**SARAH JAMES**

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Minnesota Population Center

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**EMPLOYMENT**

**University of Minnesota**

Population Health Science Postdoctoral Fellow, Minnesota Population Center, 2021 – present.

**Cornell University**

Frank H.T. Rhodes Postdoctoral Fellow, Cornell Population Center, 2019 – 2021.

**EDUCATION**

**Princeton University**

Ph.D. in Sociology and Social Policy with a concentration in Demography, 2019.

M.A. in Sociology, 2015.

**Rice University**

B.A. in Sociology and Minor in Business, 2012.

**PEER-REVIEWED PUBLICATIONS**

**James, Sarah,** Sarah Gold, Shiva Rouhani, Sara McLanahan, and Jeanne Brooks-Gunn. 2021. “Adolescent Exposure to Deadly Gun Violence Within 500 Meters of Home or School: Ethnoracial and Income Disparities.” *Health Affairs* 40(6):961-969.

Selected media coverage: [June 29, 2021 episode of the podcast “A Health Podyssey”](https://www.healthaffairs.org/do/10.1377/hp20210615.191468/full/)

**James, Sarah,** Anne-Marie Chang, Orfeu Buxton, and Lauren Hale. 2020. “Disparities in adolescent sleep health by sex and ethnoracial group.” *SSM - Population Health.*

**James, Sarah**, Louis Donnelly, Jeanne Brooks-Gunn, and Sara McLanahan. 2018. “Links between Childhood Exposure to Violent Contexts and Risky Adolescent Health Behaviors.” *Journal of Adolescent Health* 64:94-101.

**James, Sarah** and Lauren Hale. 2017. “Sleep Duration and Child Wellbeing: A Nonlinear Association.” *Journal of Clinical Child and Adolescent Psychology* 46(2):258-268.

**James, Sarah**, Sara McLanahan, Jeanne Brooks-Gunn, Colter Mitchell, Lisa Schneper, Brandon Wagner, and Daniel Notterman. 2017. “Sleep Duration and Children’s Telomere Length.” *The Journal of Pediatrics* 187:247-252e.

Selected media coverage: [The New Scientist](https://www.newscientist.com/article/mg23531333-200-children-who-sleep-less-show-signs-of-ageing-in-their-cells/), [The Huffington Post](http://www.huffingtonpost.ca/2017/07/10/lack-of-sleep-kids-dangers_a_23023855/), [U.S. News & World Report](https://health.usnews.com/wellness/family/articles/2017-08-10/are-late-nights-little-exercise-and-a-lack-of-veggies-aging-your-kids)

Donnelly, Louis, Irwin Garfinkel, Jeanne Brooks-Gunn, Brandon Wagner, **Sarah James**, and Sara McLanahan. 2017. “The Geography of Intergenerational Mobility and Child Development.” *Proceedings of the National Academy of Sciences* 114(35):9320-9325.

Hale, Lauren, Erin Emanuele, and **Sarah James**. 2015. “Recent Updates in the Social and Environmental Determinants of Sleep Health.” *Current Sleep Medicine Reports* 1(4):212-217*.*

Ecklund, Elaine Howard, **Sarah James**, and Anne E. Lincoln. 2012. “How Academic Biologists and Physicists View Science Outreach.” *PLoS ONE* 7(5):e36240.

**OTHER PUBLICATIONS**

**James, Sarah,** Sara McLanahan, and Jeanne Brooks-Gunn. Forthcoming 2021. “Contributions of the Fragile Families and Child Wellbeing Study to Child Development.” *Annual Review of Developmental Psychology*.

Hale, Lauren, **Sarah James,** Qian Xiao, Martha E. Billings, and Dayna A. Johnson. 2019. “Neighborhood Factors Associated with Sleep Health.” Chapter 7 in *Sleep and Health*, edited by Michael Grandner. Elsevier.

**James, Sarah** and Lauren Hale. 2018. “Sleep Duration and Child Wellbeing: A Nonlinear Association.” Chapter 8 in *Sleep and Developmental Psychopathology,* edited by Lisa J. Meltzer. New York: Routledge.

Hale, Lauren and **Sarah James.** 2017. “Sociodemographic, Psychosocial, and Contextual Factors in Children’s Sleep.” Chapter 8 in *Family Contexts of Sleep and Health across the Life Course*, edited by S.M. McHale, V. King, and O. M. Buxton. New York: Springer.

McLanahan, Sara, Thema Bryant-Davis, Caroline Holcombe, **Sarah James**, Tyonna Adams, and Anthea Gray. 2014. “An Epidemiological Study of Children’s Exposure to Violence in the Fragile Families Study.” *Robert Wood Johnson Foundation Policy Brief* August 2014.

**MANUSCRIPTS IN PROGRESS**

**James, Sarah.** “Disparities in Trajectories of Childhood Sleep Duration: Race/Ethnicity, Nativity, and Socioeconomic Differences.” Under review.

Gard, Arianna, **Sarah James,** Jeanne Brooks-Gunn, Sara S. McLanahan, Colter Mitchell, Christopher Monk, and Luke Hyde. “Deadly Gun Violence, Risk, and Resilience: Pathways to Adolescent Mental Health through Corticolimbic Function.”

Meyer, Jess, Kathleen Mullan Harris, **Sarah James,** and Lauren Gaydosh. “Do Sleep Duration Trajectories from Adolescence to Mid-Adulthood Differ by Socioeconomic Background and Race?”

**GRANTS, FELLOWSHIPS, AND AWARDS**

2021 – present Population Health Postdoctoral Fellowship, University of Minnesota

2019 – 2021 Frank H.T. Rhodes Postdoctoral Fellowship, Cornell University

2018 – 2019 University Administrative Fellowship, Princeton University

2016 – 2018 Fellowship of Woodrow Wilson Scholars, Princeton University

2015-16, 2018 Dean’s Fund for Scholarly Travel, Princeton University

2015 Sociology Department Travel Grant, Princeton University

2014 Distinction on General Exams, Princeton University

2012 Weber-Durkheim Award for Excellence in Sociology, Rice University

2011 Chandler Davidson Research Fund Grant, Rice University

**CONFERENCE PRESENTATIONS**

Meyer, Jess, Kathleen Mullan Harris, **Sarah James,** and Lauren Gaydosh. “Do Sleep Duration Trajectories from Adolescence to Mid-Adulthood Differ by Socioeconomic Background and Race?” Presented at the 2020 Interdisciplinary Association for Population Health Science Conference, October 2020, virtual.

Gard, Arianna, **Sarah James,** Jeanne Brooks-Gunn, Sara S. McLanahan, Colter Mitchell, Christopher Monk, Luke Hyde. “Deadly Gun Violence, Risk, and Resilience: Pathways to Adolescent Mental Health through Corticolimbic Function.” Presented at the American Sociological Association 2020 Annual Meeting, August 2020, virtual.

**James, Sarah** and Vida Maralani. “Historical Trends in Obesity-Related Health Behaviors: Sleep, Sedentary Behavior, and Eating Habits by Race and Gender.” Population Association of America 2020 Annual Meeting, April 2020, virtual.

**James, Sarah.** Discussant, “Sleep and Population Health Disparities” at the Population Association of America 2019 Annual Meeting, April 2019, Austin, TX, USA.

**James, Sarah,** Anne-Marie Chang, Orfeu Buxton, and Lauren Hale. “Disparities in Adolescent Sleep Health.” Presented at theSociety for Research in Child Development Biennial Meeting, March 2019, Baltimore, MD, USA.

**James, Sarah.** “Trajectories of Childhood and Adolescent Sleep Duration by Family Demographic Characteristics.” Presented at the Population Association of America 2018 Annual Meeting, April 2018, Denver, CO, USA.

Donnelly, Louis, Sara McLanahan, Jeanne Brooks-Gunn, **Sarah James,** and Shiva Rouhani. “Disparities in Adolescents’ Recent Exposure to Local Gun Violence: Linking Incident-Level Crime Data to a Population-Based Panel Study.” Presented at the Population Association of America 2018 Annual Meeting, April 2018, Denver, CO, USA.

**James, Sarah**, Louis Donnelly, Jeanne Brooks-Gunn, and Sara McLanahan. “Childhood exposure to violent contexts and risky adolescent health behaviors.” Presented at the American Sociological Association 2017 Annual Meeting, August 2017, Montreal, QC, CA.

**James, Sarah.** “Adolescent Sleep Duration and Early Adult Socioeconomic Status.” Presented at the Eastern Sociological Society 2017 Annual Meeting, February 2017, Philadelphia, PA, USA.

Hale, Lauren and **Sarah James**. “How Do Sociodemographic, Psychosocial, and Contextual Factors Predict Sleep Patterns across Childhood?” Presented at the 24th Annual National Symposium on Family Issues – Sleep Across the Life Course: Family Influences and Impacts, October 2016, State College, PA, USA.

**James, Sarah**, Sara McLanahan, Jeanne Brooks-Gunn, Colter Mitchell, Daniel Notterman, and Irwin Garfinkel. “Sleep Duration and Children’s Telomere Length.” Presented at Population Association of America 2016 Annual Meeting, May 2016, Washington, D.C., USA.

**James, Sarah**. “Maternal Depression and Children’s Social-Emotional Development: The Role of Genetic Sensitivity.” Paper presented at Population Association of America 2015 Annual Meeting, May 2015, San Diego, CA, USA.

**James, Sarah**. “Genetic Sensitivity to Social Environment: Stress Reactivity Moderates the Relationship of Persistent Maternal Depression and Child Behavior.” Presented at Integrating Genetics and the Social Sciences, October 2014, Boulder, CO, USA.

**James, Sarah**. “Determinants of Attitudes toward Proposed Undocumented Immigration Policies.” Presented at the Southern Demographic Association Annual Meeting, October 2011, Tallahassee, FL, USA.

Ecklund, Elaine Howard, **Sarah James**, and Anne E. Lincoln. “Taking Science from the Ivory Tower to the Dinner Table: How Scientists Perceive Community Outreach.” Invited to present at the American Sociological Association Annual Meeting (regular session), August 2011, Las Vegas, NV, USA.

**TEACHING**

**Princeton University**

* Princeton University Teaching Transcript Program (Fall 2018)
* Assistant in Instruction, Social Networks (Spring 2015)
* Assistant in Instruction, Modern Genetics and Public Policy (Fall 2014)
* Assistant in Instruction, Cities and Suburbs in American History (Spring 2014)

**Rice University**

* Instructor, The Art and Science of Baking from Scratch (Spring 2012)
* Teaching Assistant, Introduction to Sociology (Fall 2011)

**PROFESSIONAL SERVICE**

**Cornell University**

* Facilitator, Cornell Social Science Postdoc Working Group, 2020-2021

**Princeton University**

* Department of Sociology Graduate Admissions Committee Member, 2016
* Department of Sociology Graduate Student Advisory Council Member, 2015-2016
* Graduate Student Advisory Council Member, Population Studies Representative, 2013-2015
* Office of Population Research Professional Development Committee, 2013-2014, 2015-2016

**PROFESSIONAL MEMBERSHIP**

Population Association of America

American Sociological Association

Society for Research in Child Development

**REFERENCES**

Sara McLanahan

William S. Tod Professor of Sociology and Public Affairs

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Professor of Family, Population and Preventive Medicine

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Virginia and Leonard Marx Professor of Child Development

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