

# MARVIN SO, MPH

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## EDUCATION

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M.D.	UNIVERSITY OF MINNESOTA, Minneapolis, MN	2018-Present
M.P.H.	HARVARD UNIVERSITY, Boston, MA Social and Behavioral Sciences, Concentration: Maternal and Child Health	2013-2015
B.A.	UNIVERSITY OF CALIFORNIA, Berkeley, CA Public Health with Honors, Minors: Human Rights, Forestry and Natural Resources	2008-2012

## PUBLICATIONS

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\*denotes equal contributions.

### Peer-Reviewed Manuscripts

1. **So M**, Perry NB, Langenfeld A, Barnes AJ. Adolescent Sleep and Mental Health across Race/Ethnicity: Does Parent-Child Connectedness Matter? *J Dev Behav Pediatr.* 2021;42(9), 742-750. doi:10.1097/DBP.0000000000000958
2. Claussen AH, Robinson LR, Kaminski JW, Charania S, Holbrook JR, **So M**, Ghandour R, Smith C, Satterfield-Nash A, Peacock G, Boyle C. Factors Associated with Self-regulation in a Nationally Representative Sample of Children Ages 3–5 Years: United States, 2016. *Matern Child Health J.* 2021;25(1), 27-37.
3. **So M**, Lynn A. Are the Kids All Right? A Look at Flourishing among School-age Children and Youth in Minnesota. *Minnesota Medicine.* 2021;104(1):42-47. doi:10.15868/socialsector.37905
4. **So M**, Almeida Rojo AL, Robinson LR, Hartwig SA, Heggs Lee AR, Beasley LO, Silovsky J, Morris AS, Stiller Titchener K, Zapata MI. Parent Engagement in an Original and Culturally Adapted Evidence-Based Parenting Program for Spanish-Speaking Latina Mothers, Legacy for Children™. *Infant Ment Health J.* 2020;41(3), 356-377. doi:10.1002/imhj.21853
5. Cree RA\*, **So M\***, Franks J, Richards R, Leeb R, Hashikawa A, Krug S, Ludwig L, Olson LM. Characteristics Associated with Presence of Pediatric Mental Health Care Policies in Emergency Departments. *Pediatr Emerg Care.* 2019. doi: 10.1097/PEC.0000000000001920
6. **So M**, McCord RF, Kaminski JW. Policy Levers to Promote Access to and Utilization of Children's Mental Health Services: A Systematic Review. *Adm Policy Ment Health.* 2019;46(3):334-351. doi:10.1007/s10488-018-00916-9
7. Spaulding AC\*, Lemon TL\*, **So M\***. Measuring Correctional Experience to Inform Development of HIV, Sexually Transmitted Infection, and Substance Use Interventions for Incarcerated Black Men Who Have Sex with Men. *Am J Public Health.* 2018;108:S237-S239. doi: 10.2105/AJPH.2018.304810
8. Chatterjee A\*, **So M\***, Dunleavy S, Oken E. Quality Health Care for Homeless Children: Achieving the AAP Recommendations for Care of Homeless Children and Youth. *J Health Care Poor Underserved.* 2017;28(4):1376-1392. doi:10.1353/hpu.2017.0121
9. **So M**. Trends in Substance Use Among Multiracial Adolescents: Findings from the National Survey on Drug Use and Health, 2005-2014. *J Adolesc Heal.* 2017;60(2):S32. doi:10.1016/j.jadohealth.2016.10.080
10. Arcaya MC, Tucker-Seeley RD, Kim R, Schnake-Mahl A, **So M**, Subramanian SV. Research on Neighborhood Effects on Health in the United States: A Systematic Review of Study Characteristics. *Soc Sci Med.* 2016;168:16-29. doi:10.1016/j.socscimed.2016.08.047

### Manuscripts in Progress

1. **So M**, Davis L, Barnes AJ, Freese R, Atella J, Schlafer RJ. Health and Care Utilization among Youth with a History of Parental Incarceration and Homelessness: A Population-based study. In preparation.
2. **So M**, Dziuban EJ, Pedati CS, Claussen AH, Holbrook JR, Cerles A, O'Masta B, Mahmooth Z, Maher B, Kaminski JW, Rush M. Childhood Physical Health and Attention Deficit/Hyperactivity Disorder: A Meta-Analytic Review of Modifiable Factors. In preparation.
3. Claussen AH, Momkus J, **So M**, Leeb RT, Robinson LR. Come Get Your Child: Data from a National Survey on Who Gets Suspended or Expelled from Preschool. In preparation.

4. **So M**, Jackson DB, Salas-Hernandez L, Testa A, Davis L, Shlafer RJ. Supporting School Readiness for Children of Incarcerated Parents through Protective Factors: A Population-based Study. In preparation.

#### Non-refereed Publications

1. **So M**. A Farewell with Tomatoes. *University of Minnesota Becoming a Doctor Anthology*. 2021. <https://pressbooks.umn.edu/becomingadoctor2021/chapter/a-farewell-with-tomatoes/>
2. Shlafer RJ, **So M**. Parental Incarceration and Child Development: Considerations for Physicians. *MetroDoctors*. 2021;23(2):16-17.
3. **So M**, Scheurer J, Richardson R. Exclusionary Discipline: A Pressing Concern for Minnesota's Children and Youth. *Minnesota Pediatrician*. 2021. <http://www.mnaap.org/exclusionary-discipline-a-pressing-concern-for-minnesotas-children-and-youth/>
4. Brien A, **So M**, Ma C, Berner L. *Homelessness & Adverse Childhood Experiences: The Health Consequences of Childhood Trauma*. Nashville, TN; National Health Care for the Homeless Council; 2019. <https://nhchc.org/wp-content/uploads/2019/08/aces-fact-sheet-1.pdf>
5. DeCandia CJ, **So M**, Hayes L. *Family Experiences of Homelessness in Massachusetts: The Case for Family-Centered Care*. Boston, MA: Homes for Families; 2017. <https://www.issuelab.org/resources/27476/27476.pdf>

#### SELECT PRESENTATIONS

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1. **So M**, Salas-Hernandez L, Davis L, Shlafer RJ. Parental Incarceration and School Readiness among Preschool-age Children in the United States. *Society for Research in Child Development Biennial Meeting*. Minneapolis, MN. 2021, April. Oral Presentation.
2. **So M**, Perry NB, Langenfeld A, Barnes AJ. Racial/Ethnic Disparities in Adolescent Sleep Duration and Mental Health: The Moderating Role of Parent-Child Connectedness. *Society of Developmental and Behavioral Pediatrics*. Austin, TX. 2020, October. Poster Presentation.
3. **So M**, Bernard T, Hemenway G. Racial/Ethnic and Income Disparities in Flourishing among Minnesota's Children. *Minnesota Chapter of the American Academy of Pediatrics Hot Topics in Pediatrics Conference*. Golden Valley, MN. 2019, April. Poster Presentation.
4. McCord RF, **So M**, Pepin D, Hulkower R, Kaminski JW. Could Telemedicine Improve Access to Children's Mental Health Services? Evidence from the Peer-reviewed Literature and State Laws. *Annual Research and Policy Conference on Child, Adolescent, and Young Adult Behavioral Health*. Tampa, FL. 2018, March. Oral Presentation.
5. **So M**, Hartwig SA, Bitsko RH, Robinson LR, Heggs AH, Holbrook JR, McCord RF, Kaminski JW. Increasing Access to Care among Families of Young Children with Mental, Behavioral, and Developmental Disorders. *Association of University Centers on Disabilities Annual Conference*. Washington, DC. 2017, November. Poster Presentation.

#### RESEARCH EXPERIENCE

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##### Research Assistant, Augusta University, Augusta, GA

2016-2019

- Interviewed 12 African American parents of children with autism spectrum disorder to understand barriers to care, including use of interview protocol, explanation of informed consent, audio-recording, and reimbursement.
- Analyzed qualitative data for over 20 interviews using MaxQDA software; contributed to writing of communication products including lead-authoring a conference abstract and co-authoring manuscripts for scientific and community audiences.

##### Evaluation Fellow, Centers for Disease Control & Prevention, Child Development Studies Branch, Atlanta, GA

2015-2018

- Analyzed national survey data to examine what factors precipitate entry into foster care, racial disparities in preschool expulsion and childhood executive function, and urban/rural differences in pediatric mental healthcare access.
- Led design and implementation of program evaluations for the Legacy for Children™ evidence-based parenting program in primary care, to derive actionable data to improve services within 12 pediatric primary care sites in West Virginia, Oklahoma, and Georgia.
- Developed educational resources including a non-proprietary program for children with disruptive behavior disorders drawing on evidence-based programs ([Family Interaction Training](#)) and educational webinars on ADHD treatment, reaching 3000+ clinicians.

##### Project Coordinator, Emory University Urban Health Initiative, Atlanta, GA

2015-2017

- Coordinated several research projects in partnership with community-based homeless family shelters in Metro Atlanta, including evaluations of nutrition policies in family shelters, and parenting support programs in homeless service settings.
- Analyzed national survey data to examine the lifetime prevalence of incarceration, and its relationship with health and mental health outcomes, among Black Generation X men in the United States.

##### Research Associate, Cambridge Safety Net Coalition, Cambridge, MA

2014-2016

- Collected, transcribed, and analyzed interview and focus group data on the effectiveness of violence prevention intervention for 58 young men of color with or at-risk for juvenile justice involvement.
- Created intervention evaluation plan collaborating with law enforcement, healthcare, and school district stakeholders, including logic modeling, selection of indicators, and data collection tool development.

**Research Fellow**, Homes for Families, Boston, MA 2015-2017

- Spearheaded the design, implementation, and analysis of a participatory statewide assessment of the medical, mental health, and social needs of families in the Emergency Assistance shelter system, gathering perspectives from over 200 families.
- Trained 2 undergraduate interns and 10 consumer research team members (i.e., people who have been homeless) in quantitative and qualitative data collection procedures, research ethics, descriptive data analysis, and research dissemination.

**Student Consultant**, Sesame Workshop, New York, NY 2014-2016

- Conducted literature review and 12 interviews with stakeholders representing law enforcement, state/local correctional facilities, and advocacy groups for *Little Children, Big Challenges* initiative focused on vulnerable families.
- Lead consultant for portfolio to foster socioemotional and cognitive development for young children with an incarcerated parent – managed team of three to synthesize evidence-based messages for materials development.

**Data Analyst**, Massachusetts Department of Public Health, Boston, MA 2014-2016

- Conducted descriptive and comparative analyses of family satisfaction surveys from 400+ families with children with special health needs, across 19 Early Intervention programs, to inform quality improvement efforts.
- Designed and conducted evaluation of barriers/facilitators to Screening, Brief Intervention, and Referral to Treatment (SBIRT) substance use prevention intervention administered by school nurses in nine districts, in advance of statewide policy adoption.

**Research & Evaluation Intern**, Brazelton Touchpoints Center, Boston Children's Hospital 2014-2015

- Designed evaluation tools, communication materials, and evaluation feedback reports for teachers and administrators implementing social skills interventions in 30 elementary schools on eight Tribal reservations.
- Conducted longitudinal analyses to evaluate outcomes from mental health services implemented by 1,600 Head Start grantees to guide improvements to early child care mental health consultation strategies.

## HONORS and AWARDS

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<b>Emerging Leadership Institute Scholar</b> , American Academy of Family Physicians Foundation	2021-Present
<b>Inductee</b> , Gold Humanism Honor Society	2020-Present
<b>Innovation Grant</b> , Minnesota Academy of Family Physicians	2021
<b>Section on Pediatric Trainees Scholarship</b> , American Academy of Pediatrics Advocacy Conference	2021
<b>Paulson Community Enrichment Program Grantee</b> , University of Minnesota Medical School	2020
<b>Friedman-Bowen Primary Care Scholar</b> , Minnesota Medical Association	2019
<b>Max Seham Award</b> , University of Minnesota Department of Pediatrics	2019
<b>Title V Training Grant</b> , U.S. Maternal-Child Health Bureau	2015
<b>Albert Schweitzer Fellow</b> , The Albert Schweitzer Fellowship – Boston Chapter	2014-2015
<b>Sickafoose Scholar</b> (awarded to one graduating public health student), University of California, Berkeley	2012
<b>Leadership Scholar</b> , University of California, Berkeley Alumni Association	2010-2012

## LEADERSHIP AND COMMUNITY SERVICE

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<b>Health Workgroup Chair</b> , National Network to End Family Homelessness	2018-Present
<b>Premedical Student Mentor</b> , University of Minnesota Student National Medical Association Chapter	2018-Present
<b>Pete Dehnel Public Health Advocacy Fellow</b> , Twin Cities Medical Society	2020-2021
<b>Community Relations Chair</b> , Phillips Neighborhood Clinic	2019-2020
<b>Yoga and Meditation Teacher</b> , University of Minnesota Masonic Children's Hospital	2018-2020
<b>Editorial Board Member</b> , Pride in Practice ( <a href="http://www.prideinpractice.org">www.prideinpractice.org</a> )	2018-2020
<b>Chair</b> , University of Minnesota Medical School LGBTQIA+ Health Symposium	2019
<b>Georgia Leadership Education in Neurodevelopmental Disabilities (GaLEND) Fellow</b> , Georgia State University	2016-2017
<b>Founder and Director</b> , University of California, Berkeley Mental Health Coalition	2011-2012

## MISCELLANEOUS

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**Language** – English (native speaker), Spanish (advanced)

**Hobbies & Interests** – Cycling and bicycle commuting; long-distance running; birdwatching; environmental/wilderness stewardship; yoga.