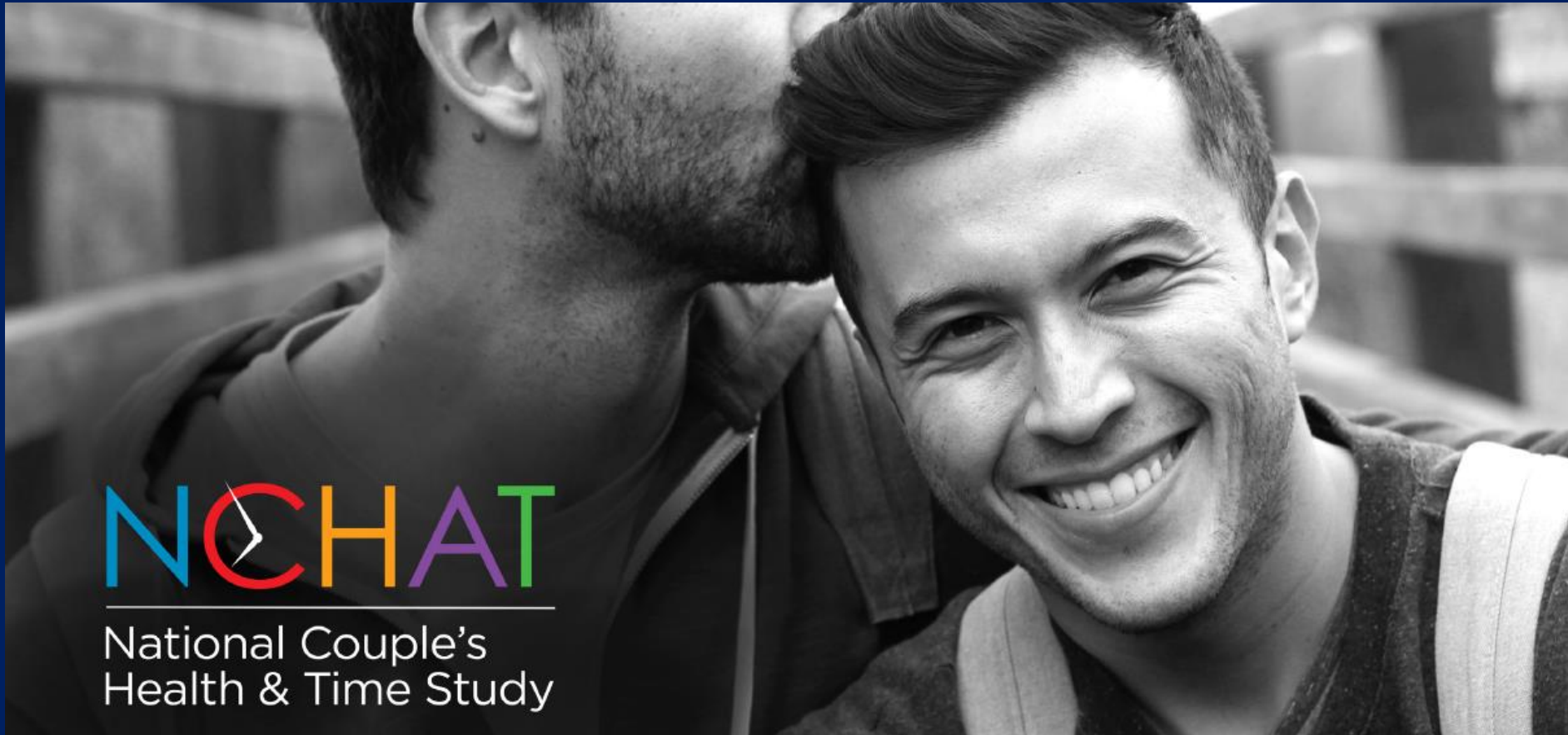
- *The NCHAT Advisory Board:* Wendy Manning, Gary Gates, JaNelle Ricks, Carla Pfeffer, Ben Karney, Elizabeth Cooksey, Sarah Flood, Liana Sayer, Rin Reczek, & Hui Zheng
- *Post-Docs, Graduate Students, & Undergraduates:* Alexandra VanBergen, Miranda Berrigan, Patricia Pittman, Autumn Bermea, Maya Dennis, Julia Applegate, Lawrence Stacey, Luther Young, Jessica Horan, & Joanne Patterson
- *Gallup Personnel:* Jenny Marlar, Angelina Theodorou, & Margaret Carlson
- 140 Scholars and Students from various fields who provided survey feedback
- 400 NCHAT Pilot respondents

The content in this presentation is solely the responsibility of the authors and does not necessarily represent the official views of the Eunice Kennedy Shriver National Institute for Child Health and Human Development of the National Institutes of Health.



# Schedule (All times are in CST)

11:00-11:10:	<b>Hello and introductions</b>
11:10-noon:	<b>NCHAT Overview Part 1</b> , Claire Kamp Dush
Noon-12:10:	Break
12:10-1:10:	<b>NCHAT Overview Part 2 plus initial Q&amp;A</b> , Claire Kamp Dush
1:10-1:20:	Break
1:20-2:00:	<b>Tips, Tricks, and Results from NCHAT</b> , Wendy Manning
2:00-2:30:	<b>How to Access the Data</b> , Sarah Rush
2:30-2:50:	<b>Structural Discrimination and NCHAT</b> , Dave Van Riper & Julia Stantoznik
2:50-3:00:	Break
3:00-3:30:	<b>Q&amp;A</b> (NCHAT team); <b>Conclusion</b> , Wendy Manning



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# NCHAT Overview: Part 1

Claire Kamp Dush, Ph.D.

# NCHAT Respondents



- ▶ The sample includes 3,642 main respondents and 1,515 partners
- ▶ Time Diary completes from 1,975 main respondents and 841 partners
- ▶ Data are weighted to be representative of couples with one partner aged 20 to 60, who are married or cohabiting, and able to read English or Spanish; *more on weighting later*

# Overview of the Gallup Panel

Nationally representative, probability-based panel of U.S. adults who agree to participate in surveys

- Not an opt-in panel

Built off of randomly generated telephone/address sample

Multi-mode

- Panelists can be surveyed by phone, web, mail, or SMS

Current Panel size:

- **100,000** can be contacted via **web and/or mail**.
- An additional **500,000+** can be contacted for a one-time study.



# Sampling Frame



- ▶ The sample frame included adults in the US who:
  - ▶ ranged in age from 20 to 60 years old
  - ▶ were married or cohabiting
  - ▶ were able to read English or Spanish
- ▶ Partners of main respondents were invited to participate after the main respondent completed the survey.
- ▶ After completion of the survey, main respondents and partners were assigned to the same time diary day, if possible.

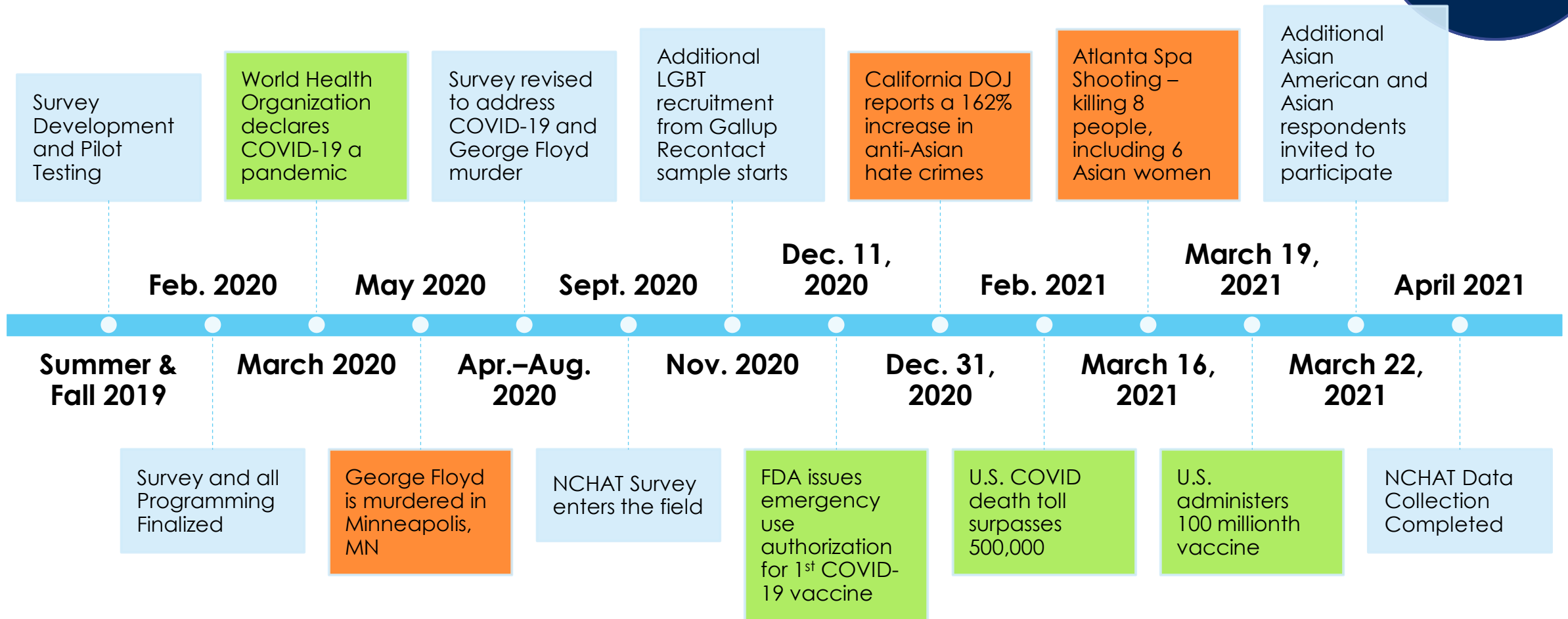


# Survey Development & Data Collection Highlights

- ▶ Gender neutral and inclusive survey
- ▶ Collected in English and Spanish
- ▶ Crowdsourcing
- ▶ Two rounds of Pilot Testing and Cognitive Interviews
  - ▶ Respondents expressed the survey was long
  - ▶ Increased the postpaid incentive for the main survey



# NCHAT Timeline



# Multi-Method



## Survey

- Family Functioning/Division of Labor
- Health
- Stress/Discrimination

## Time Diary

- Every activity on random day
- More detailed family activities
- Dyadic time diary data

## Contextual Data

- State and county contextual measures of structural racism, sexism, and cis-heterosexism are in the process of being appended to NCHAT.
- State and county Covid context data are also being appended.

## NCHAT-BIO

- 5 dried blood spots
- NCHAT-BIO Repository
- Planned assays: interleukin-6, C-reactive protein, Epstein-Barr virus reactivation



# Response Rates

- ▶ The overall NCHAT response rate was 28%
  - ▶ By Groups:
    - ▶ Gallup Panel members in same-gender couples: 50% response rate
    - ▶ Gallup Panel members in different-gender couples: 22% response rate
    - ▶ Recontact Sample: 17% response rate
    - ▶ Phone Recruit Recontact Sample: 47% response rate
- ▶ Response rates vary considerably based on survey processes
  - ▶ demographic characteristics of the individuals sampled
  - ▶ mode of collection
  - ▶ sampling constraints
  - ▶ time in the field
- ▶ Response rates not a strong indicator of nonresponse bias
  - ▶ See Groves, R. M., & Peytcheva, E. (2007). The impact of nonresponse rates on nonresponse bias: A meta-analysis. *Public Opinion Quarterly*, 72(2), 167-189.

# Data Quality



- ▶ Sources of bias (demographic variables) were corrected during the weighting procedure.
- ▶ Comparing outcome variables by weighted and unweighted samples
  - ▶ Little to no difference between outcome variables (e.g., relationship quality, health) between weighted and unweighted samples
  - ▶ Suggests little to no relation between outcome variables and sampling
- ▶ Comparing early and late respondents
  - ▶ No significant differences in relationship satisfaction and Cantril scale
  - ▶ Significant differences among 2 CES-D items and 1 wellbeing item: early responders reported better outcomes than late responders.
  - ▶ Substantiative differences were small, and magnitude of differences was small.
  - ▶ NCHAT may underestimate some aspects of health and wellbeing
- ▶ **Overall, little evidence of non-response bias** – read more about these analyses in the Overview Paper and Methodology Report available on the NCHAT website

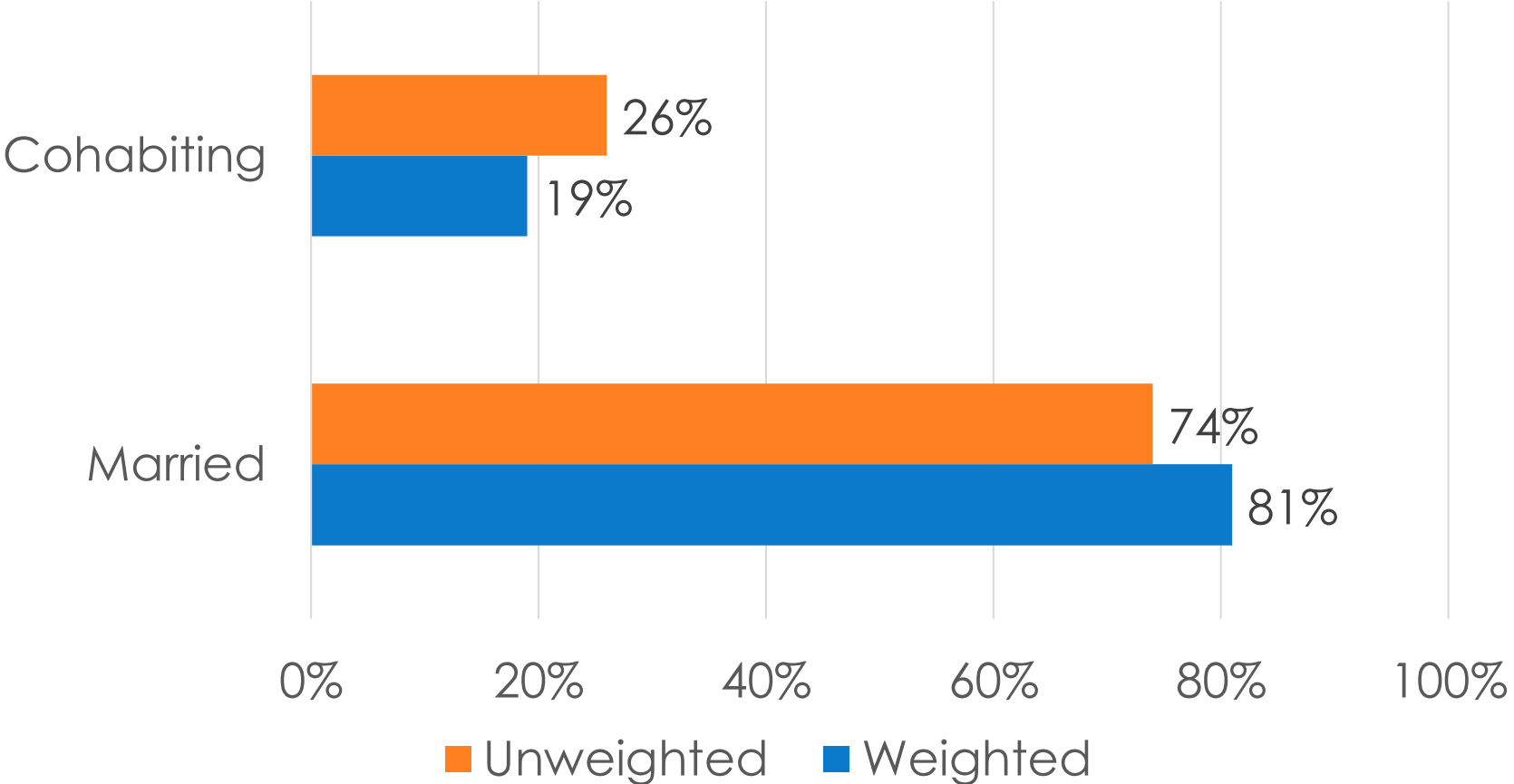
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# Sample Characteristics

# Marital Status



Unweighted N  
Cohabiting = 956  
Married = 2,682

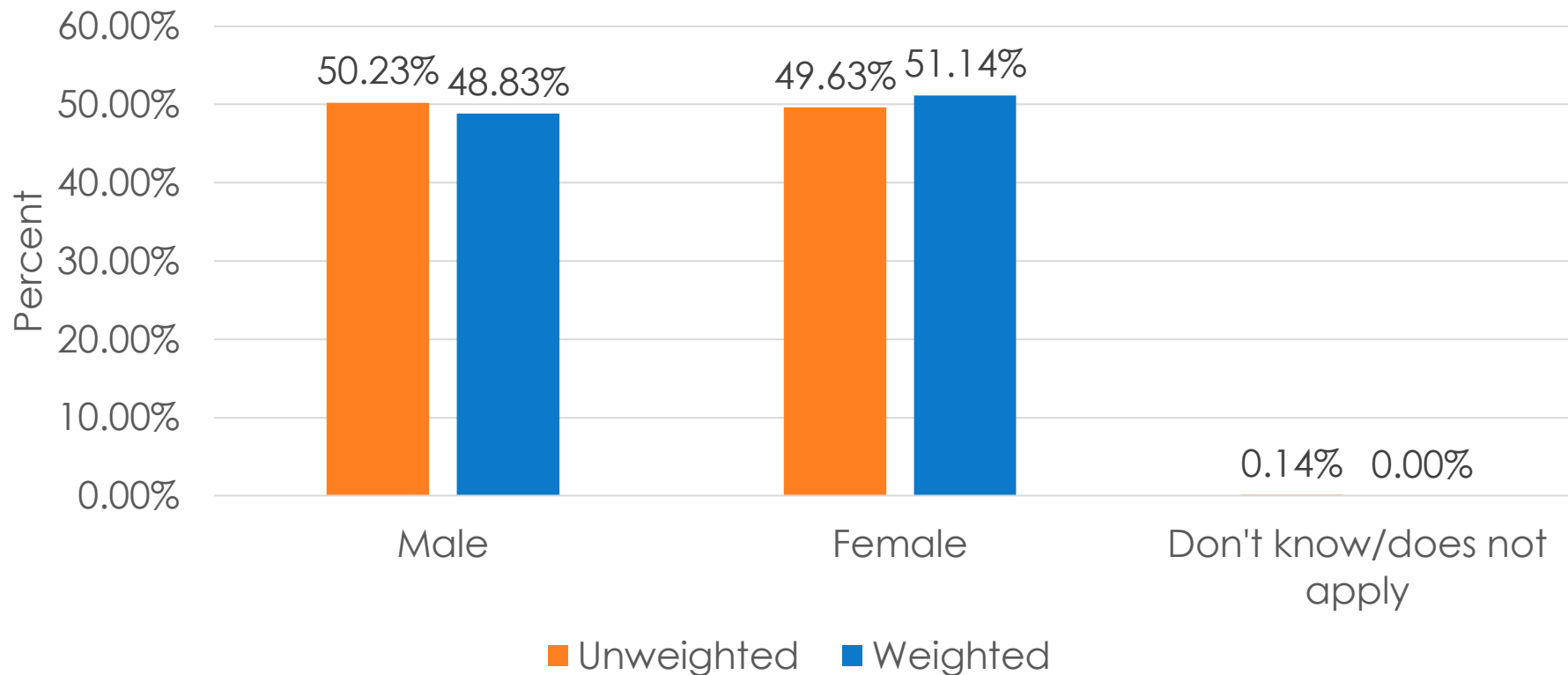
# Gender/Sex Identity



D1 What sex appears on your original birth certificate?

- 1 Male
- 2 Female
- 3 Don't know/does not apply

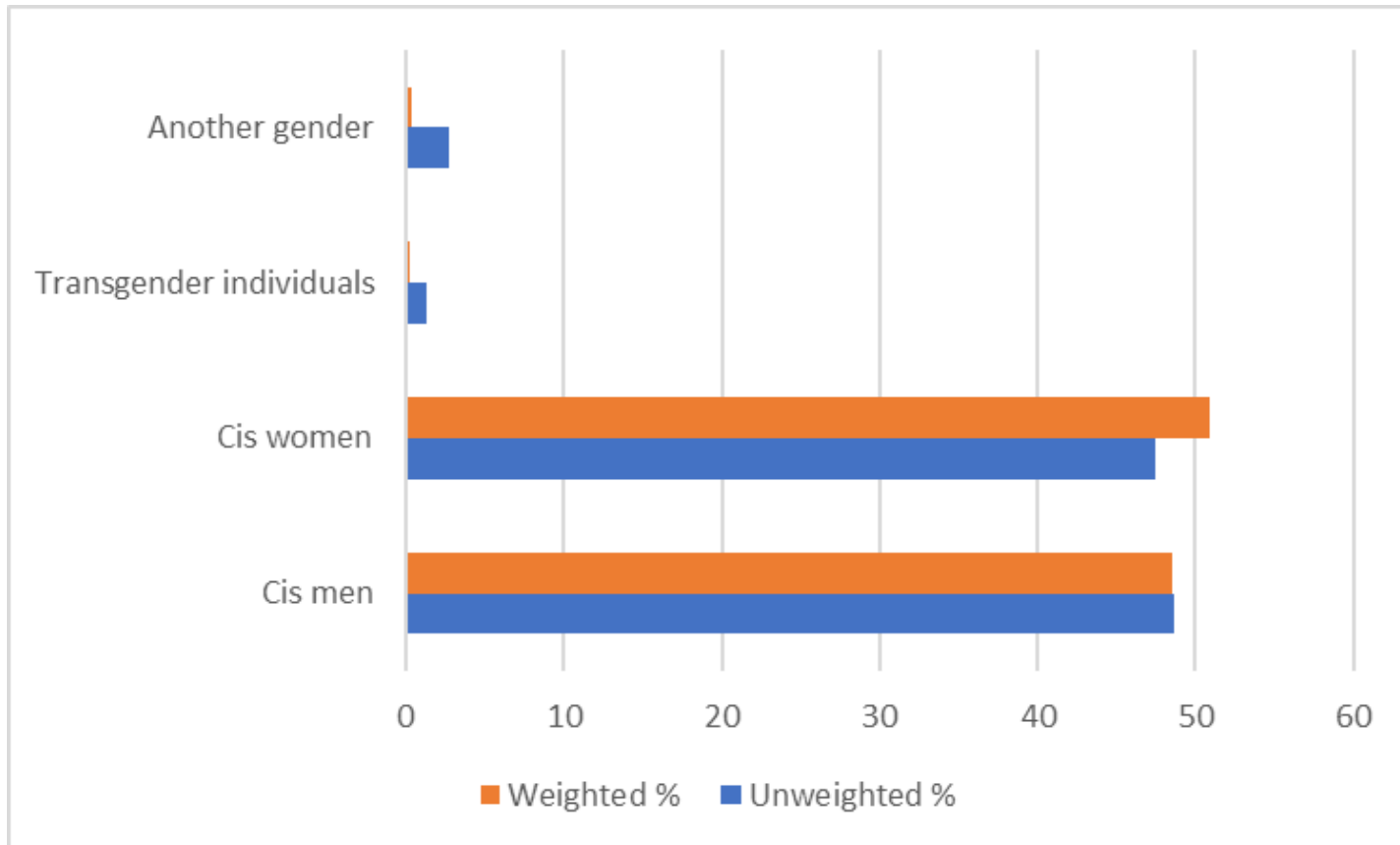
Sex Assigned at Birth



Unweighted N  
Male = 1,819  
Female = 1,797  
Don't know = 5

D2 Which of the following best describes your gender? (select one)

- 1 Man
- 2 Woman
- 3 Trans man
- 4 Trans woman
- 5 Do not identify as any of the above (there is an option to specify at next question)



Note:

- Transgender individuals responded with trans man, trans woman, reported male sex at birth and woman gender identity, or female sex at birth and man gender identity

Cis Men = 1,769

Cis Women = 1,725

Trans individuals = 46

- Trans men = 16

- Trans women = 30

Another identity = 98

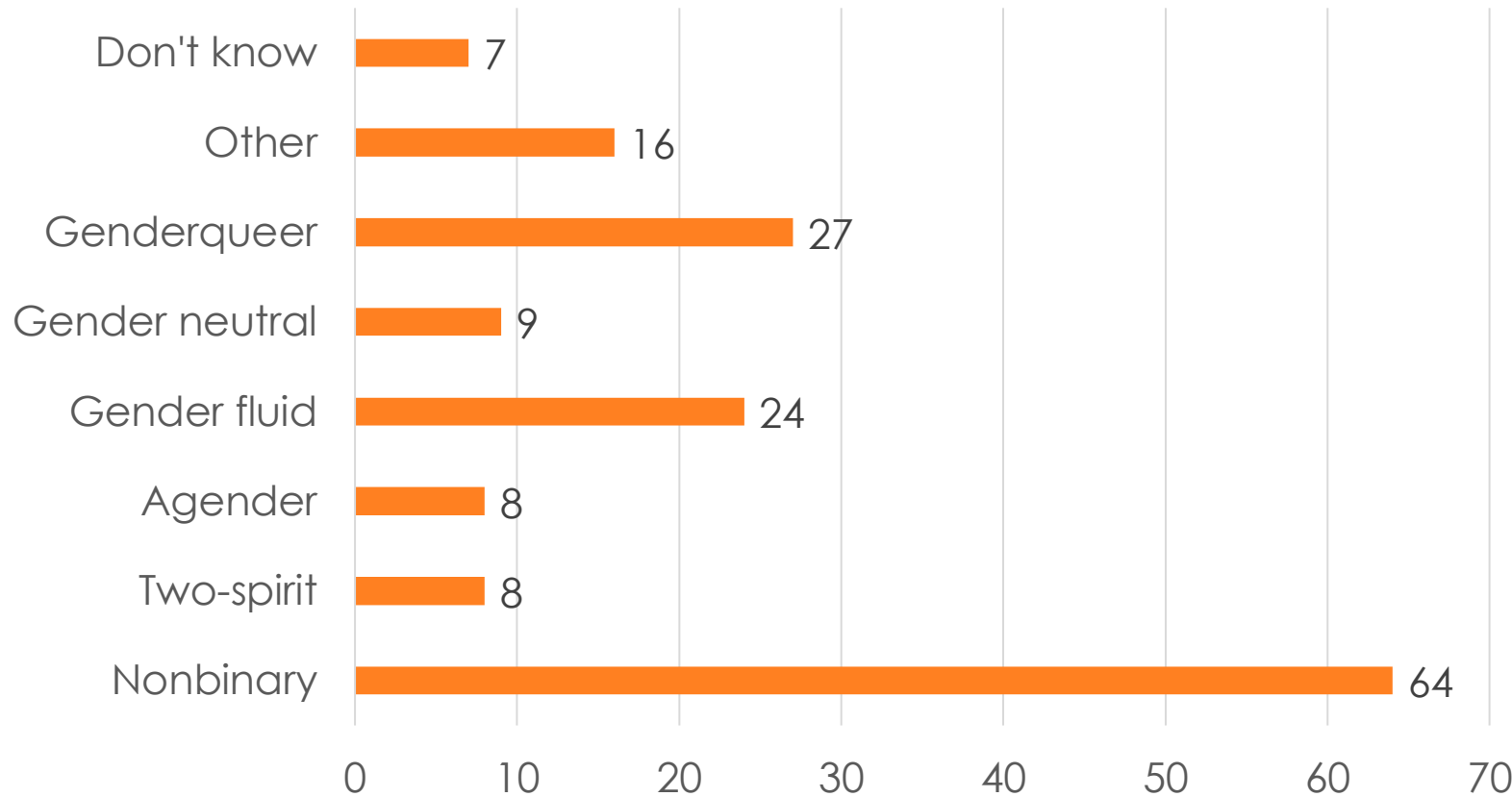
[IF D2 = 5 OR IS BLANK]

D2\_1 Do any of the following terms describe your gender? **Please select all that apply.**

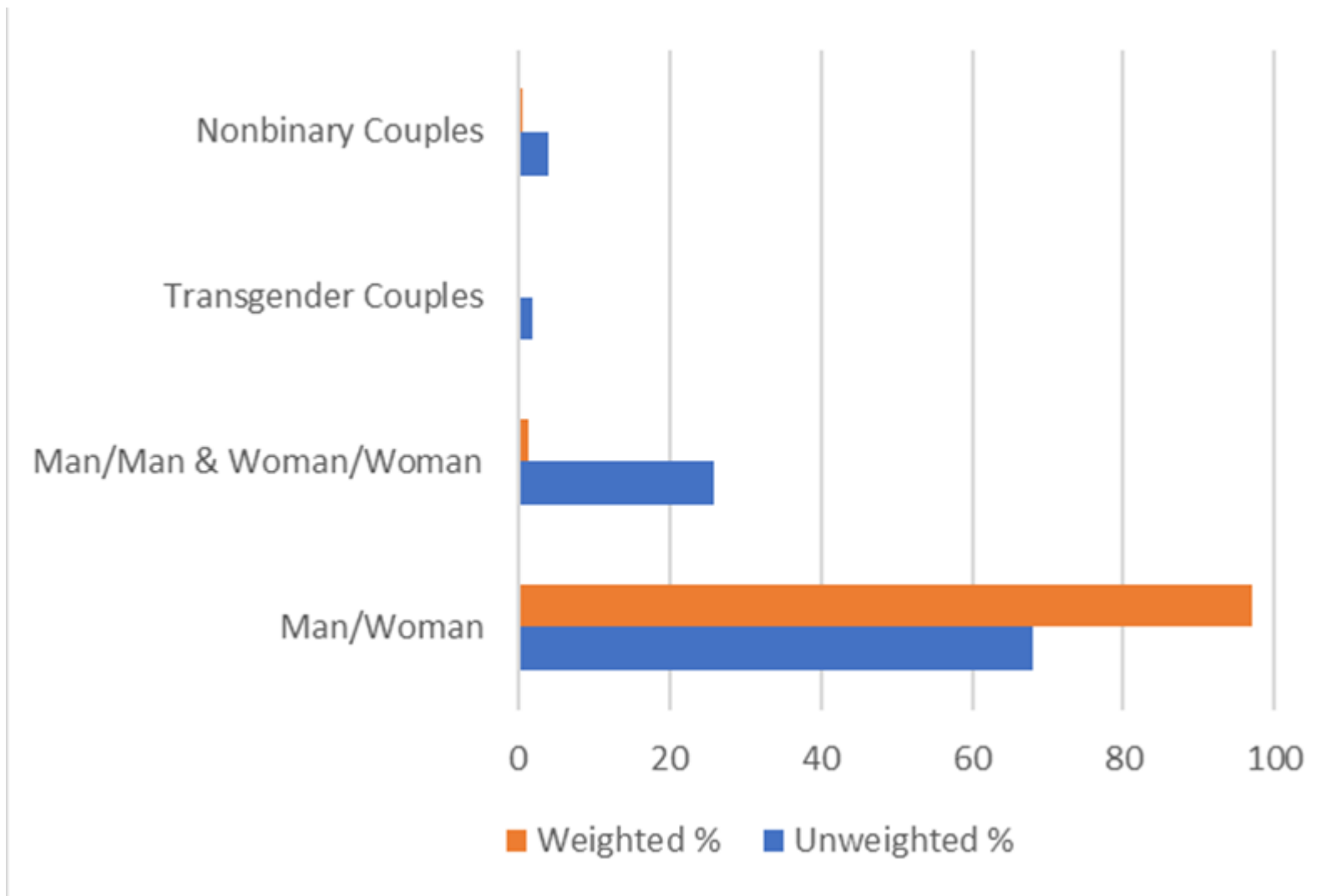
- 1 Nonbinary
- 2 Two-spirit
- 3 Agender
- 4 Gender fluid
- 5 Gender neutral
- 6 Genderqueer
- 7 Other (**Please specify**)
- 99 Don't know



Gender identity



- 33% (n=34) respondents chose more than one identity
  - ranging from 2 to 5
- Other (please specify) examples:
  - Androgynous
  - Gender nonconforming
  - Transmasculine



Gender-Identity of Couples

N

Cis Man/Woman = 2,459

Cis Man/Man & Cis

Woman/Woman = 941

Transgender = 74

Non-binary = 134

\*Trans & NB = < 10

\*Some couples included a trans partner and a NB partner; these couples are not shown here as both weighted and unweighted percentages were less than 0.2%.

# Race/Ethnicity



## Race

What is your race? (*you may select more than one*)

- 1 White
- 2 Black or African American
- 3 American Indian or Alaska Native
- 4 Asian Indian
- 5 Chinese
- 6 Filipino/a/x
- 7 Japanese
- 8 Korean
- 9 Vietnamese
- 10 Native Hawaiian
- 11 Guamanian or Chamorro
- 12 Samoan
- 13 Other Asian
- 14 Other Pacific Islander
- 15 Some other race

## Ethnicity

Are you Hispanic, Latino/a/x, or Spanish or Spanish origin?

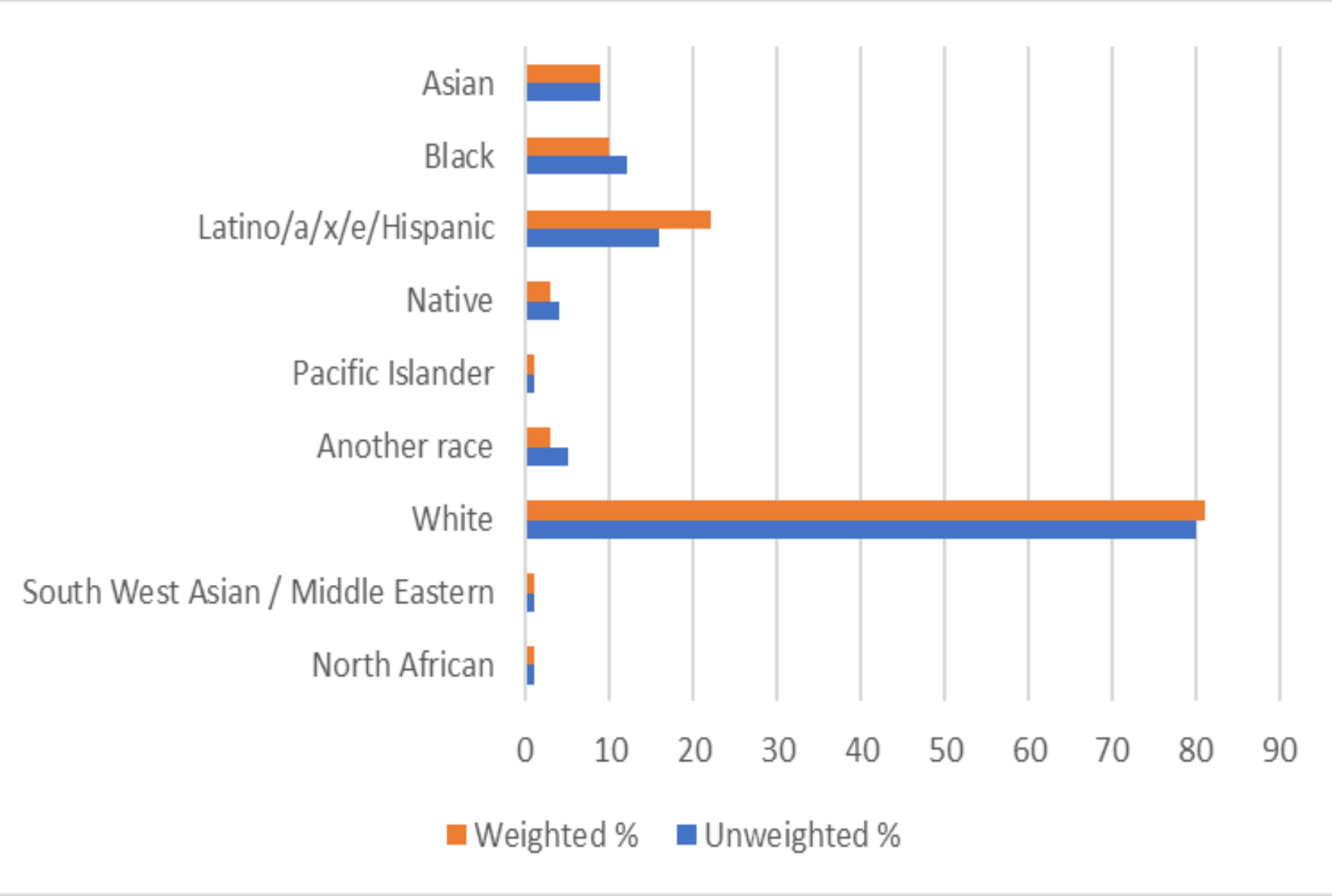
- 1 No, not of Hispanic, Latino/a/x, or Spanish origin
- 2 Yes, Mexican, Mexican Am., Chicano/a/x
- 3 Yes, Puerto Rican
- 4 Yes, Cuban
- 5 Yes, another Hispanic, Latino/a/x, or Spanish origin

(Please select all that apply)

SWANA Are you South West Asian/Middle Eastern or North African?

- 1 South West Asian/Middle Eastern
- 2 North African
- 3 Neither

# Race/Ethnicity (non-exclusive)

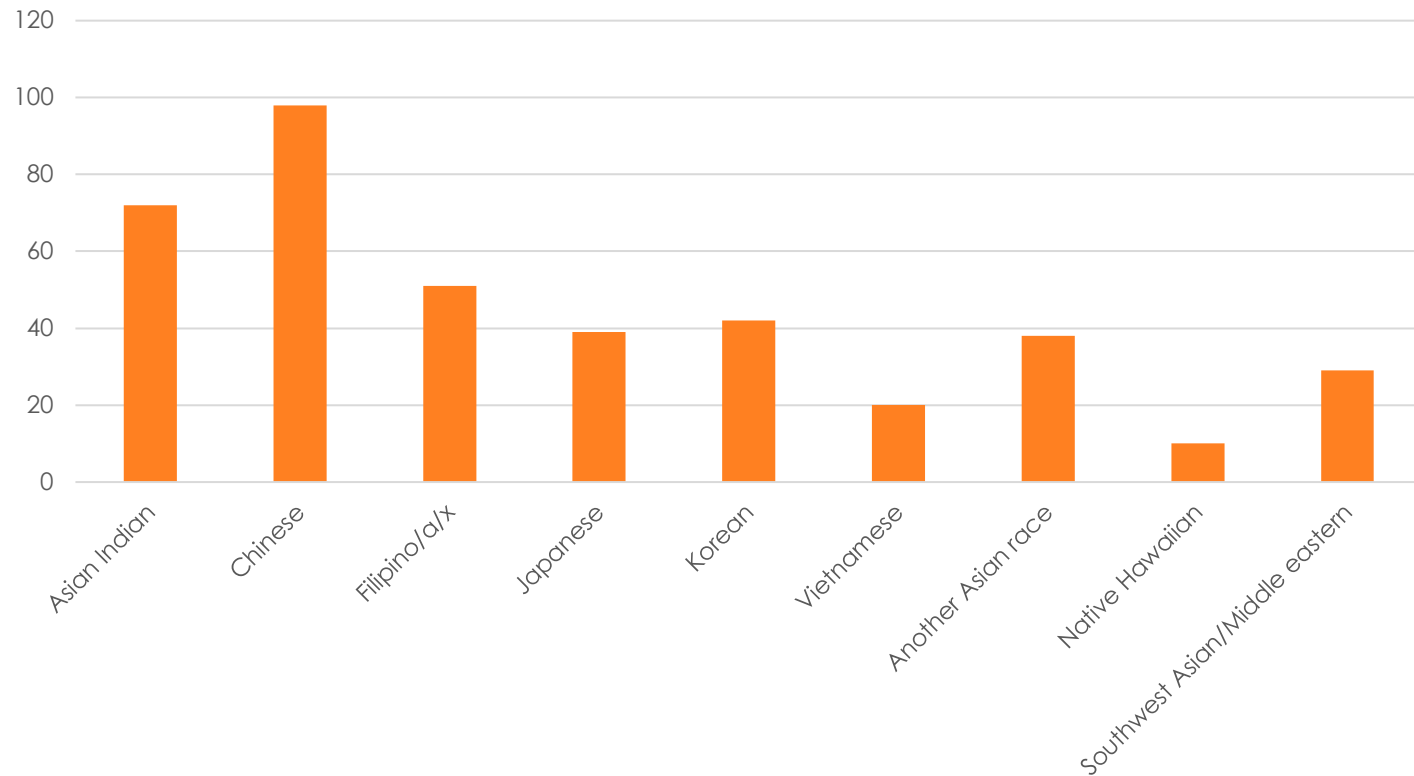


**Unweighted n**

- Asian = 326
- Black = 452
- Latino/a/x/e/Hispanic = 576
- Native = 140
- Pacific Islander = 20
- Another race = 169
- White = 2,900
- North African = 15
- South West Asian / Middle Eastern = 29

\*788 participants endorsed more than one of these categories

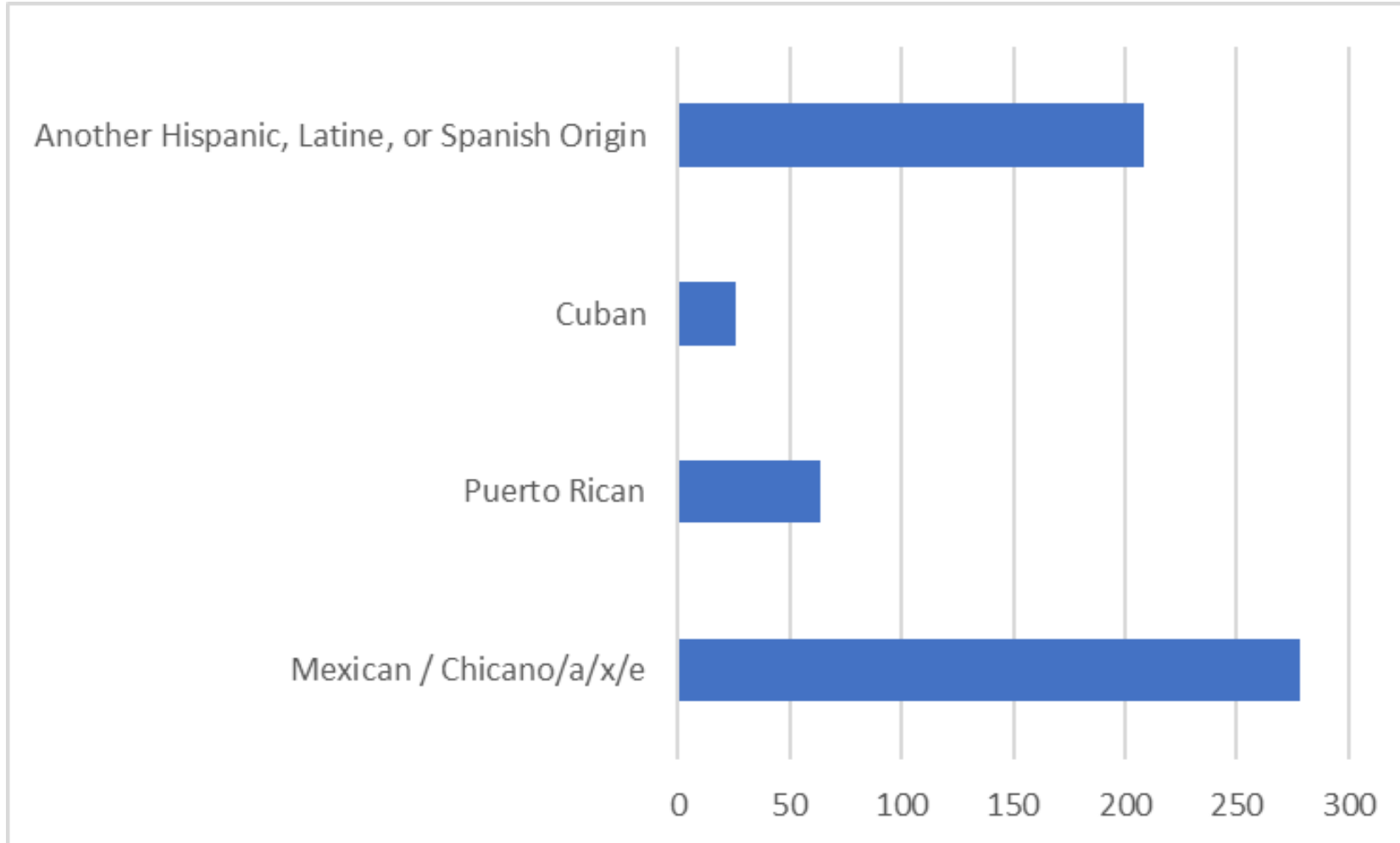
# Counts Asian American and Pacific Islander (AAPI) Representation (non-exclusive)



The following groups had  $n < 10$  and were not included in the figure:

- ▶ Guamanian or Chamorro
- ▶ Samoan
- ▶ Another Pacific Islander race

# Counts Latino/a/e/x & Hispanic Representation (non-exclusive)



Most common “Another” text responses:

- ▶ Spaniard or Spanish ancestry
- ▶ Colombian
- ▶ Dominican
- ▶ More than 1 Hispanic / Latino/a/e/x ethnicity

# Sexual Identity



IDENTITY Which of the following do you consider yourself to be? (***select all that apply***)

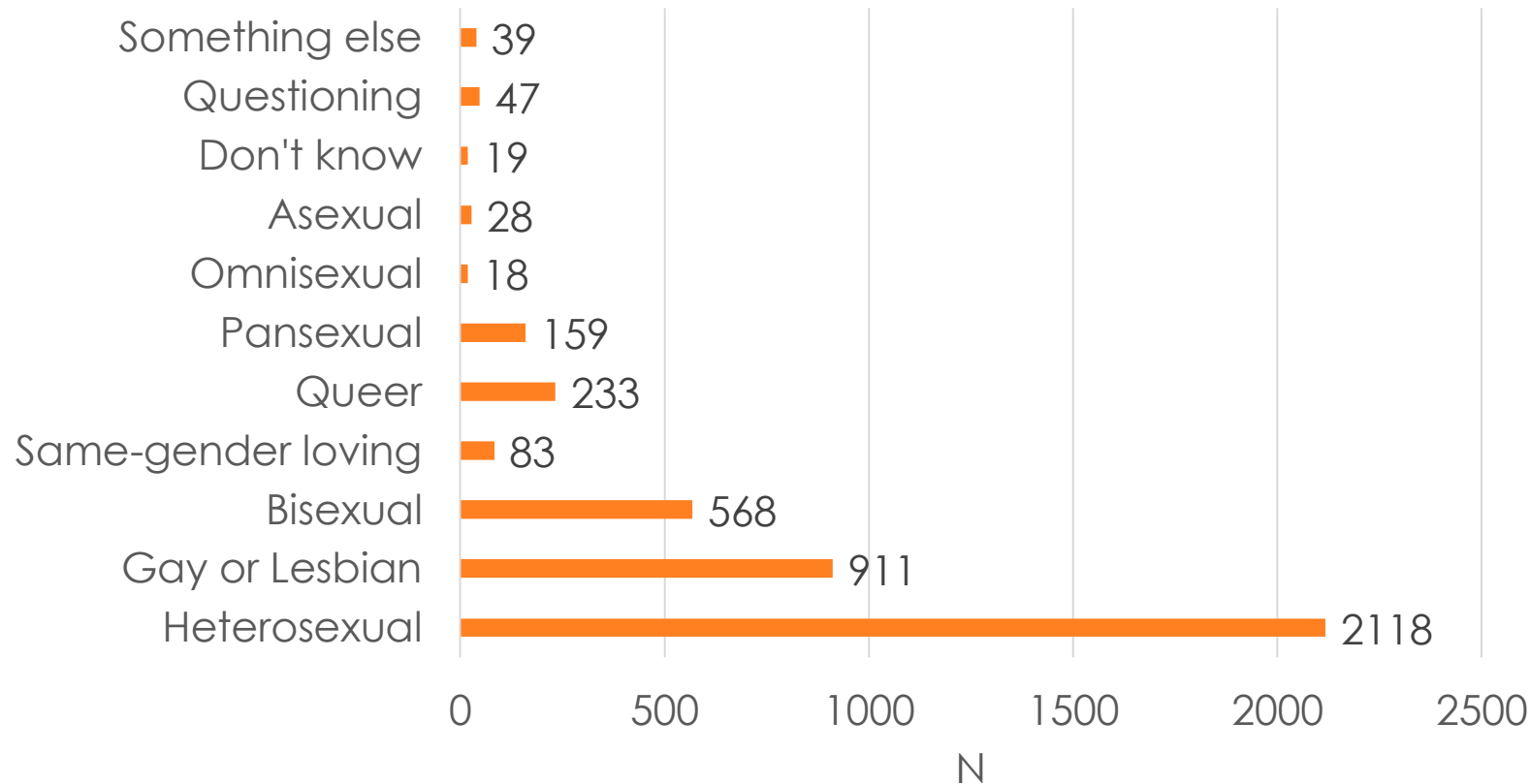
- 1 Heterosexual or “straight”
- 2 Gay or lesbian
- 3 Bisexual
- 4 Same-gender loving
- 5 Queer
- 6 Pansexual
- 7 Omnisexual
- 8 Asexual
- 9 Don't know
- 10 Questioning
- 11 Something else (**specify**)



IDENTITY Which of the following do you consider yourself to be? (*select all that apply*)

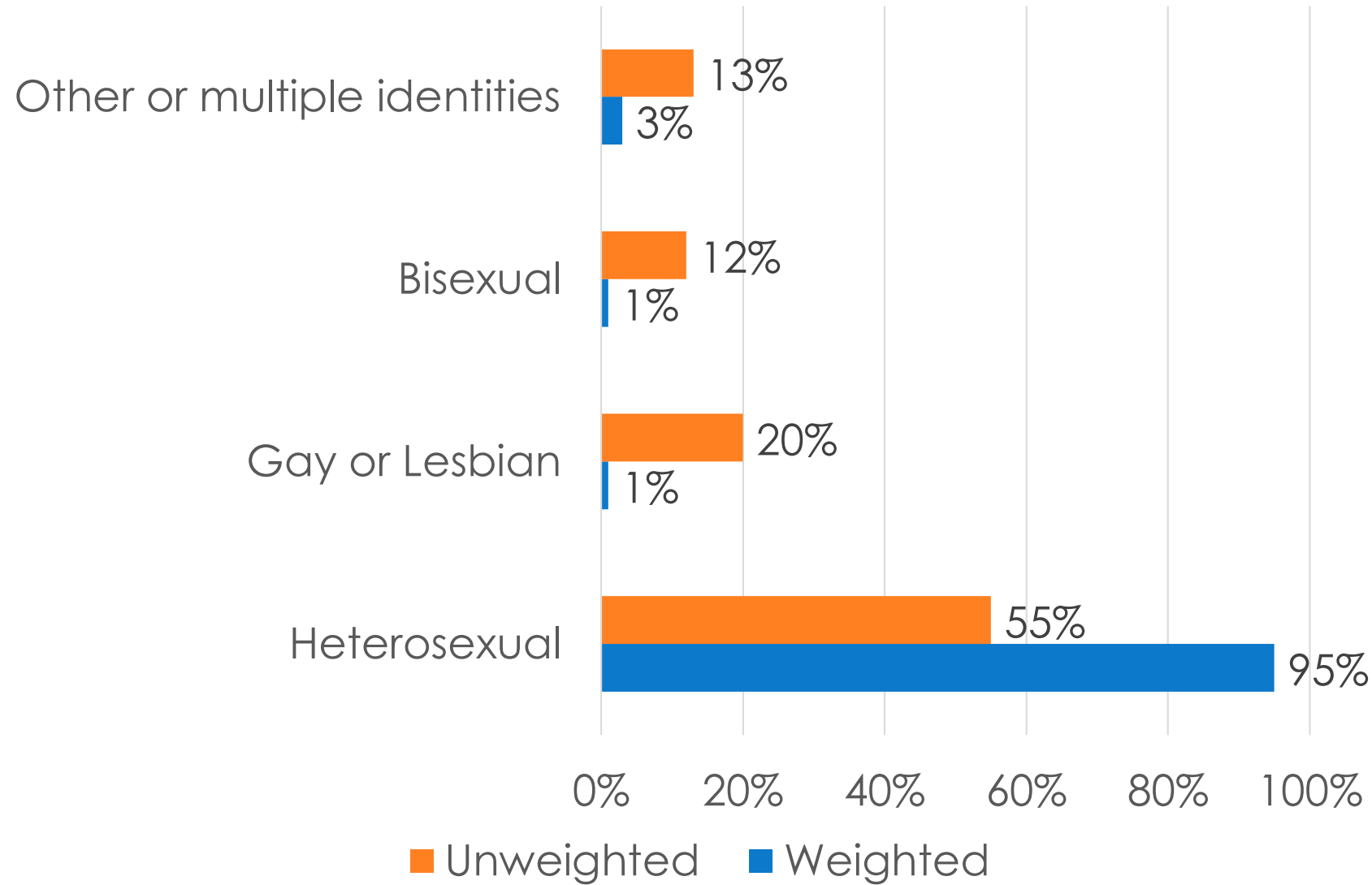
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- 11 Something else (**specify**)

Sexual Identity



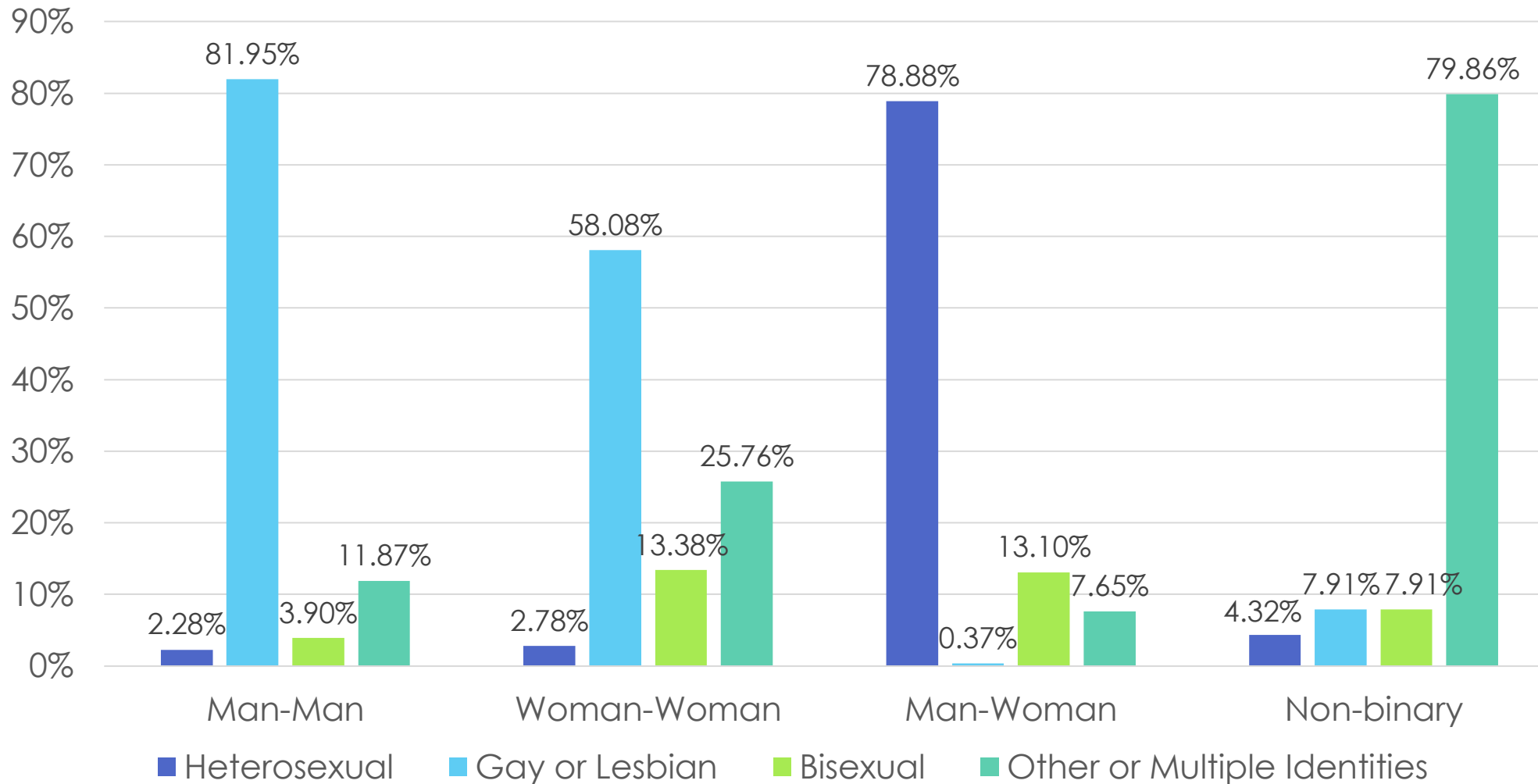
- 11% (n=393) respondents chose more than one sexual identity
  - ranging from 2 to 9
- 96 unique sexual identity combinations
  - Most common:
    - bisexual and queer
    - bisexual and pansexual
    - gay/lesbian and queer

# Sexual Identity (Collapsed)



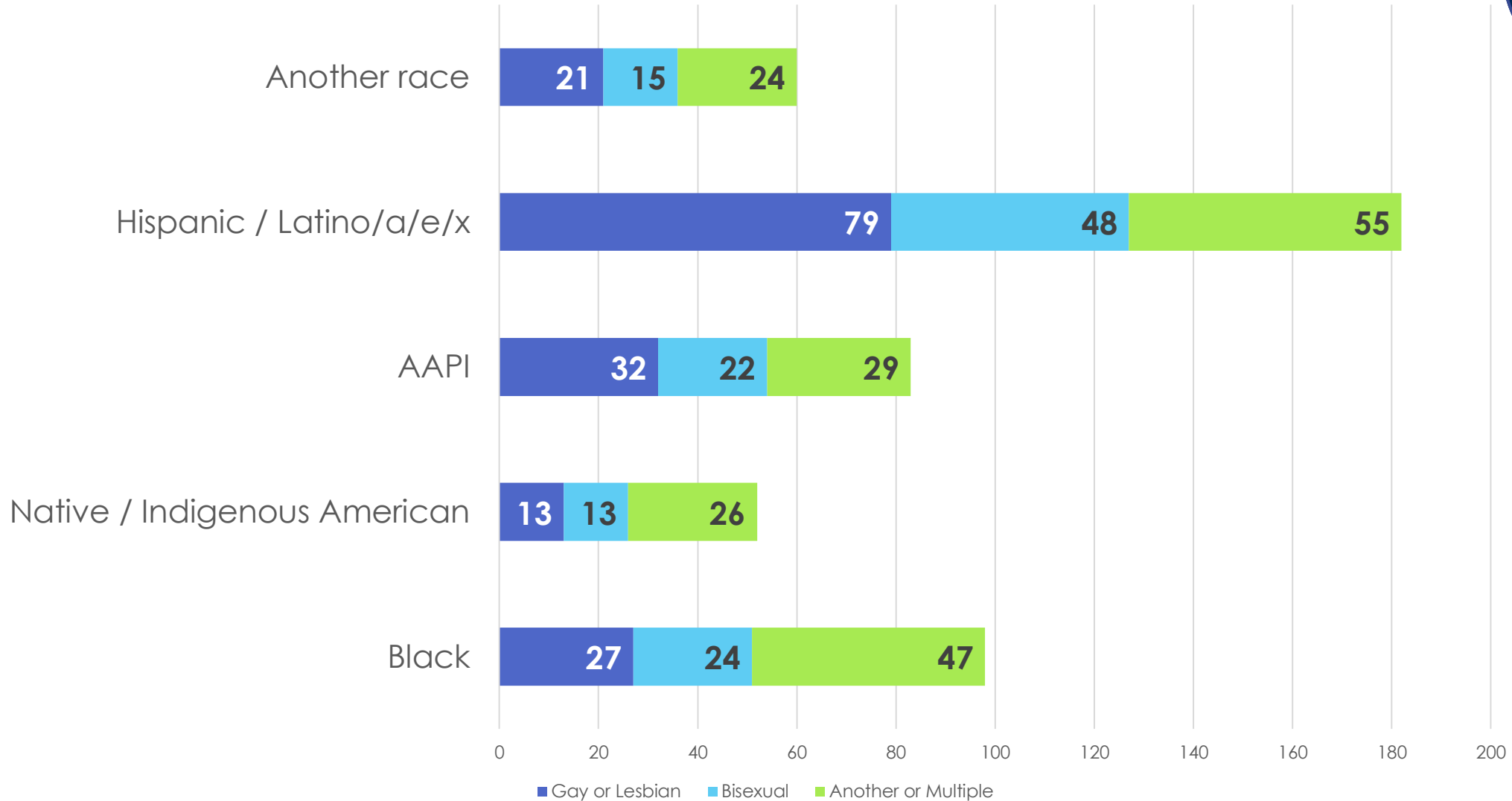
Unweighted N  
Other or multiple identities = 465  
Bisexual = 422  
Gay or Lesbian = 734  
Heterosexual = 2,021

# Couples by Gender Composition and Sexual Identity



Note! Don't use sexual identities to name a couple

# Intersectional Identities: Race/Ethnicity and Sexual Identity





# Sample Key Characteristics

- 46% of respondents had a household child under 18
- Average age of 43.11
- 64% of the sample was employed full-time; 10% part-time, 25% unemployed
- 40% Bachelor's Degree or more; 29% some college; 31% high school or less

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# Survey Highlights

# NCHAT Survey



- ▶ Approximately 40 minutes to complete
- ▶ Gender neutral and inclusive
- ▶ Collected on Qualtrics
- ▶ The full survey in English and Spanish can be accessed at [pop.umn.edu/nchat](http://pop.umn.edu/nchat)

# Complete Surveys



- ▶ To be considered a complete survey, respondents were required to make it to the end of the survey and have enough demographic information to be weighted

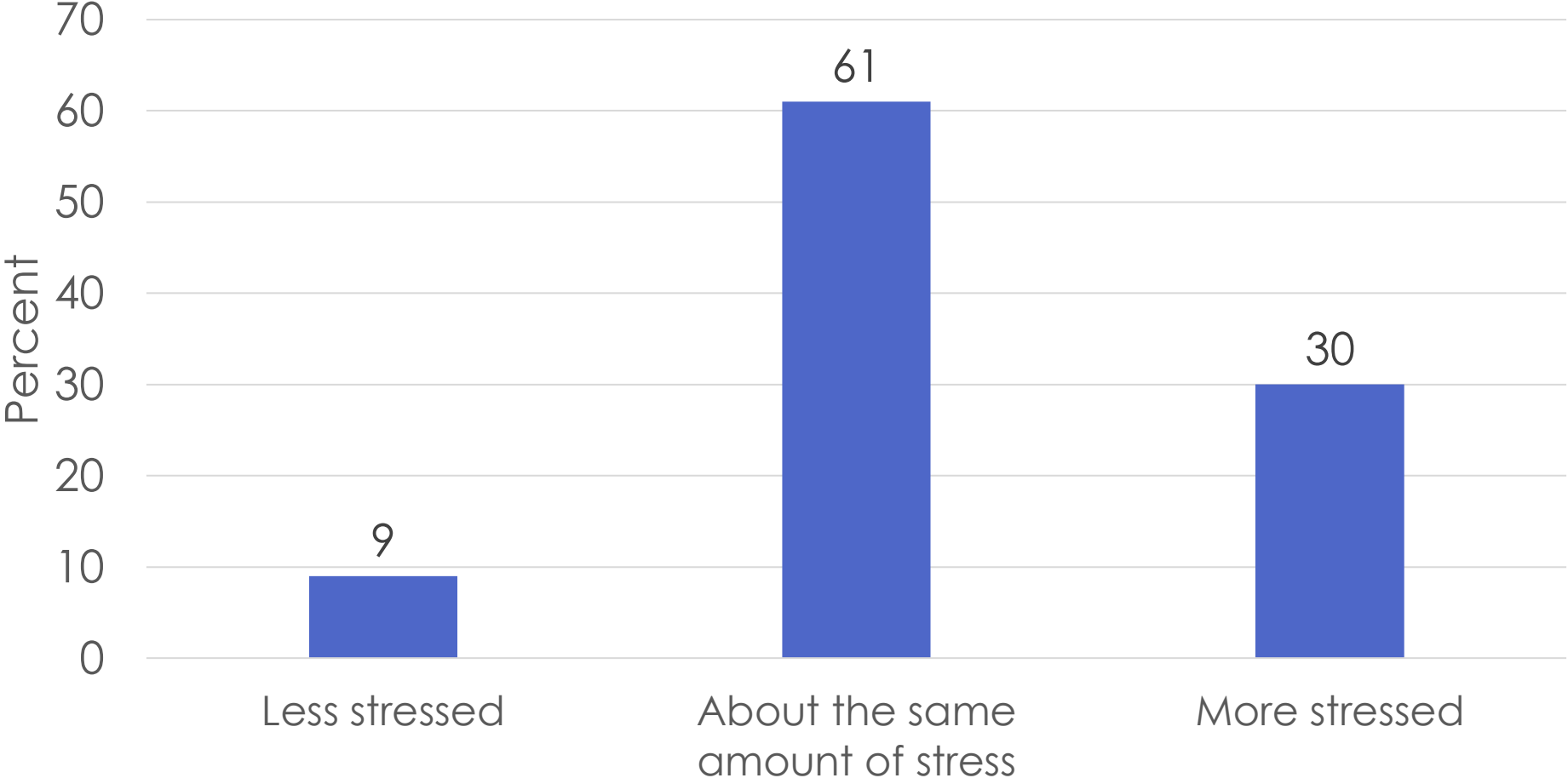
# NCHAT Survey



- ▶ Main respondent and partner demographics
- ▶ Employment (COVID-19 exposure, work-family conflict)
- ▶ Household Roster & Non-household children
- ▶ COVID specific questions (risk, status, social distancing, life disruption)
- ▶ Relationship functioning including changes since the pandemic
- ▶ Relationship Milestones
- ▶ Finances
- ▶ Pregnancy
- ▶ Intimate Partner Violence
- ▶ Division of Labor
- ▶ Physical and Psychological Well-being
- ▶ Community Context
- ▶ Alcohol, Smoking, and Drug Use
- ▶ HIV
- ▶ Discrimination
- ▶ Family of Origin

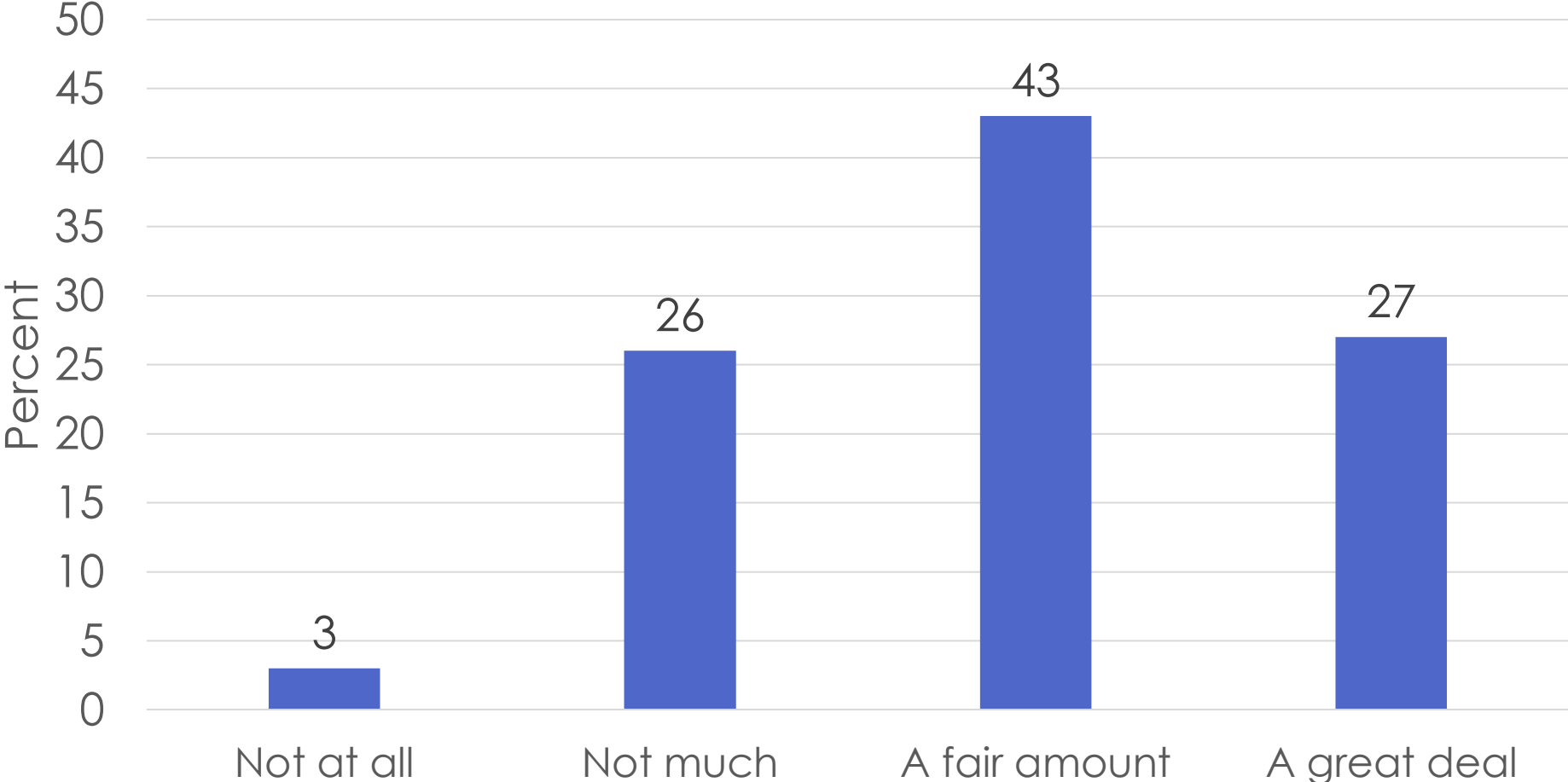
# COVID Stress

In the past week, have you been less stressed, more stress, or had the same amount of stress as before the coronavirus pandemic?



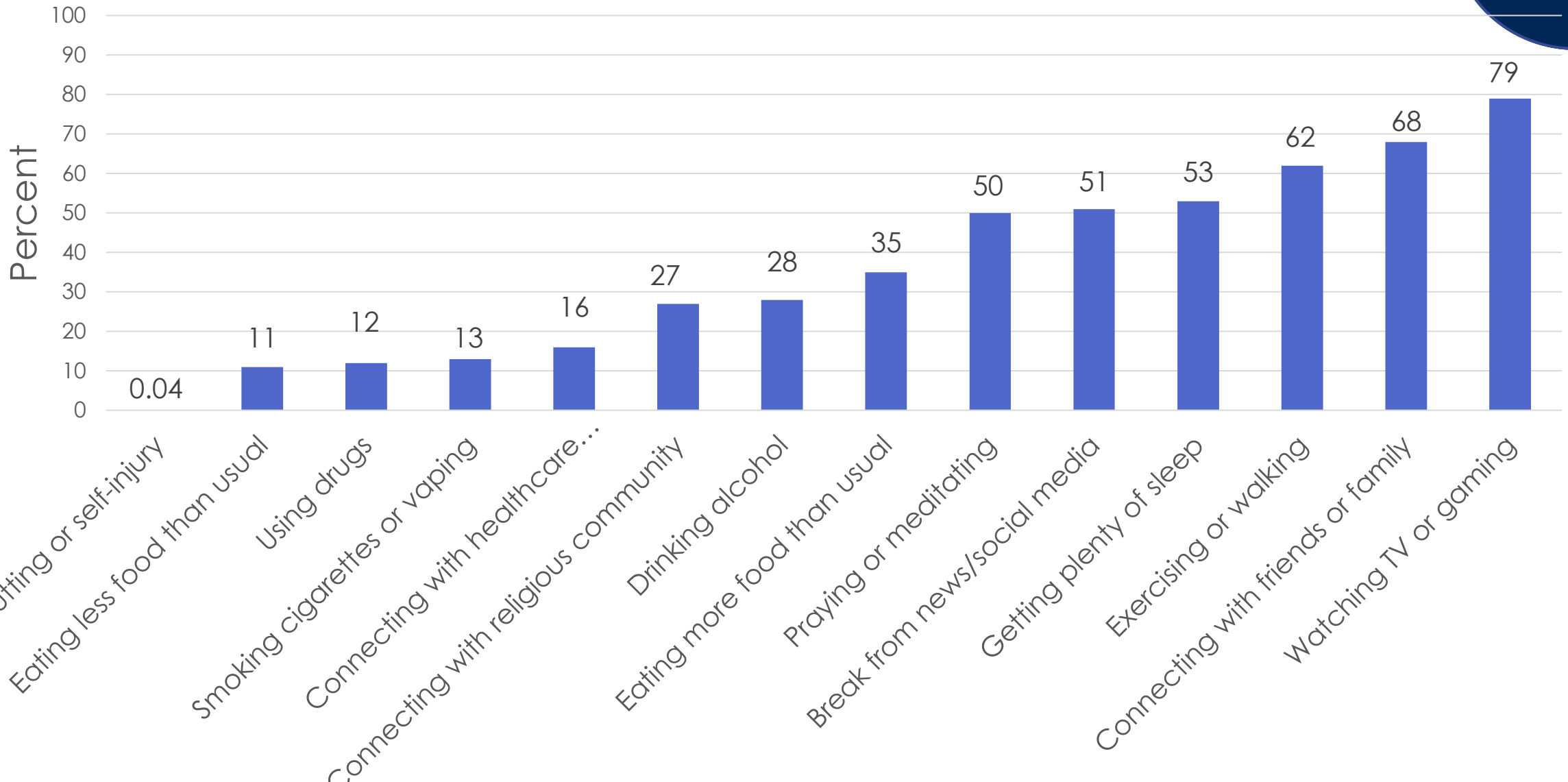
# COVID Life Disruption

To what extent had your life been affected or disrupted by the coronavirus situation?



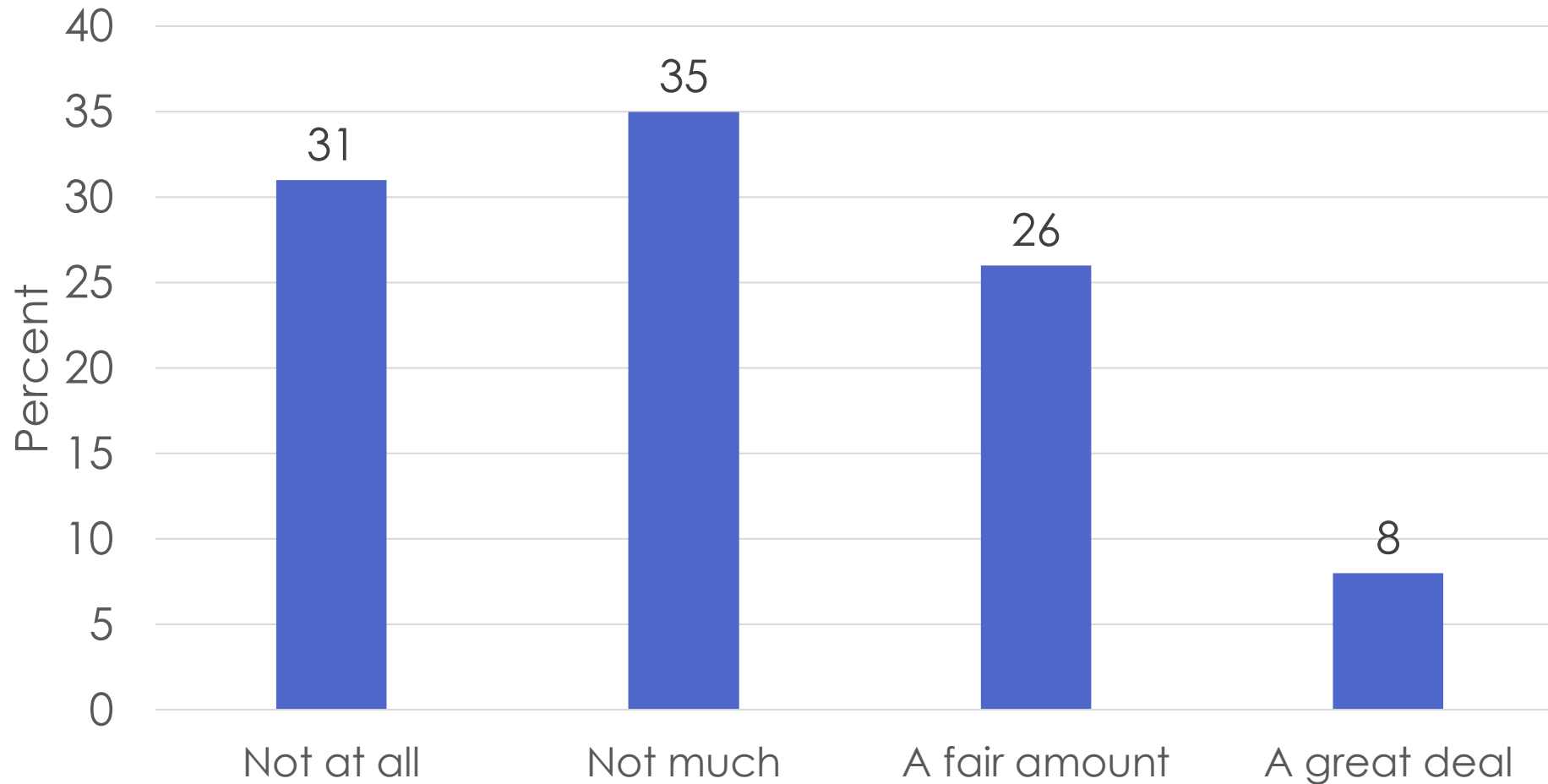
# Coping

What are you doing to cope with the coronavirus pandemic?



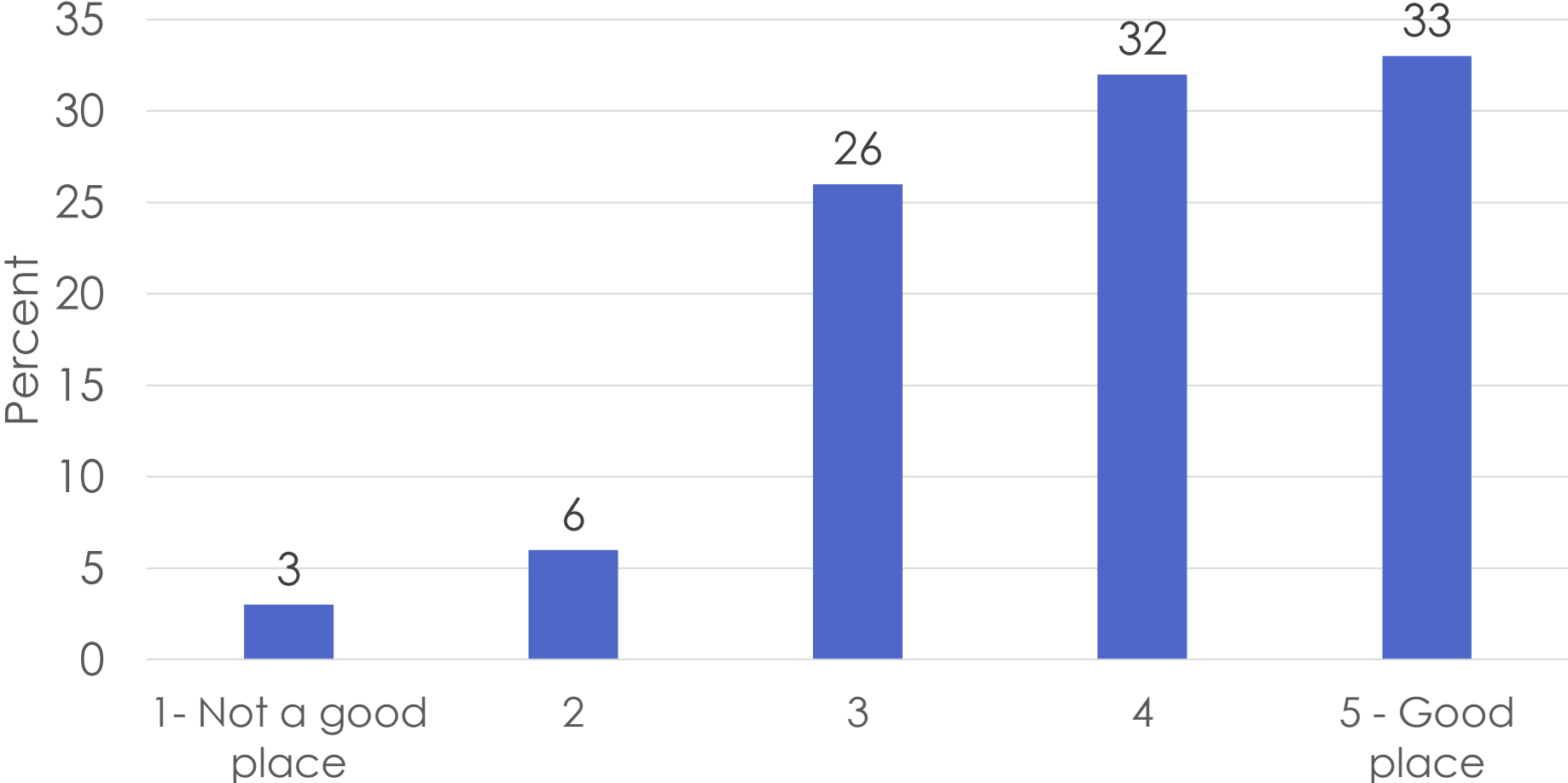
# Racial Trauma

How has the recent movement for racial equity sparked by the killing of George Floyd influenced your stress?



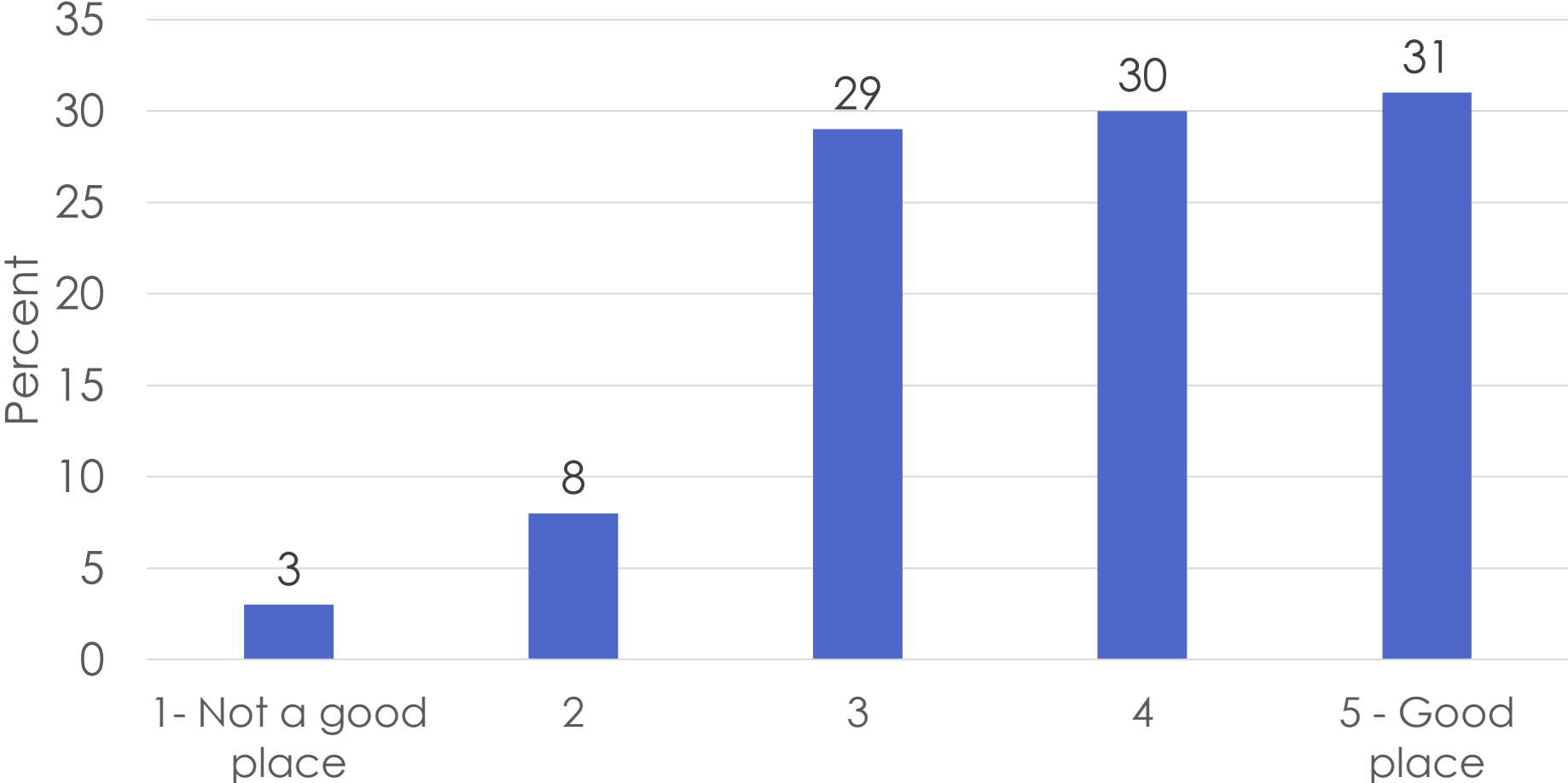
# Community Context

Is the city or area you live a good place or not a good place to live for racial and ethnic minorities



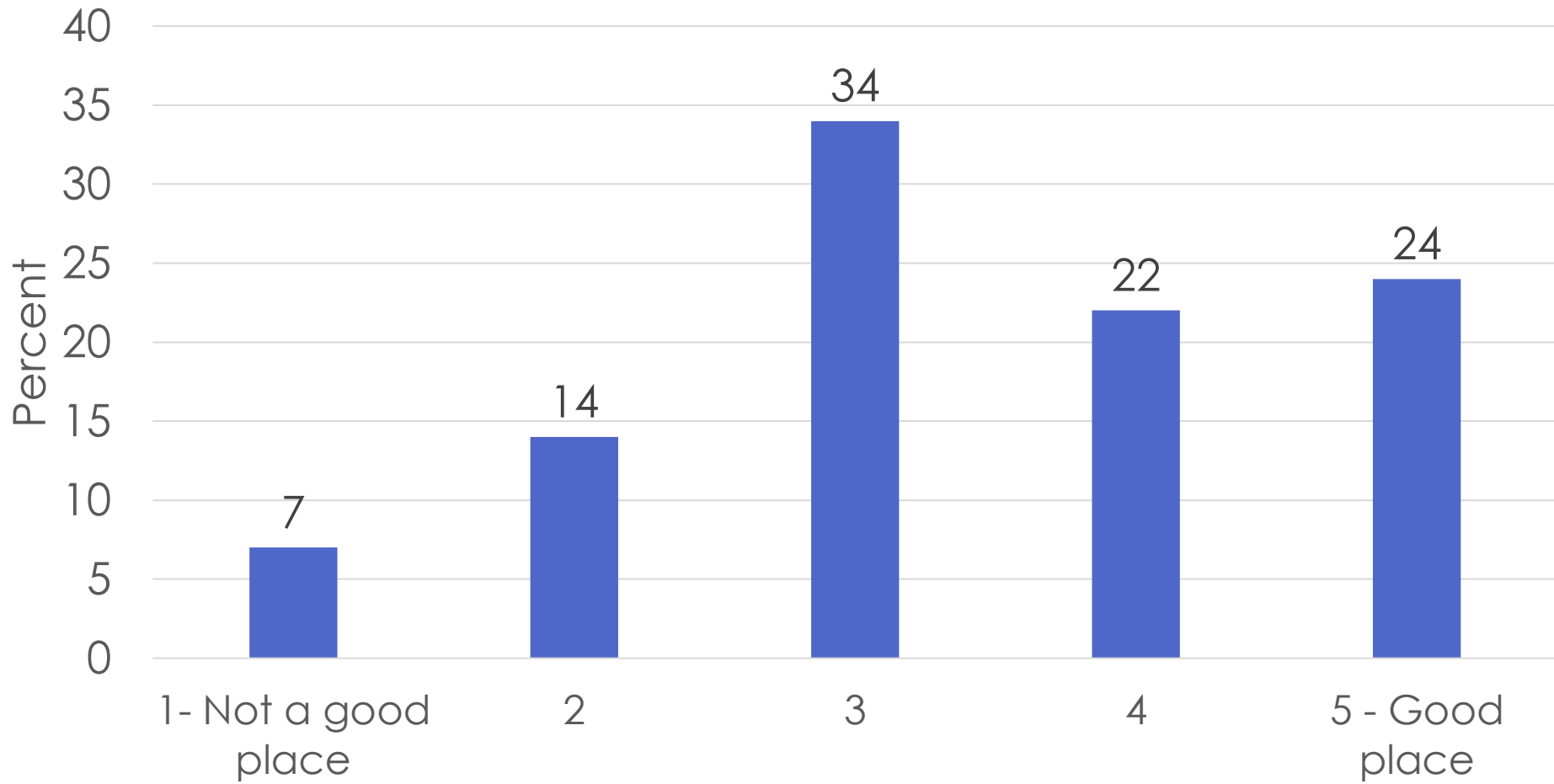
# Community Context

Is the city or area you live a good place or not a good place to live for people who are gay, lesbian, or bisexual



# Community Context

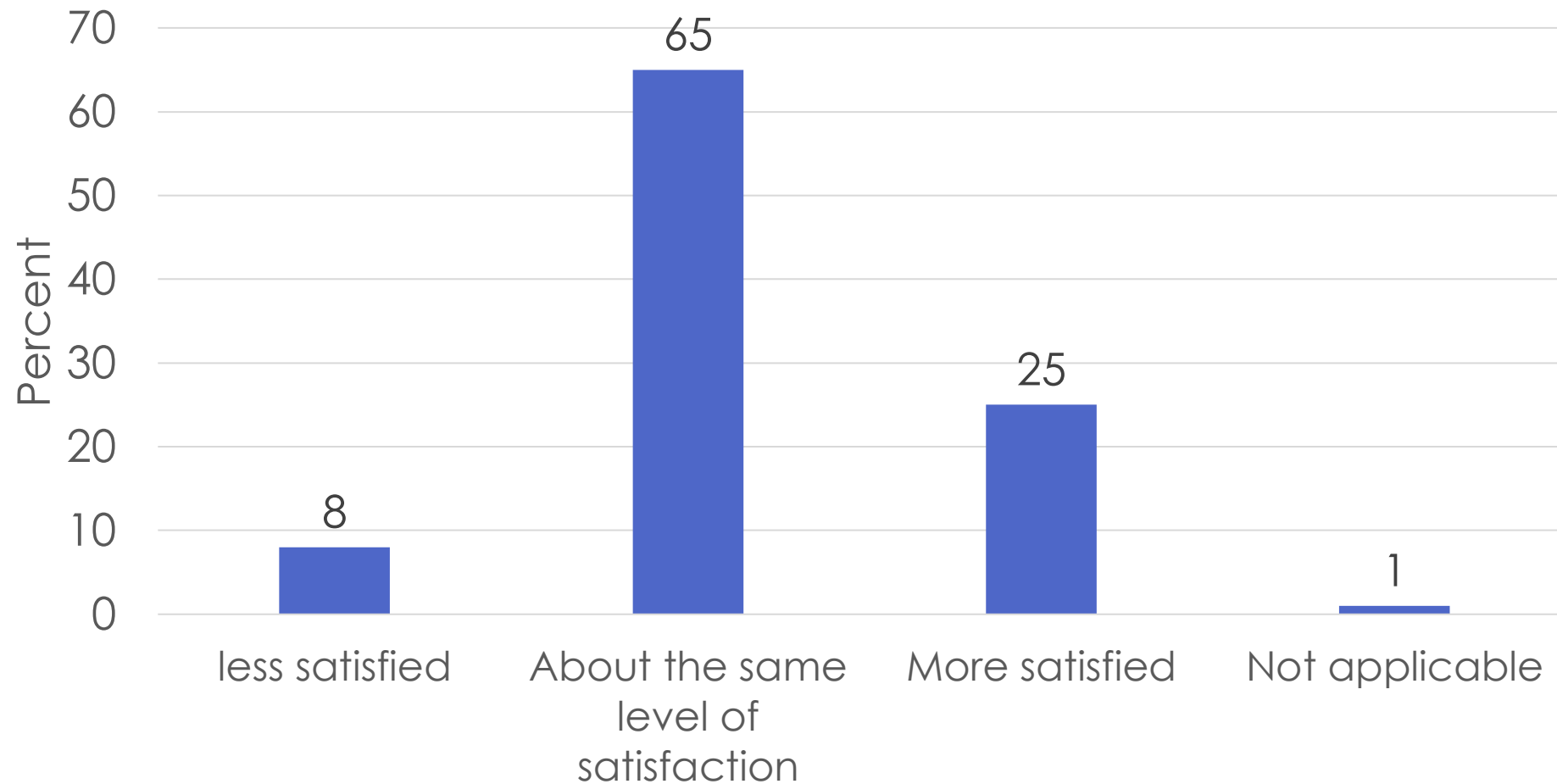
Is the city or area you live a good place or not a good place to live for people who are transgender or nonbinary (agender, gender-neutral, gender fluid)



# Relationship Satisfaction Since COVID

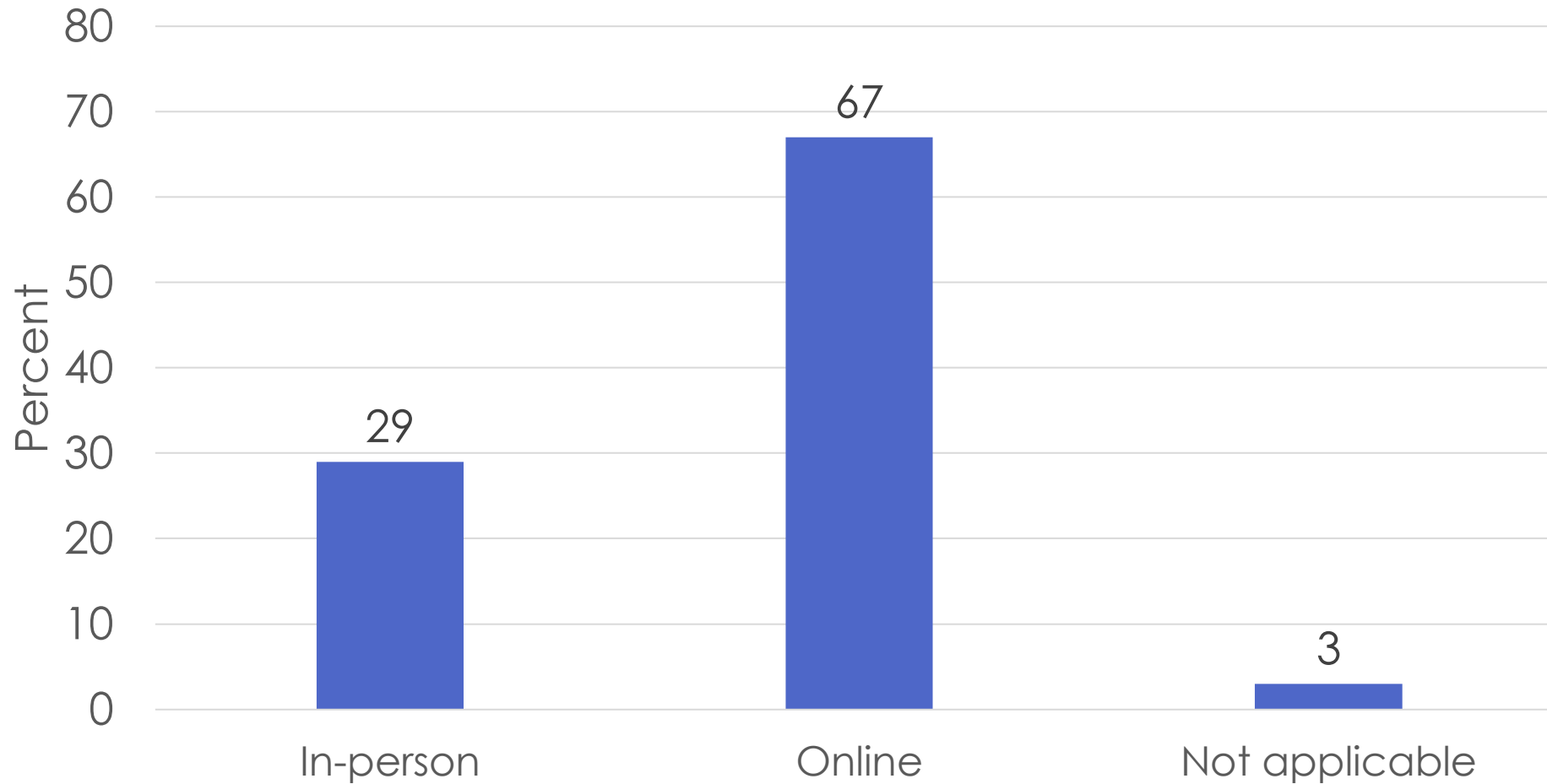


In the past week, have you been less satisfied, more satisfied, or had the same level of satisfaction with your relationship as before the coronavirus pandemic?



# Distance Education

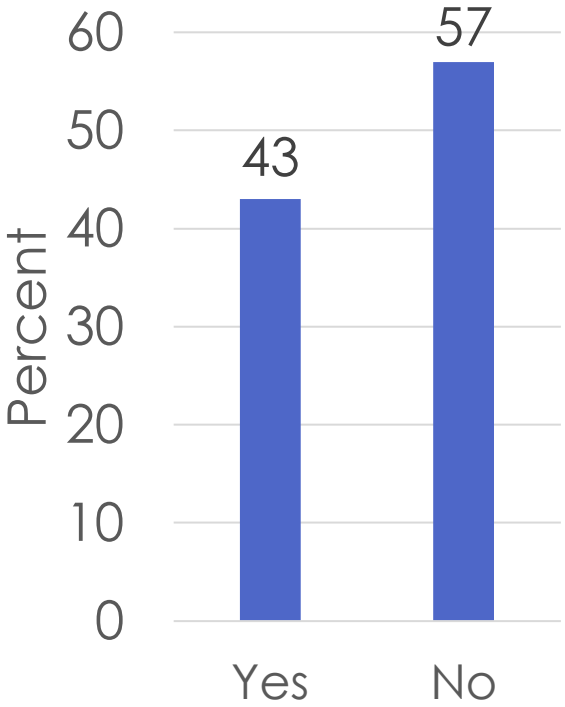
Are your children currently attending school (K-12) in-person, online, or are they homeschooled? Please select all that apply



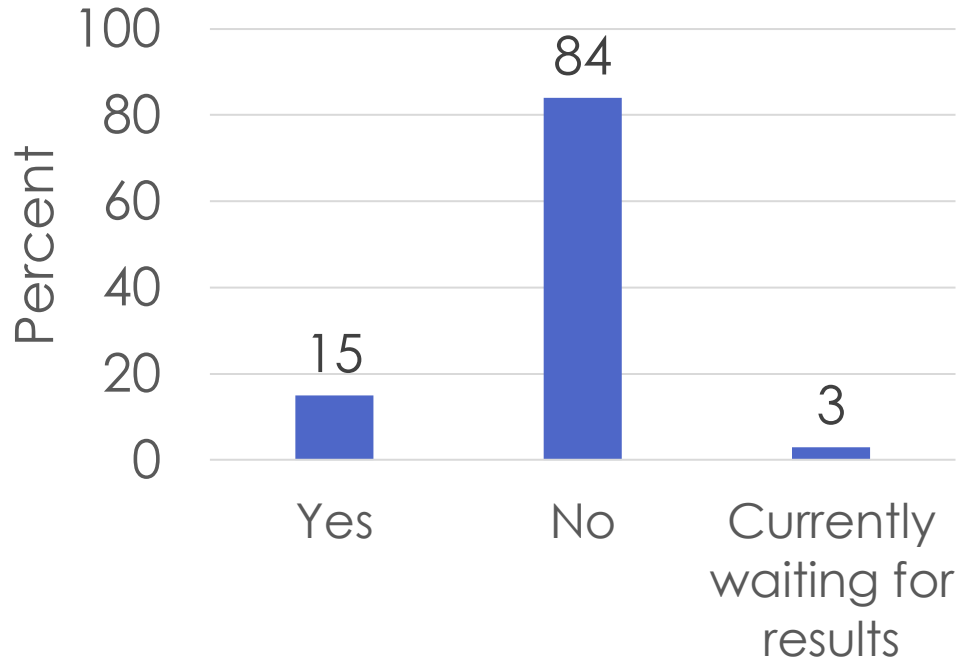
# COVID Specific Questions



Have you ever received a coronavirus (COVID-19) test?



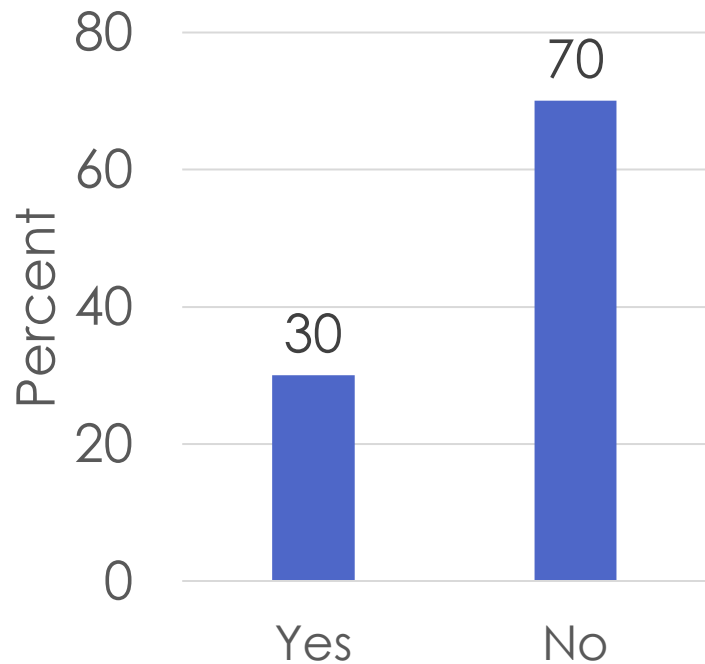
Did you test positive for coronavirus (COVID-19)?



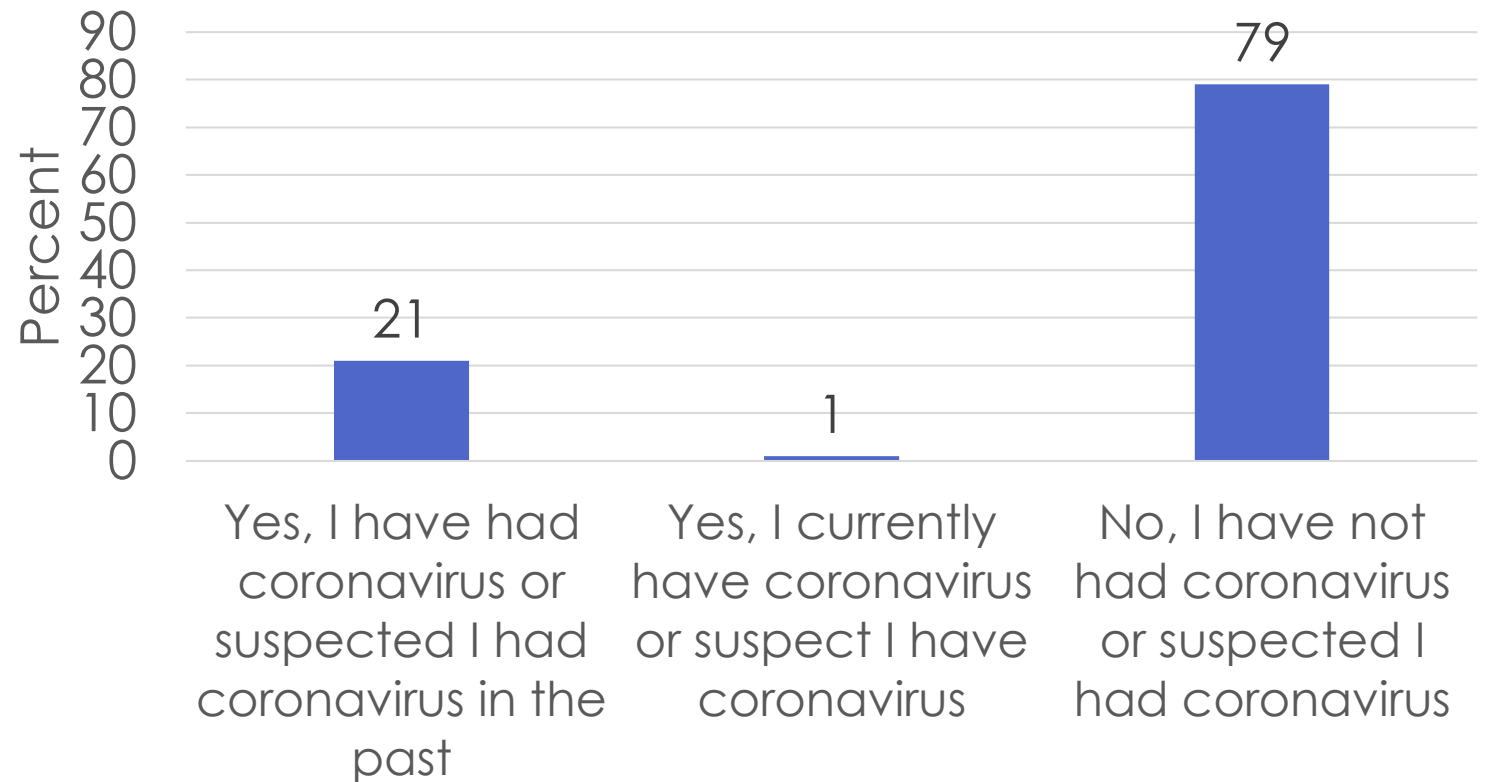
# COVID Specific Questions



Do you personally have someone in your household who is likely to suffer serious complications if infected with the coronavirus?



Have you ever been ill, or suspected you may be ill, with the coronavirus (COVID-19)?



Thank you for  
joining us!

The logo for NCHAT features the letters 'N', 'C', 'H', 'A', and 'T' in a stylized, colorful font. The 'N' is blue, the 'C' is red with a white clock face inside, the 'H' is orange, the 'A' is purple, and the 'T' is green. A white horizontal line is positioned below the letters.

National Couples'  
Health & Time Study

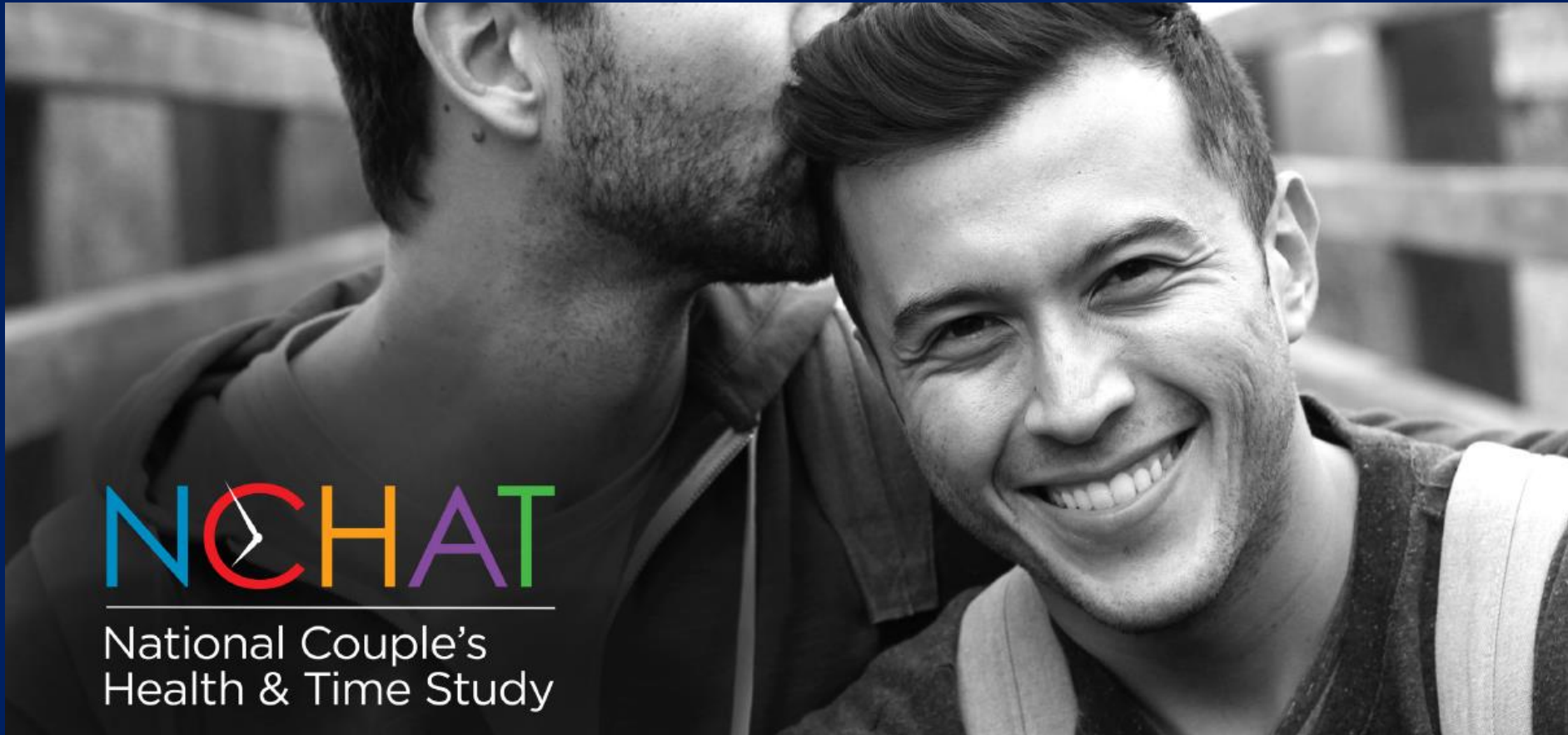
We are currently  
on break – we  
will resume at  
12:10 CST

# Getting Started with NCHAT Webinar

Dr. Claire Kamp Dush, Co-PI

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The National Couples' Health and Time Study (1R01HD094081-01A1) is funded by the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) of the National Institutes of Health (NIH).



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# NCHAT Overview: Part 2

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National Couples'  
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Time Diary

# NCHAT Time Diary



- ▶ Modeled after the American Time Use Survey
- ▶ Collects information about the following from 4am to 4am the following day:
  - ▶ Primary and secondary activities
- ▶ Push notifications were sent at 8 am, noon, 4 pm, 8 pm and 8 am the following day

# Time Diary Activities



## **Sleeping/Napping**

- a. Sleeping/napping

## **Personal Care**

- b. Grooming/personal care (showering, getting dressed, getting haircut, etc.)
- c. Attending a medical appointment/taking medicine (going to the doctor or dentist, attending therapy or mental health appointment, etc.)
- d. Doing or attending a health-related activity

## **Food/Drink**

- e. Eating
- f. Cooking/baking
- g. Drinking alcohol
- h. Ordering/picking up food

## **Working**

- i. Working
- j. Attending a work event
- k. Checking work emails or messages
- l. Looking for work/working on job applications or materials

## **Childcare Activities**

- m. Caring for child(ren)/bathing child/putting child to bed/helping with homework/schooling
- n. Playing/reading/spending time with child(ren)
- o. Dropping/picking up child(ren) for school, childcare, or activity
- p. Attending a child(ren)s event

## **Household/Repair**

- q. Cleaning/doing laundry
- r. Doing home improvement or vehicle maintenance
- s. Paying bills
- t. Scheduling appointments

## **Pet/Animal Care**

- u. Taking care of or spending time with pet(s) (playing with pet, taking pet to vet, etc.)

## **Traveling**

- v. Driving/traveling (flying, biking, public transportation, etc.)

# Time Diary Activities



## **Socializing, Relaxing, or Leisure**

- w. On your phone or device
- x. Watching a TV show or movie
- y. Listening to music, audiobook, podcast, etc.
- z. Reading
- aa. Attending a religious service or activity
- bb. Socializing/spending time with someone
- cc. Making love, having sex, or doing something sex-related (cuddling, kissing, etc.)
- dd. Playing games or video games
- ee. Relaxing/thinking/daydreaming

## **Shopping/Running errands**

- ff. Running errands (banking, grocery shopping, getting gas, etc.)
- gg. Shopping (online or in-store)

## **Smoking/Vaping/Drugs**

- hh. Vaping
- ii. Smoking cigarettes
- jj. Smoking cigars
- kk. Smoking marijuana/weed
- ll. Doing drugs

## **Education**

- mm. Studying or attending school (studying, homework, attending class, online class, etc.)

## **Providing care for an adult**

- nn. Providing care for an adult

## **Exercising/Other physical activity**

- oo. Exercising/other physical activity

## **Volunteering**

- pp. Volunteering

## **Other**

- qq. Don't know/can't remember

# After each activity respondents were asked...

1. Who was there during the activity (including specific people from the household roster)
2. Who was directly involved in the activity with them

Q7.1/Q7.2 Who was there while you were **<RESPONSE FROM Q1>** and **<RESPONSE FROM Q6>**?

- a. No one/Alone **[PROGRAMMER: EXCLUSIVE]** [PROGRAMMER: SKIP 8.2]
- b. [FOR EACH HOUSEHOLD MEMBER] **<RELATIONSHIP>** - **<INITIALS>**
- c. Parent(s) who does/do not live in my household
- d. Step-parent(s) who does/do not live in my household
- e. In-law(s) who does/do not live in my household
- f. Other family member 18 and older
- g. Other family member under the age of 18
- h. My friend(s)
- i. My coworker(s)
- j. Someone else

Q8.1/Q8.2 Which of these people were directly involved in **<RESPONSE FROM Q1>** and **<RESPONSE FROM Q6>** with you?

- a. **[FOR EACH HOUSEHOLD MEMBER] <RELATIONSHIP>** - **<INITIALS>**
- b. Parent(s) who does/do not live in my household
- c. Step-parent(s) who does/do not live in my household
- d. In-Law(s) who does/do not live in my household
- e. Other family member 18 and older
- f. Other family member under the age of 18
- g. My friend(s)
- h. My coworker(s)
- i. Someone else
- j. None of these people (**exclusive**)

# After each activity respondents were asked...

- ▶ Where they were during the activity

Q9. 1/Q9.2 Where were you when you were <RESPONSE FROM Q1> and <RESPONSE FROM Q6>?

- a. Inside your home
- b. Outside your home (patio, yard, etc.)
- c. Your workplace
- d. Car, truck, or motorcycle
- e. School
- f. Grocery store
- g. Mall/other store
- h. Someone else's home
- i. Restaurant or bar
- j. Restaurant drive-thru
- k. Gym/health club
- l. Outdoors away from home
- m. Place of worship (church/synagogue/temple/mosque/chapel)
- n. Library, bank or post office
- o. Doctor's office or hospital
- p. Bus
- q. Subway/train
- r. Boat/ferry
- s. Airplane
- t. Other place
- u. Other mode of transportation



# After each activity respondents were asked...

- ▶ About technology use during the activity

Q10 Were you using a (another) device such as a smartphone, tablet, or laptop during this activity?  
a. Yes  
b. No

- ▶ How much alcohol they consumed if they reported drinking

Q07 How many alcoholic beverages did you consume? **(NUMERICAL DROPDOWN)**  
**1-24**  
**25 or more**

# After each activity respondents were asked...



## ► How

1. Happy
2. stressed, and
3. engaged they felt during the activity

*T\_Q11.1/T\_Q11.1* From 0 to 6, how **happy** did you feel while **<RESPONSE FROM Q1>** and **<RESPONSE FROM Q6>**, where 0 means not at all happy and 6 means very happy?

- a. 0 – Not happy at all
- b. 1
- c. 2
- d. 3
- e. 4
- f. 5
- g. 6 – Very happy

*T\_Q13.1/T\_Q13.1* From 0 to 6, how **stressed** did you feel while **<RESPONSE FROM Q1>** and **<RESPONSE FROM Q6>**, where 0 means not stressed at all and 6 means very stressed?

- a. 0 – Not stressed at all
- b. 1
- c. 2
- d. 3
- e. 4
- f. 5
- g. 6 – Very stressed

*T\_Q15.1/T\_Q15.1* From 0 to 6, how **engaged** did you feel while **<RESPONSE FROM Q1>** and **<RESPONSE FROM Q6>**, where 0 means not at all engaged and 6 means very engaged?

- a. 0 – Not at all engaged
- b. 1
- c. 2
- d. 3
- e. 4
- f. 5
- g. 6 – Very engaged

# At the end of the time diary respondents were asked...

## ► Their current life satisfaction

Q24. Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top.

The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time?

- a. 10 – Best possible
- b. 9
- c. 8
- d. 7
- e. 6
- f. 5
- g. 4
- h. 3
- i. 2
- j. 1
- k. 0 – Worst possible

# At the end of the time diary respondents were asked...

- ▶ If they experienced any discrimination during their time diary day and how frequently

Q25. Did you experience any of the following between **<START DAY>** and **<END DAY>** Select all that apply.

- a. You were treated with less respect than other people
- b. You received poorer service than other people at restaurants or stores
- c. People acted as if they were afraid of you
- d. People acted as if they thought you were dishonest
- e. People acted as if they were better than you
- f. You were called names or insulted
- g. You were threatened or harassed
- h. You were hit, beaten, physically attacked, or assaulted
- i. You were robbed, or your property was stolen, vandalized, or purposely damaged
- j. None of the above **[SKIP TO Q31]**

**[PROGRAMMER, REPEAT Q25A FOR EACH RESPONSE IN Q25]**

Q25A. How frequently did you experience **[INSERT RESPONSE FROM Q25]** between **<START DAY>** and **<END DAY>**?

- a. Never
- b. Very rarely
- c. Rarely
- d. Occasionally
- e. Frequently
- f. Very frequently

# At the end of the time diary respondents were asked...



## ► About their sleep

Q21 How fatigued did you feel yesterday (<START DAY>) while you were awake?

- a. 1– Not at all fatigued
- b. 2
- c. 3
- d. 4
- e. 5
- f. 6
- g. 7 – Very fatigued

Q20 What time did you wake up on <END DAY>?

- a. 12:20 AM
- b. 12:10 AM
- c. Etc.....
- d. 11:50 PM

Q22 How well did you sleep?

- a. 1 – Very bad
- b. 2
- c. 3
- d. 4
- e. 5
- f. 6
- g. 7 – Very good

Q23 Did you take a sleep aid to help you fall or stay asleep?

- b. Yes
- c. No

# Complete Time Diaries



- ▶ To be considered a complete time diary respondents had to meet the following criteria:
  1. Report at least 5 activities
  2. Report 2 of 3 basic activities which included eating, sleeping, and personal care
  3. Report fewer than 3 hours of don't know/cannot remember
  4. Complete the time diary through at least 8pm on their time diary day

# Snapshot of Time Diary Sample (Main Respondents)



- ▶  $N = 1930$
- ▶ Mean Age = 40.3 ( $SD = 20.9$ )
- ▶ 22.9% Hispanic or Latina/o/e/x
- ▶ 80% White, 11% Black, 9% AAPI, 3% Native, 3% Another race
- ▶ 96.9% Heterosexual ( $n = 1161$ ), <1% Gay or Lesbian ( $n = 256$ ), 1% Bisexual ( $n = 266$ ), 1% Another identity ( $n = 247$ )
- ▶ 51% Women, 48.7 Men, <1% Another gender
- ▶ 65% Employed full-time, 11% Employed part-time, 2% Employed but not currently working, 22% Not employed
- ▶ 45% with at least 1 child in the household ( $n = 871$ )

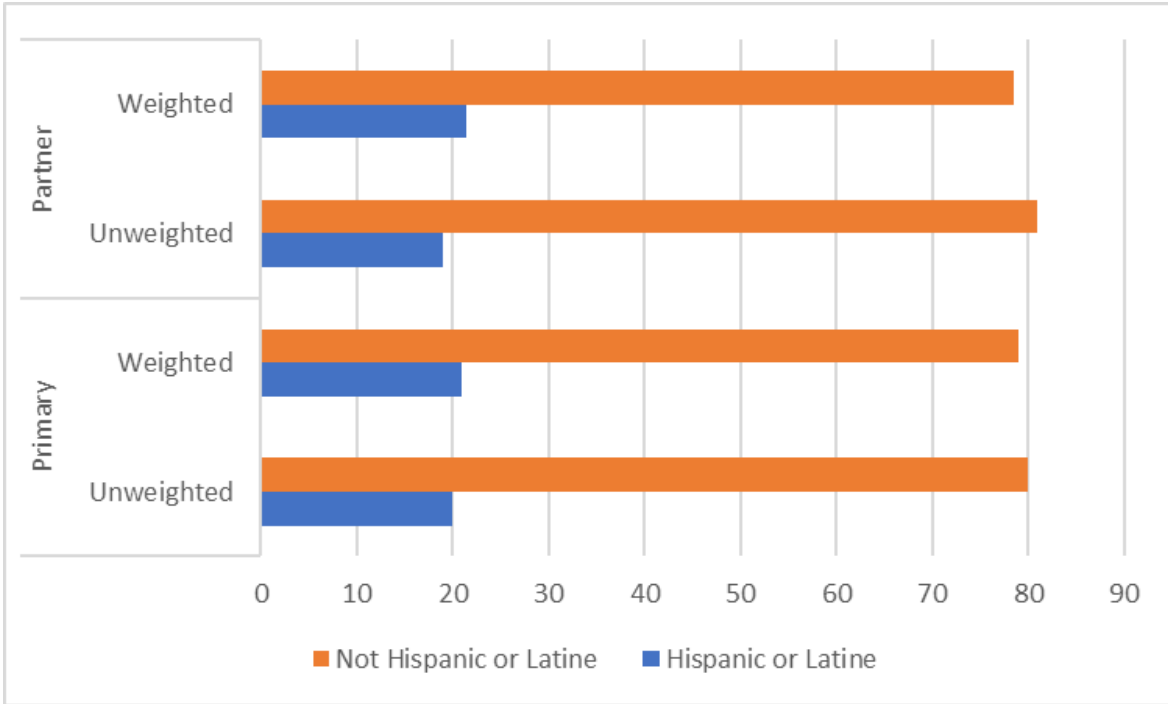
The logo for NOCHAT features the letters N, O, C, H, A, and T in a sans-serif font. The 'N' is blue, the 'O' is red with a black clock face inside, the 'H' is orange, the 'A' is purple, and the 'T' is green. A thin black horizontal line is positioned below the letters.

National Couples'  
Health & Time Study

A sneak peek:

Preliminary characteristics of  
Partner & Dyadic Data

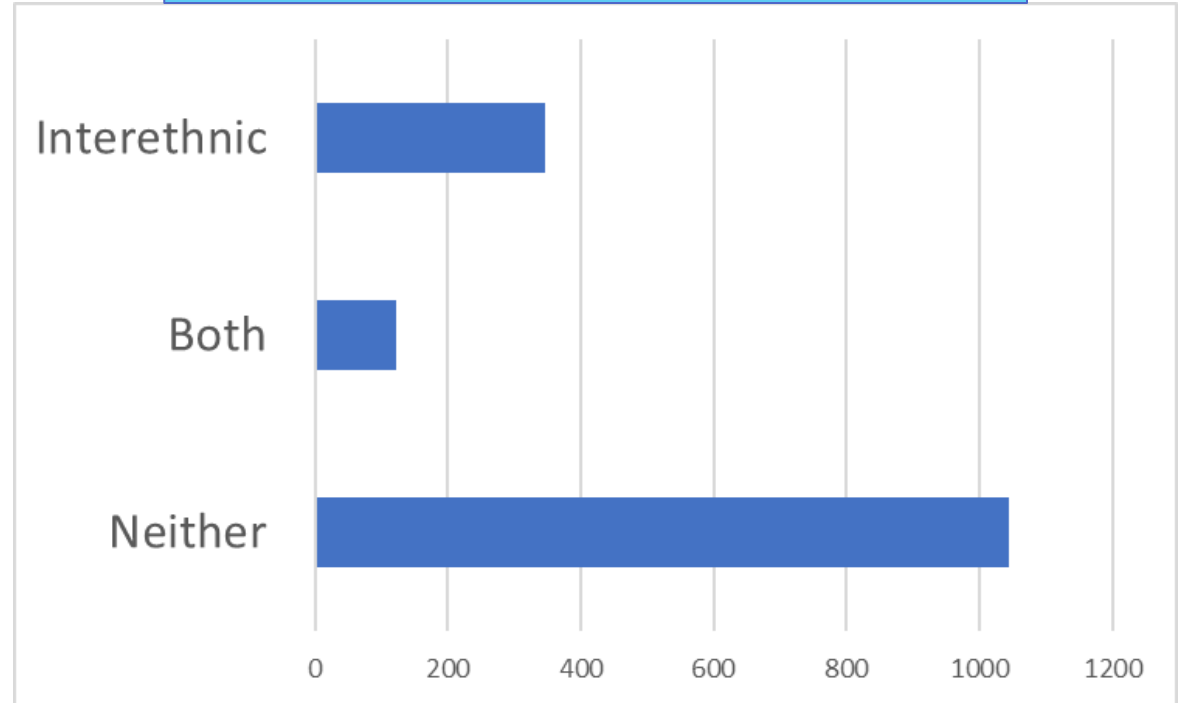
# Ethnicity: Hispanic a/o Latino/a/e/x (H/L)



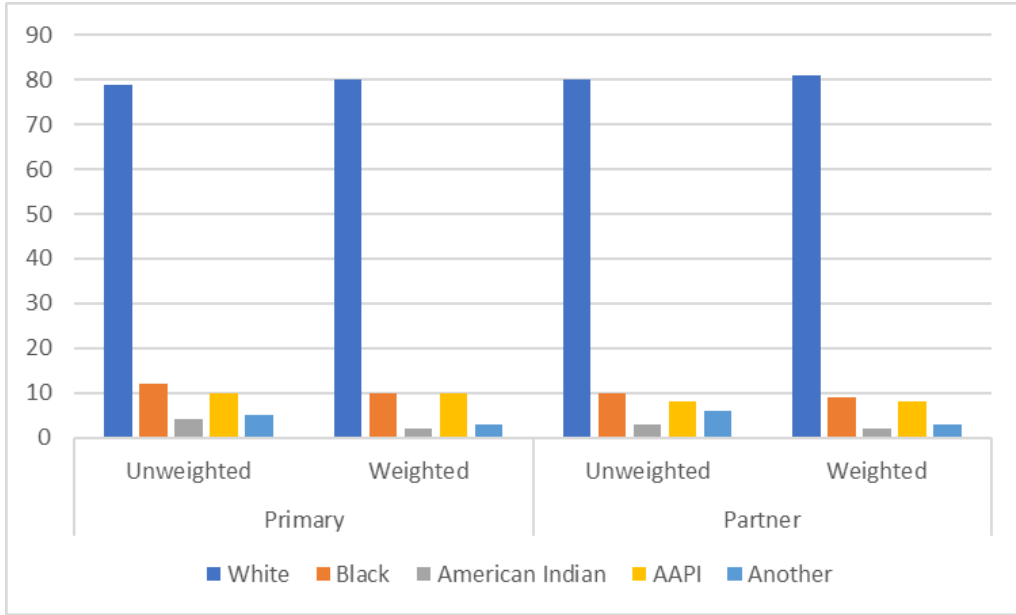
Partners looked similar to primary participants regarding ethnicity

23% (14% weighted) of couples are considered interethnic ( $n = 347$ )

8% (14% weighted) of couples included both partners who reported H/L ethnicity



# Race (Non-exclusive)

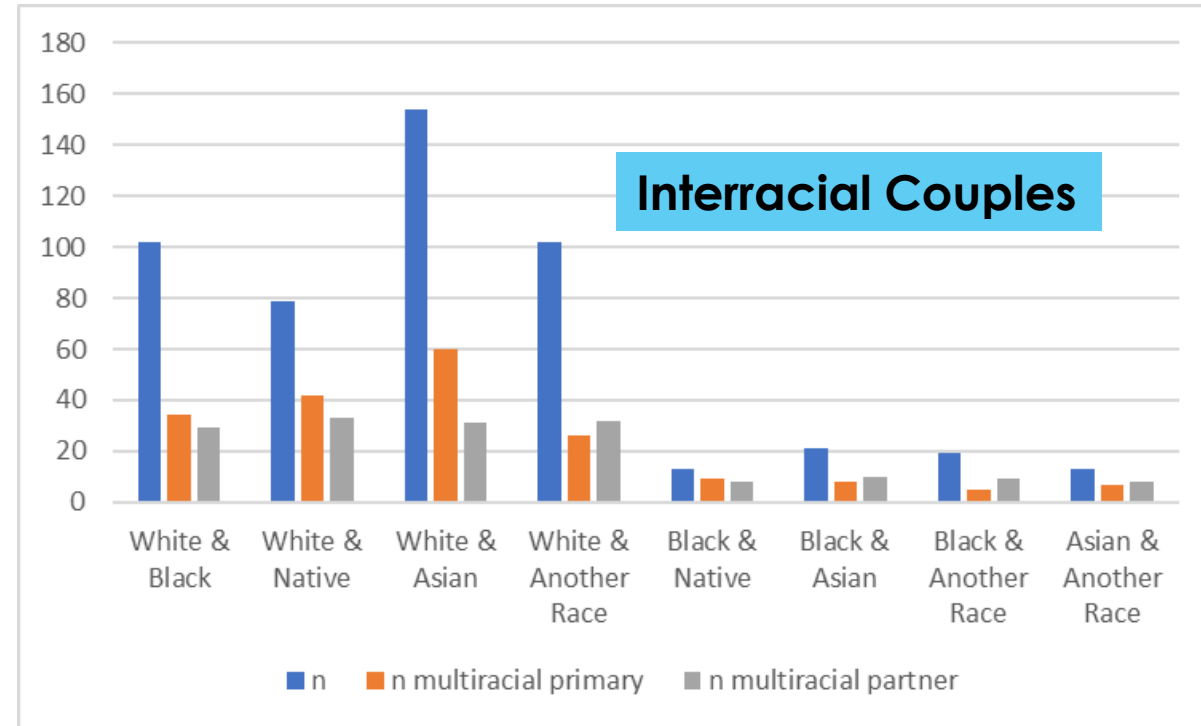


	n	% weighted (unweighted)
Same-Race	1234	89.7 (81.5)
Interracial	419	12.9 (27.7)
Both	183	5.5 (12.1)

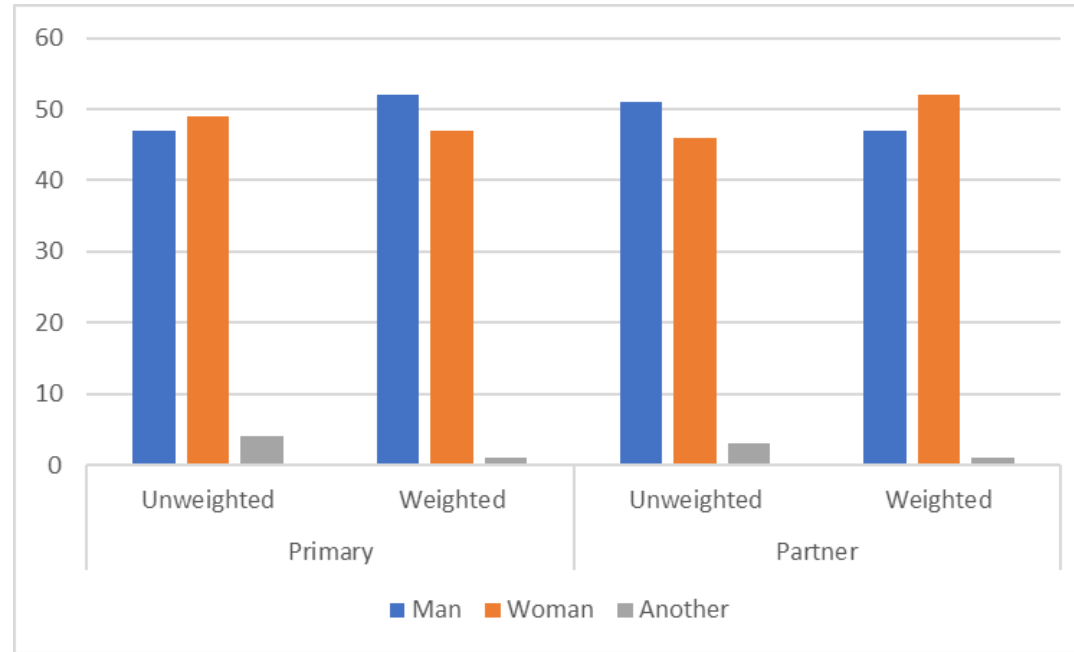
## Same-Race Couples (Non-exclusive)

	n	% multiracial primary*	% multiracial partner*
White	1067	9.0	6.7
Black	99	10.1	12.1
AAPI	53	13.2	15.1

\* Percent is unweighted



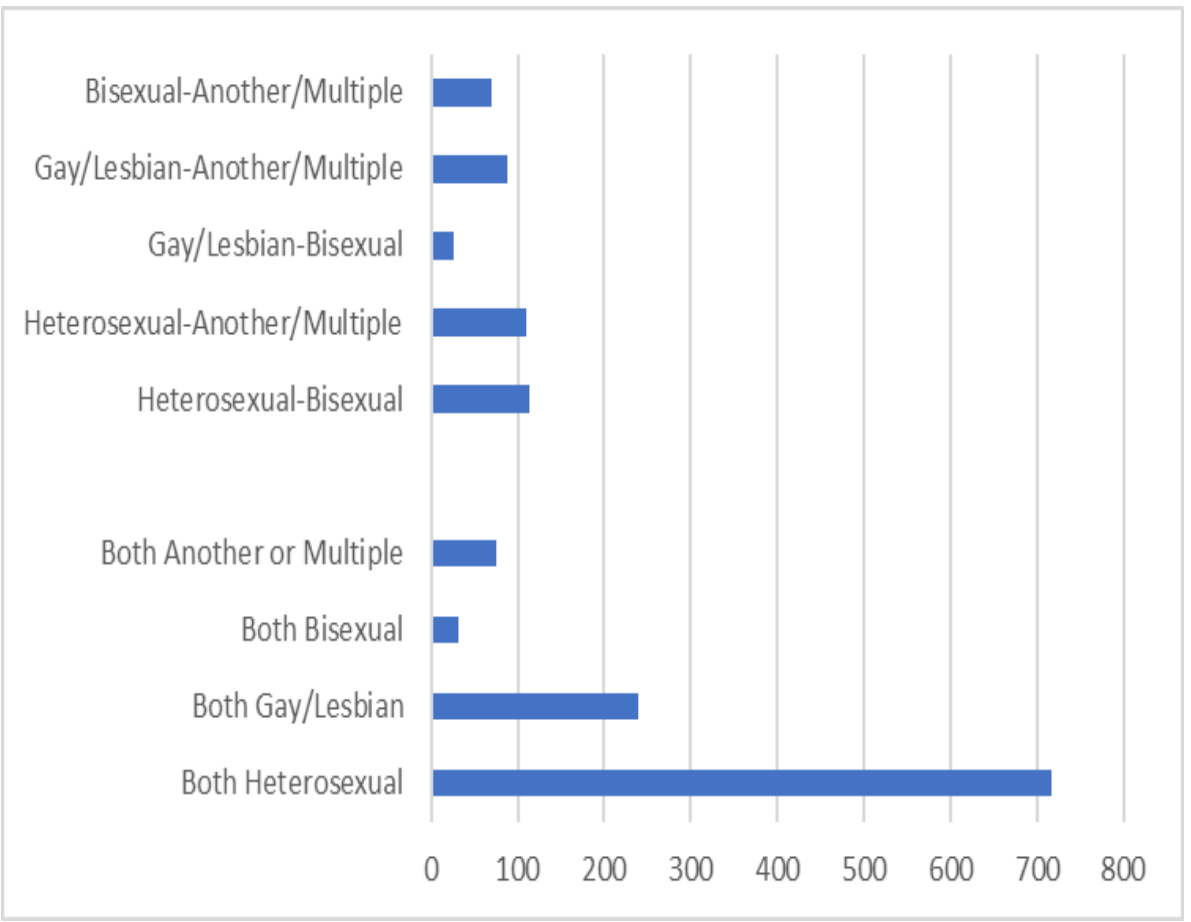
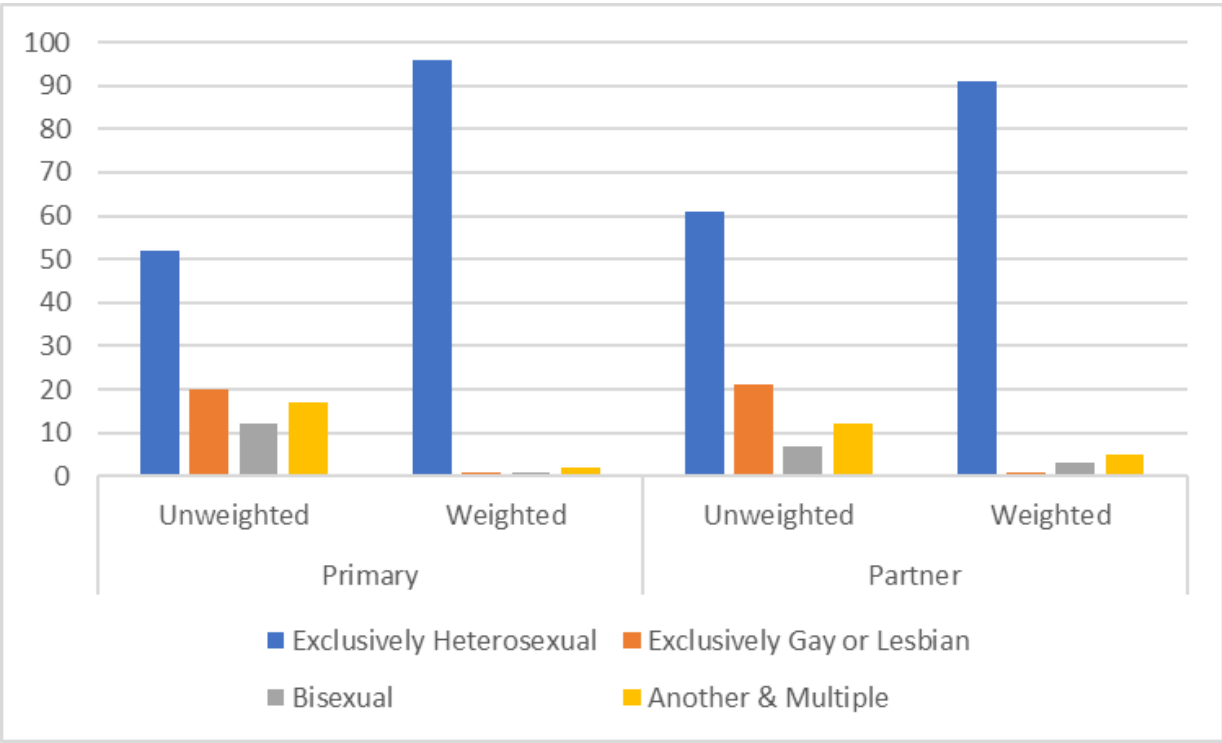
# Gender



	n	% weighted (unweighted)
Man-Man	226	1 (15)
Woman-Woman	194	1 (13)
Another-Another	12	1 (1)
Man-Woman	968	97 (67)
Man-Another	32	1 (2)
Woman-Another	40	1 (3)

	n	% weighted (unweighted)
Same-Gender	432	3 (29)
Different-Gender	1040	97 (71)

# Sexual Identity (SI): Collapsed



	% unweighted	% weighted
Same SI	72.2	90.7
Different SI	27.8	9.3

Thank you for  
joining us!

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National Couples'  
Health & Time Study

We are currently  
on break – we  
will resume at  
1:20 CST

# Getting Started with NCHAT Webinar

Dr. Claire Kamp Dush, Co-PI

Dr. Wendy Manning, Co-PI

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